REGGIE GOES TO THE MOON

Power Chair User

Level:

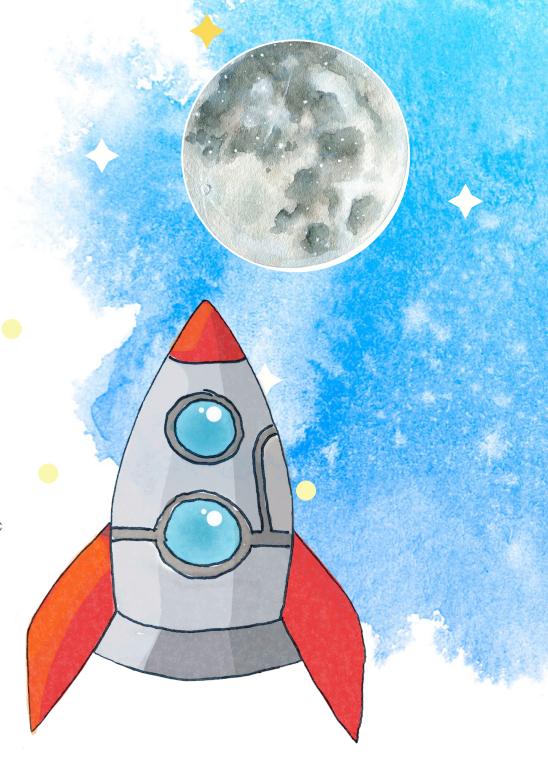
As they develop As they progress

Equipment:

Space rocks – any type of ball, rolled up socks, balloons etc Objects to push – any type of ball, door, chairs, boxes etc







Reggie goes to the Moon is a book for families to use together, the aim is for your child to follow the story and place a sticker next to the actions they complete.

Once your child has completed all of the actions, they can design their own personal medal.

Enjoy and help Reggie get to the Moon

REGGIE GOES TO THE MOON



As they develop As they progress

Equipment:

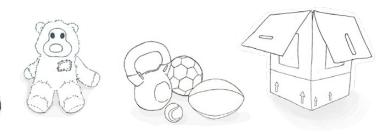
Space rocks - any type of ball, rolled up socks, balloons etc

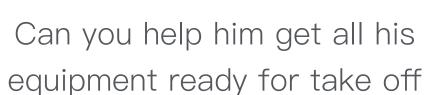
Objects to push:

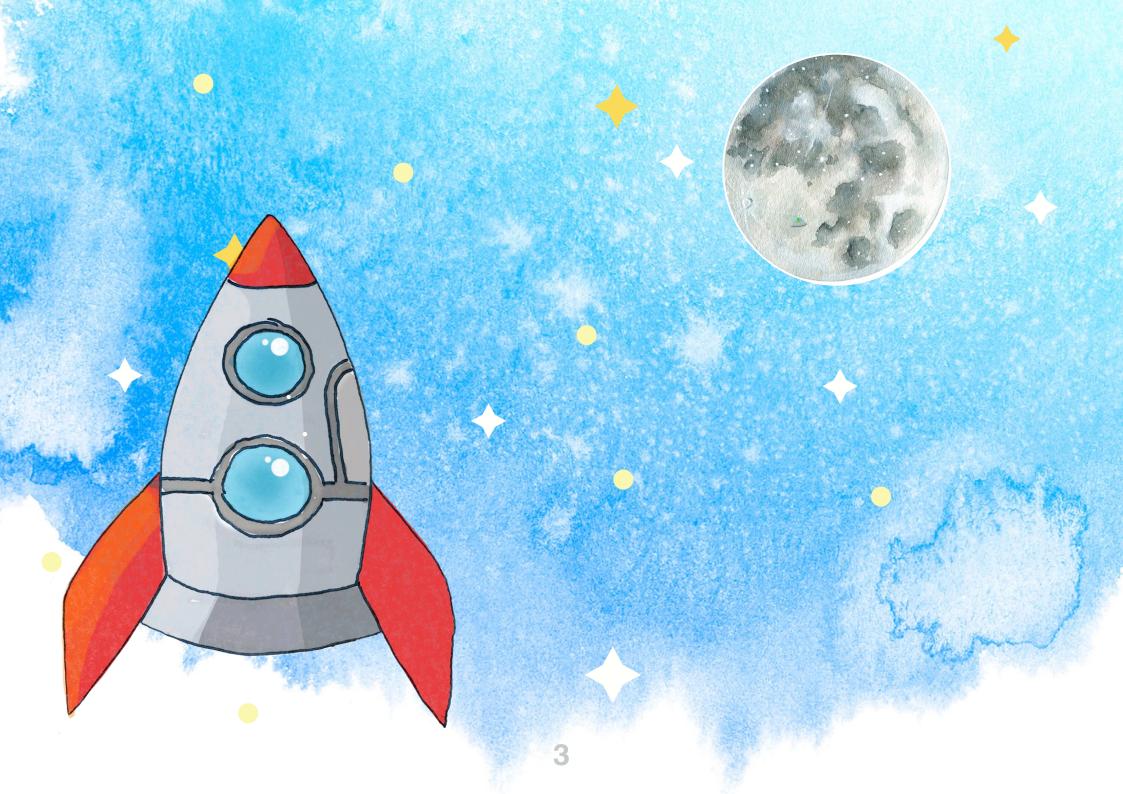
any type of ball, door, chairs, boxes etc

Reggie is going on an adventure into space, he needs someone to go with him and help fly the space rocket.









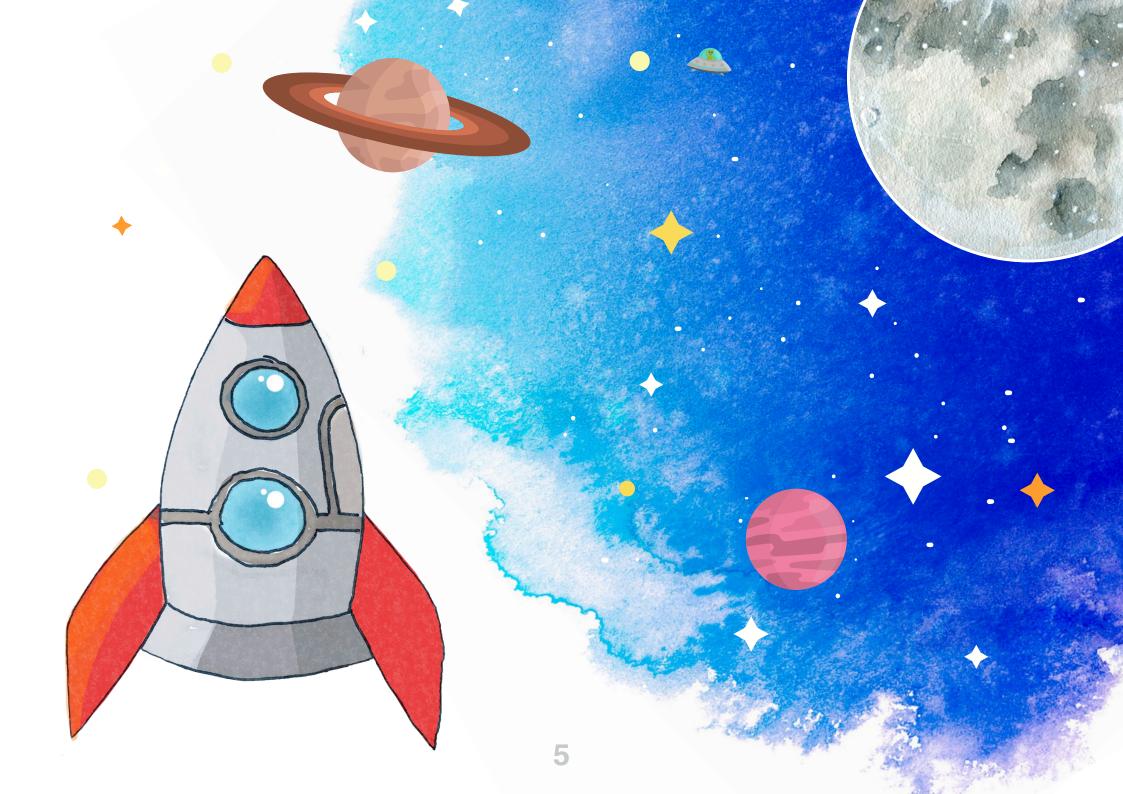
Reggie is going to travel to the moon on a space rocket.

Reggie makes his way to the space rocket and gets ready for take off

How many different ways can you move towards your space rocket?

- ☐ Forwards
- ☐ Backwards
- ☐ Turn left and move
- ☐ Turn right and move

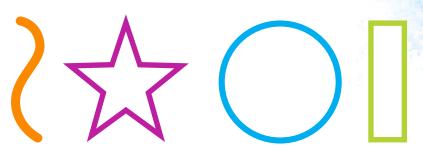


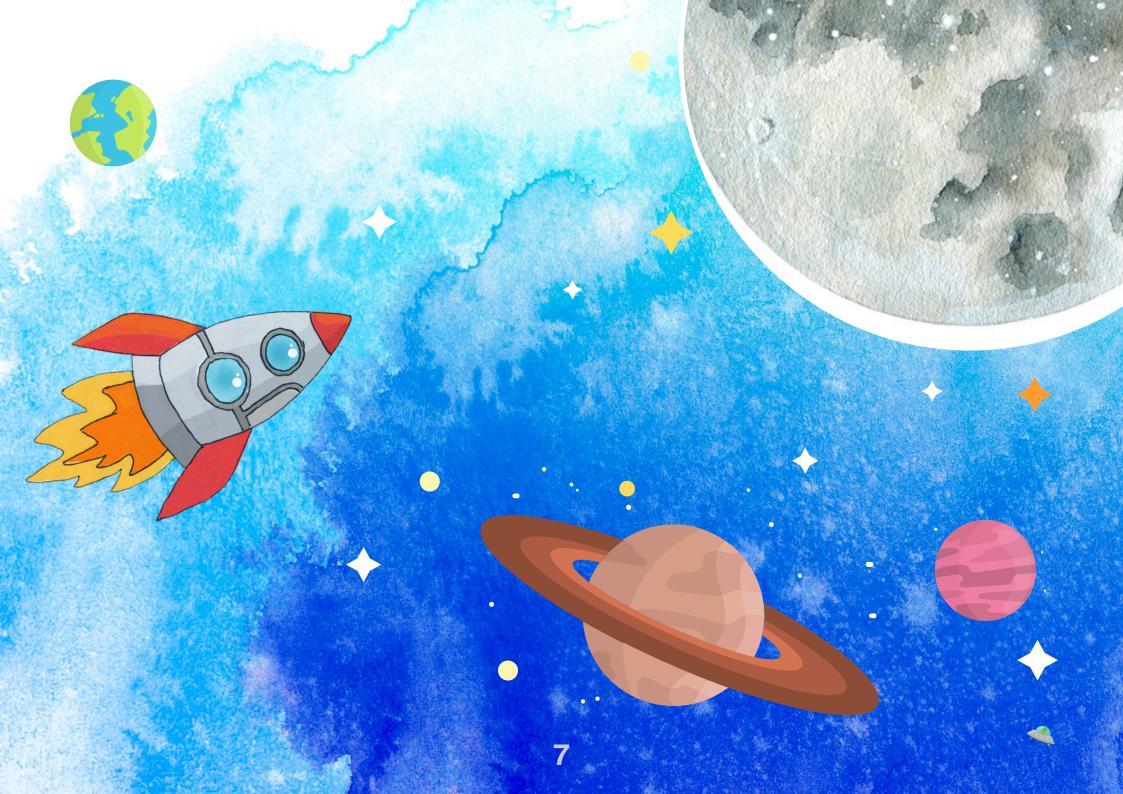


The rocket blasts off into Space, whizzing towards the moon and stars

Can you create shapes using your body that are like a rockets, moons and stars?

- Straight shapes pointing upwards
- ☐ Straight shapes out to the side
- ☐ Round Shapes
- ☐ Star shapes
- ☐ Curved Shapes
- ☐ Square shapes





Whilst flying to the moon, Reggie has to get his space suit on ready for landing.

The space suit is at the other end of the rocket, so Reggie has to move along the ship to get to it.



What types of different movements can you do?

- ☐ Move backwards
- ☐ Spin
- Keep changing direction
- ☐ Moving in the direction of a circle



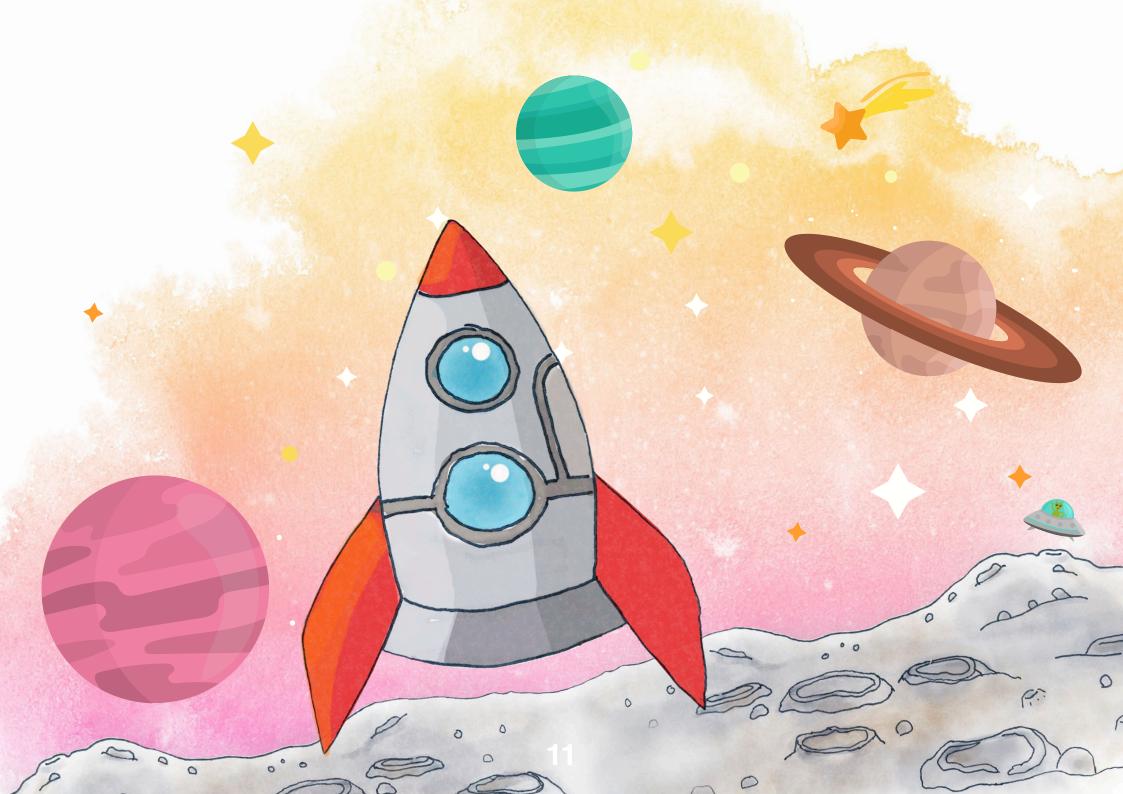


The rocket has landed on the moon, and Reggie is ready to go explore.

Reggie tries to open the door but it's jammed, he has to push as hard as he can and it pops open.

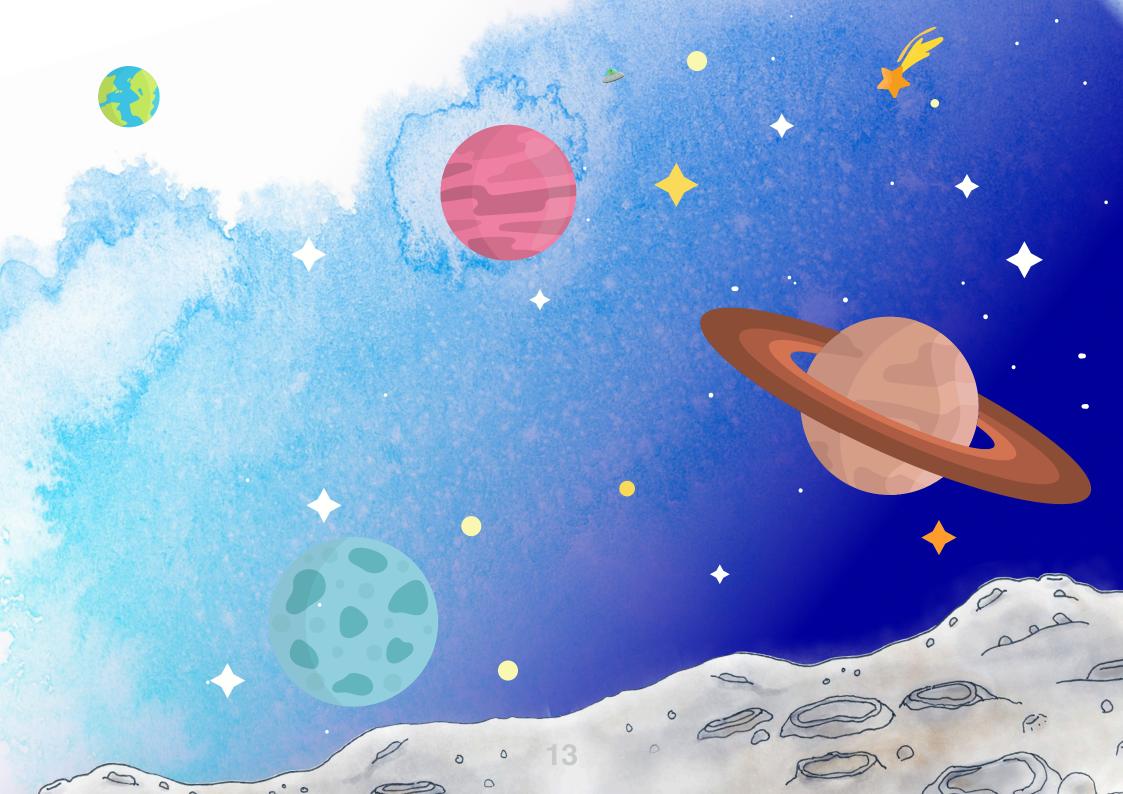
What types of objects can you push and move?

- ☐ The joystick on your chair
- ☐ An object on a table
- ☐ An object with your chair
- Doors



Reggie moves through the door and onto the surface of the moon.





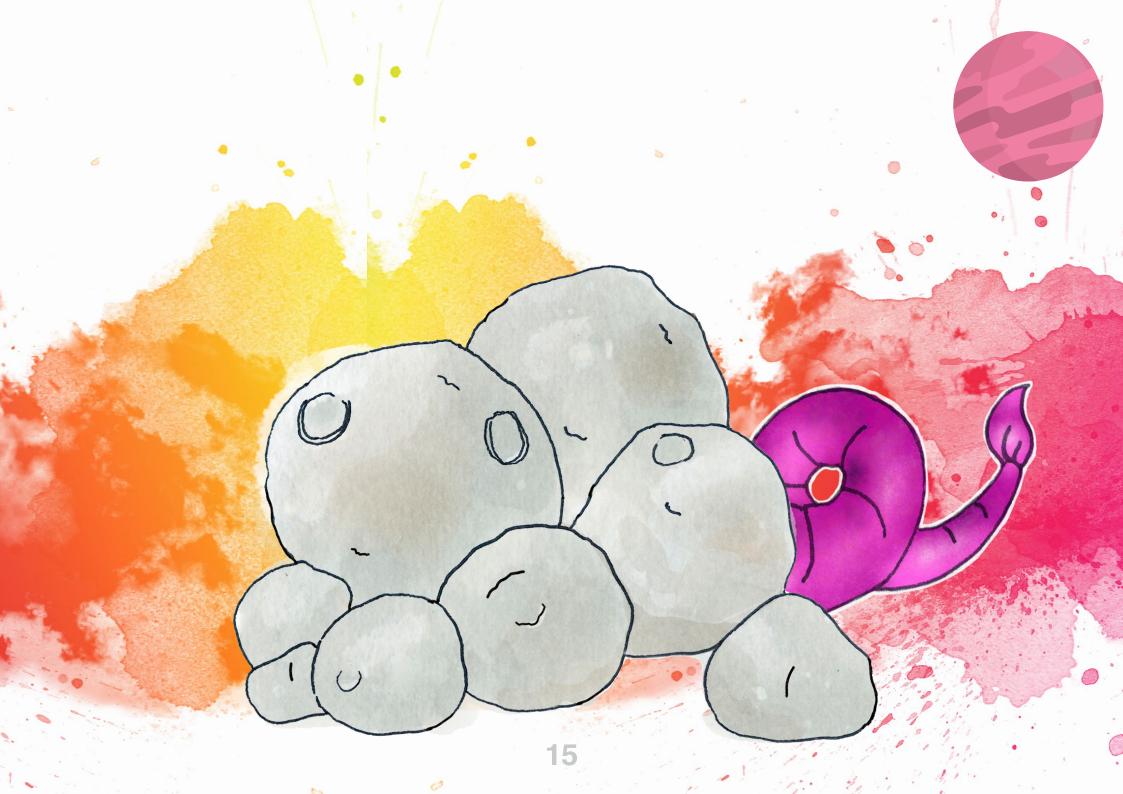
Reggie can see an alien's tail poking out under a huge pile of space rocks.

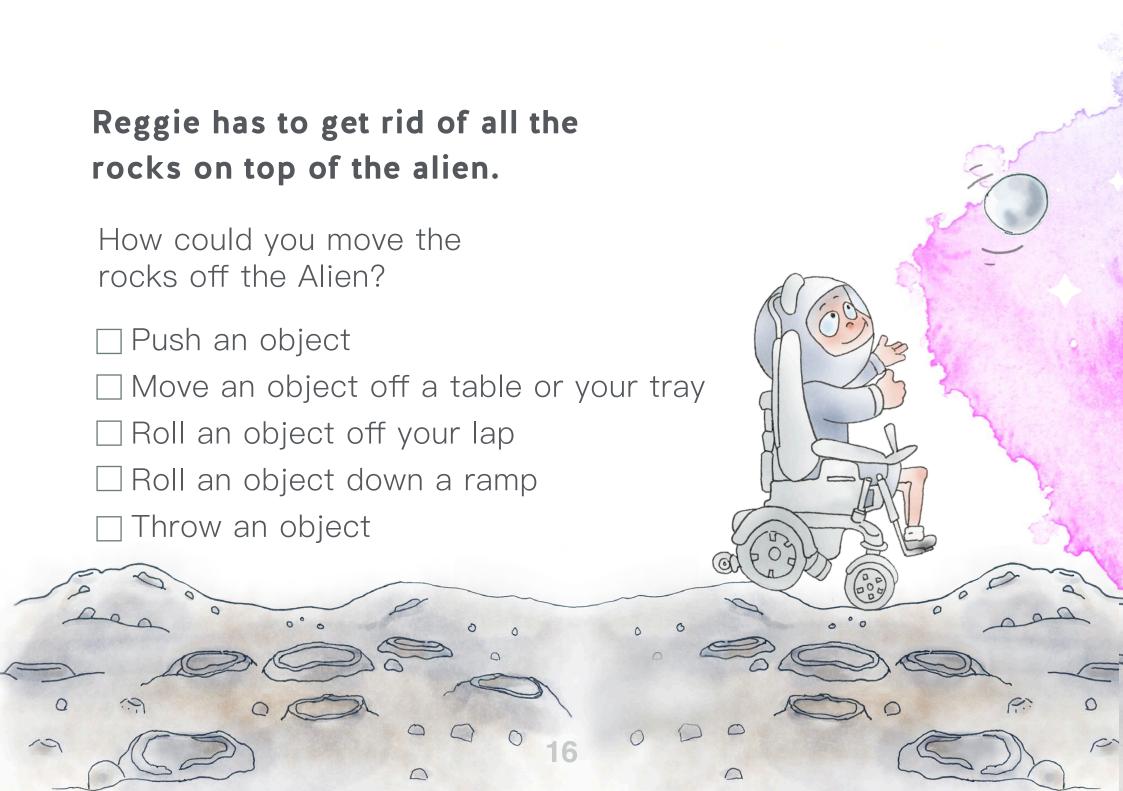
Reggie has to get over there as quickly as possible to help them.

What types of ways can you move if you were in space?

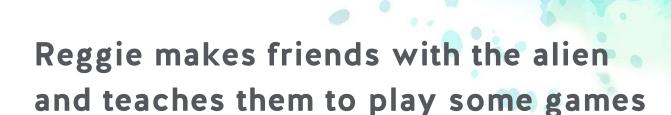
- ☐ Moving Forward in a curved direction
- ☐ Moving Backwards in a curved direction
- ☐ Dodging space rocks and having to change direction lots of times











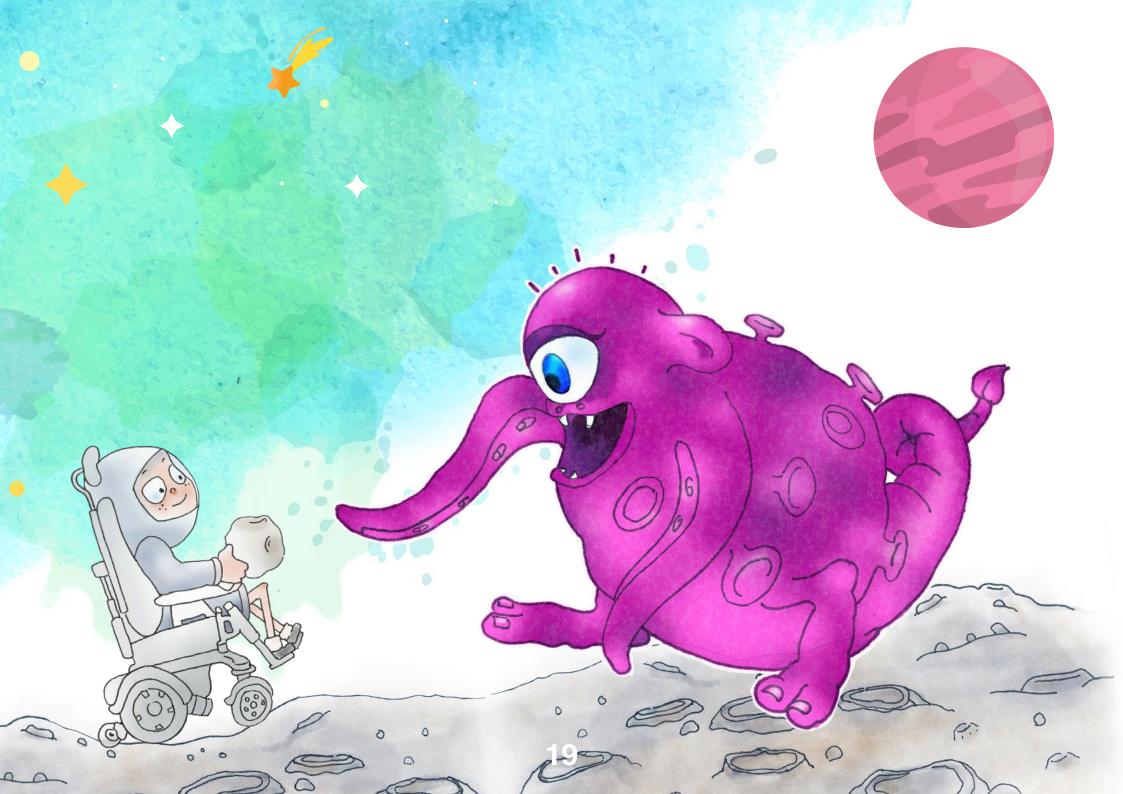
from Earth.



How many ways can you pass an object between you and a partner?

- □ Place the ball in your partners hands/tray/lap
- ☐ Roll an object down a ramp to your partner
- ☐ Move an object on a table to your partner.
- Have someone help you roll an object down a ramp to your partner



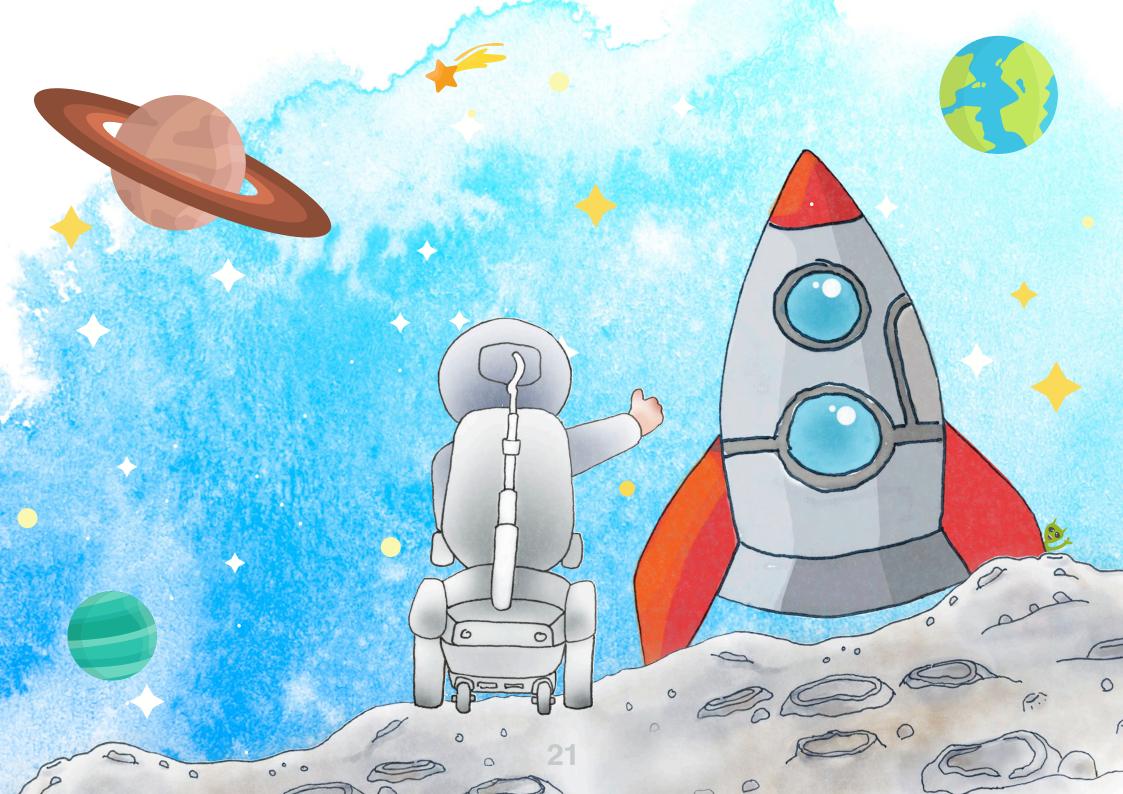


Reggie and his Alien friend finish playing as Reggie has to return to Earth. Reggie gets back on his space rocket and flies back to Earth just in time for his Tea.

What different ways can you get back into your Space Rocket?



- ☐ Move onto a ramp ready to be lifted up
 - Manoeuvring your way to the exit of a building
- Avoid any objects that might be in your way



Reggie finishes his tea and heads straight to bed, he's had so much fun that he wants to tell his friends all about it the next day.



Can you teach someone any of the movements you've done during Reggie's story?

Hi, earthling....
Did you see me? How many times?

Answer on last page

EXTRAS

SHOW ME WHAT YOU CAN DO

Can you create some movements that would help Reggie during his trip?

What did you find hard? Why did you find it hard? Can you make it easier?

What actions were the most fun to do? Why were they fun?

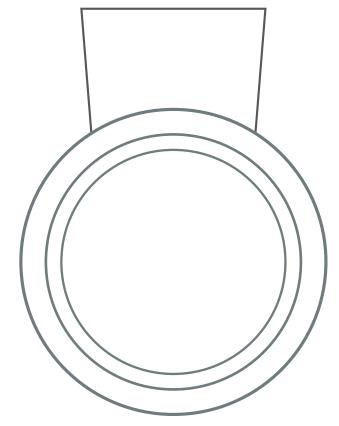
Can you create your own story with new actions?

Can you show your story to a friend and go through it together?

WELL DONE!

You've completed Reggie Goes to the Moon which means you've won a special space adventurer's medal.

Can you design a medal to show all your friends?



WHAT CAN YOU DO WITH THESE ACTIONS?

Can you think of any activities or sports where these actions you've learnt are used?

Actions Activities / Sports

Moving Forwards	
Moving Backwards	
Turn left and move	
Turn right and move	
Round Shapes	
Star Shapes	
Curved Shapes	
Square Shapes	
Roll an object	
Throw an object	
Pushing an object	

Activities / Sports

Actions	Activities / Sports
Spin	
Straight shapes pointing upwards	
Straight Shapes out to the side	
Keep Changing Direction	
Moving in the direction of a circle	
Moving in a curved direction	
Roll an object down a ramp	
Moving an object on a table to your partner	
Move onto a ramp ready to be lifted up	

STEP

STEP is a great way to plan your skills within Reggie Goes to the Moon

SPACE How can you change the area you play in?

Where can you play?

Can you make the space bigger or smaller?

Can you have more than one section of your area?

TASK Can people play the activity differently?

How can you change the game so everyone can do it?

Can you change the activity to make it easier and harder?

Can you play the activity in different positions?

EQUIPMENT What equipment can you use?

Can you use different coloured equipment?

Can you use lighter equipment?

Can you use larger equipment?

Can you use equipment with different materials?

PEOPLE Who can play?

Can you change the number of people playing?

Can each player have different skills to complete?









www.valeofglamorgan.gov.uk/sportsandplay