

REGGIE GOES TO THE MOON

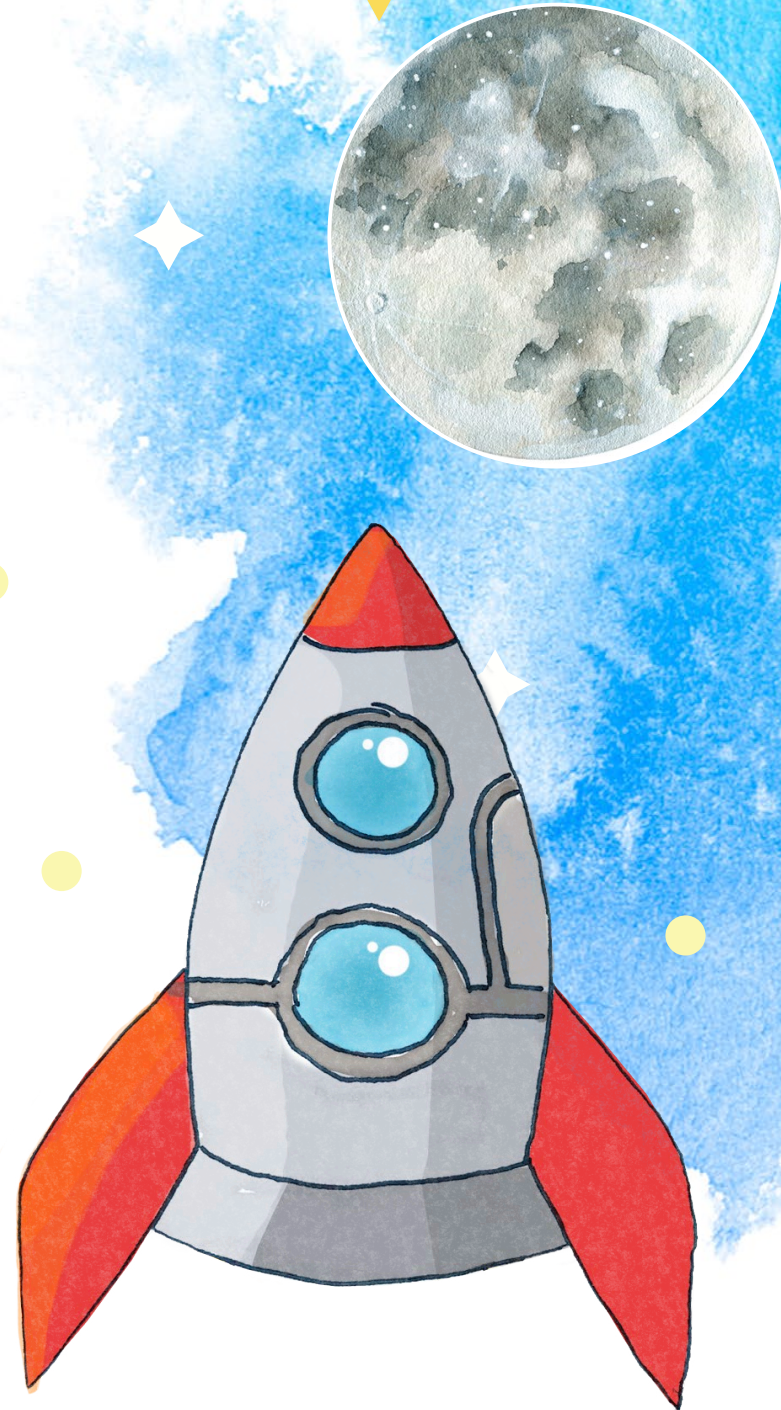
Manual Wheelchair User

Level:

As they develop
As they progress

Equipment:

Space rocks – any type of ball, rolled up socks, balloons etc
Objects to push – any type of ball, door, chairs, boxes etc



Reggie goes to the Moon is a book for families to use together, the aim is for your child to follow the story and place a sticker next to the actions they complete. Once your child has completed all of the actions, they can design their own personal medal. Enjoy and help Reggie get to the Moon

REGGIE GOES TO THE MOON



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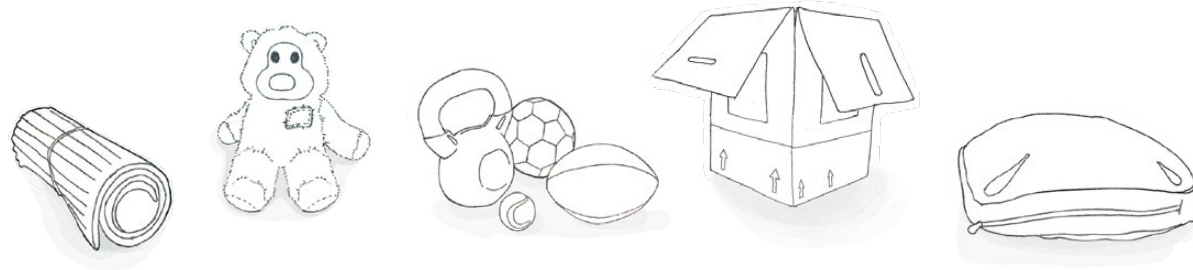
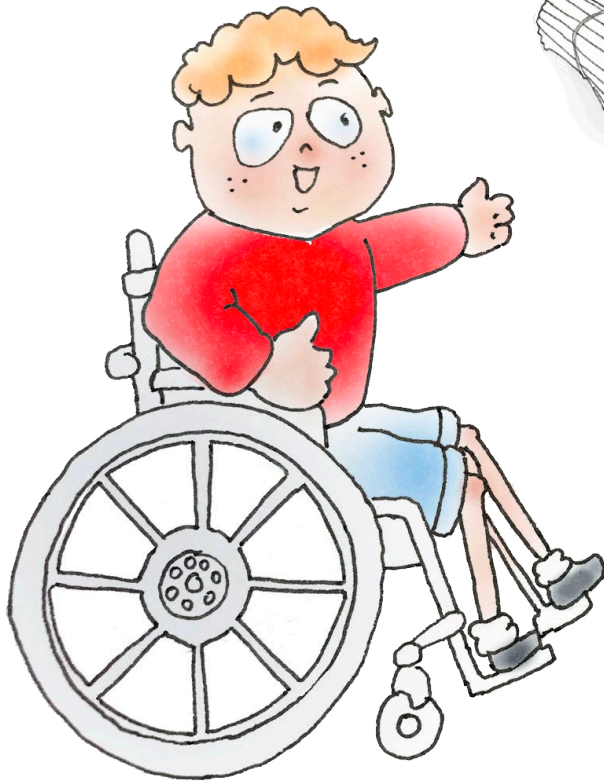
Equipment:

Space rocks – any type of ball, rolled up socks, balloons etc

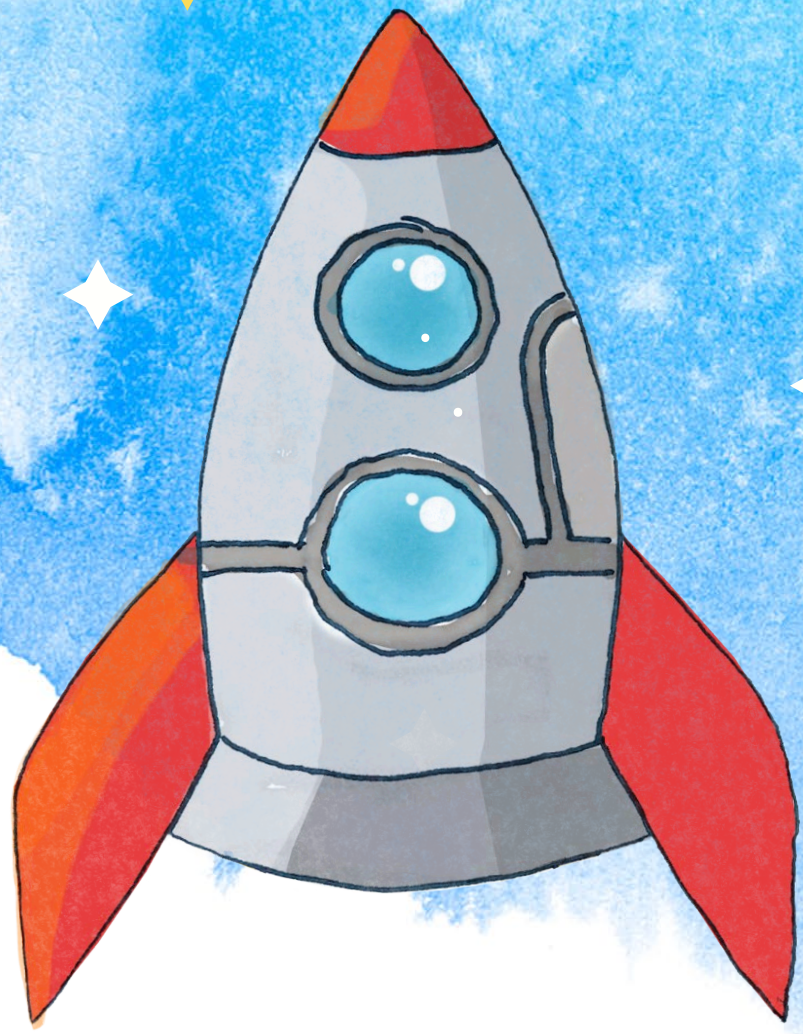
Objects to push:

any type of ball, door, chairs, boxes etc

Reggie is going on an adventure into space, he needs someone to go with him and help fly the space rocket.



Can you help him get all his equipment ready for take off

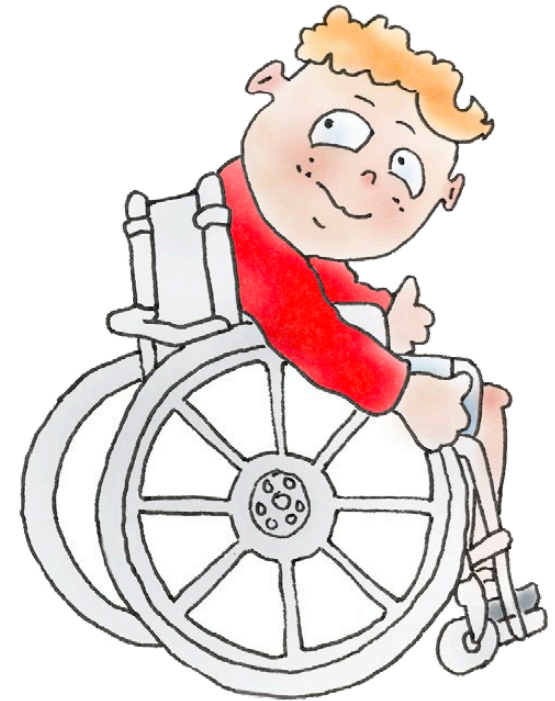


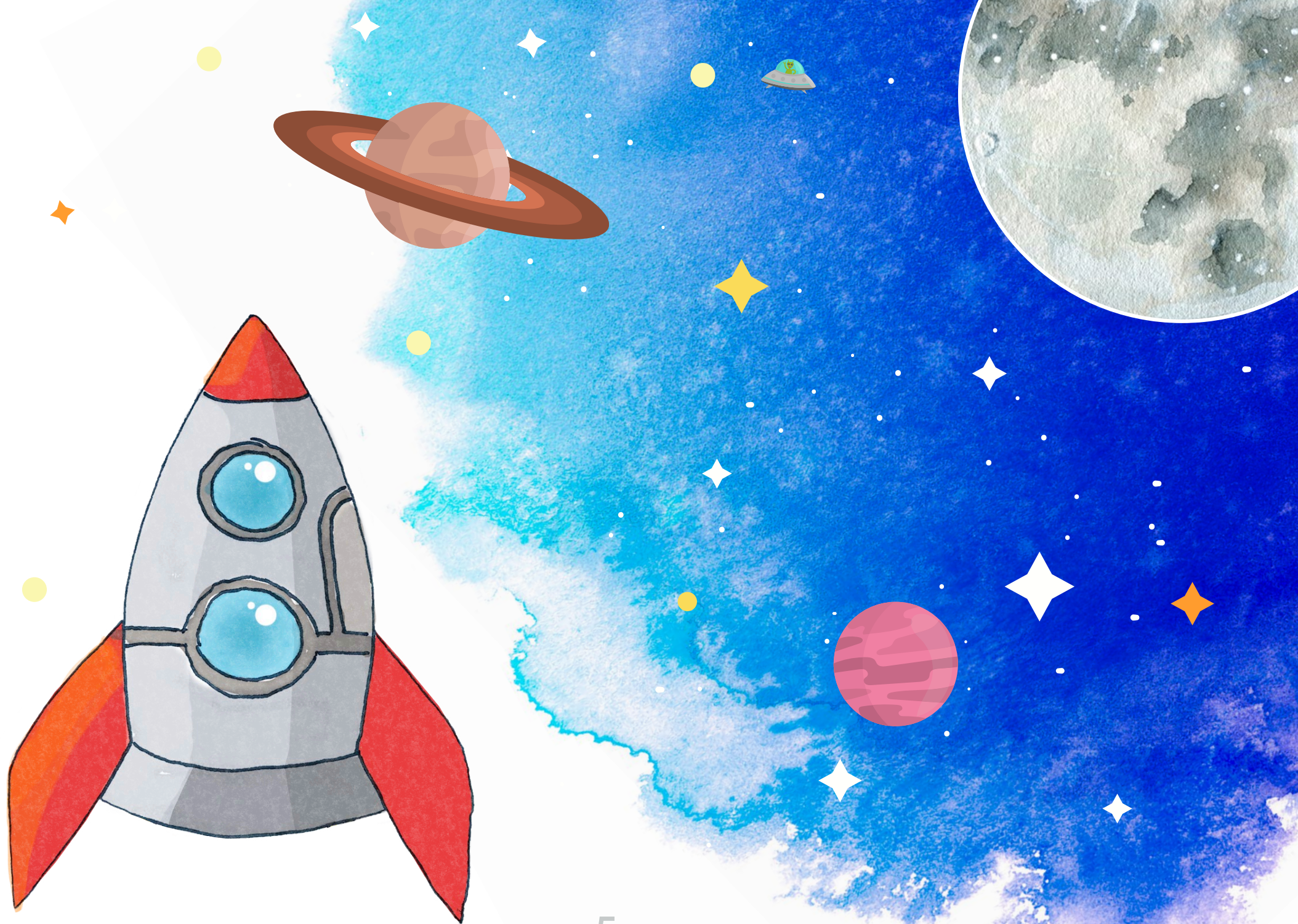
Reggie is going to travel to the moon on a space rocket.

Reggie makes his way to the space rocket and gets ready for take off

How many different ways can you move towards your space rocket?

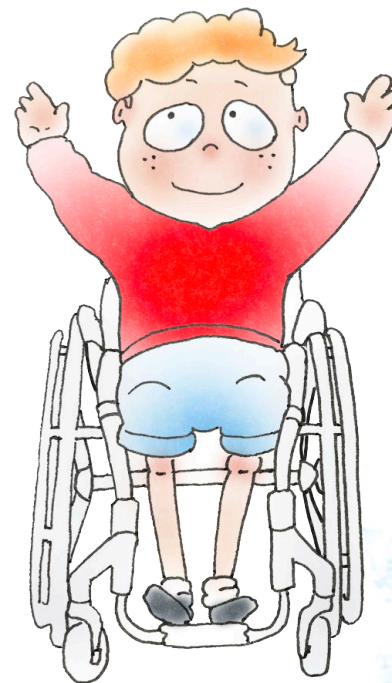
- Forwards
- Backwards
- In a wonky line
- In a curved line





The rocket blasts off into Space, whizzing towards the moon and stars

Can you create shapes using your body
that are like a rockets, moons and stars?



Straight Shape

Star Shape

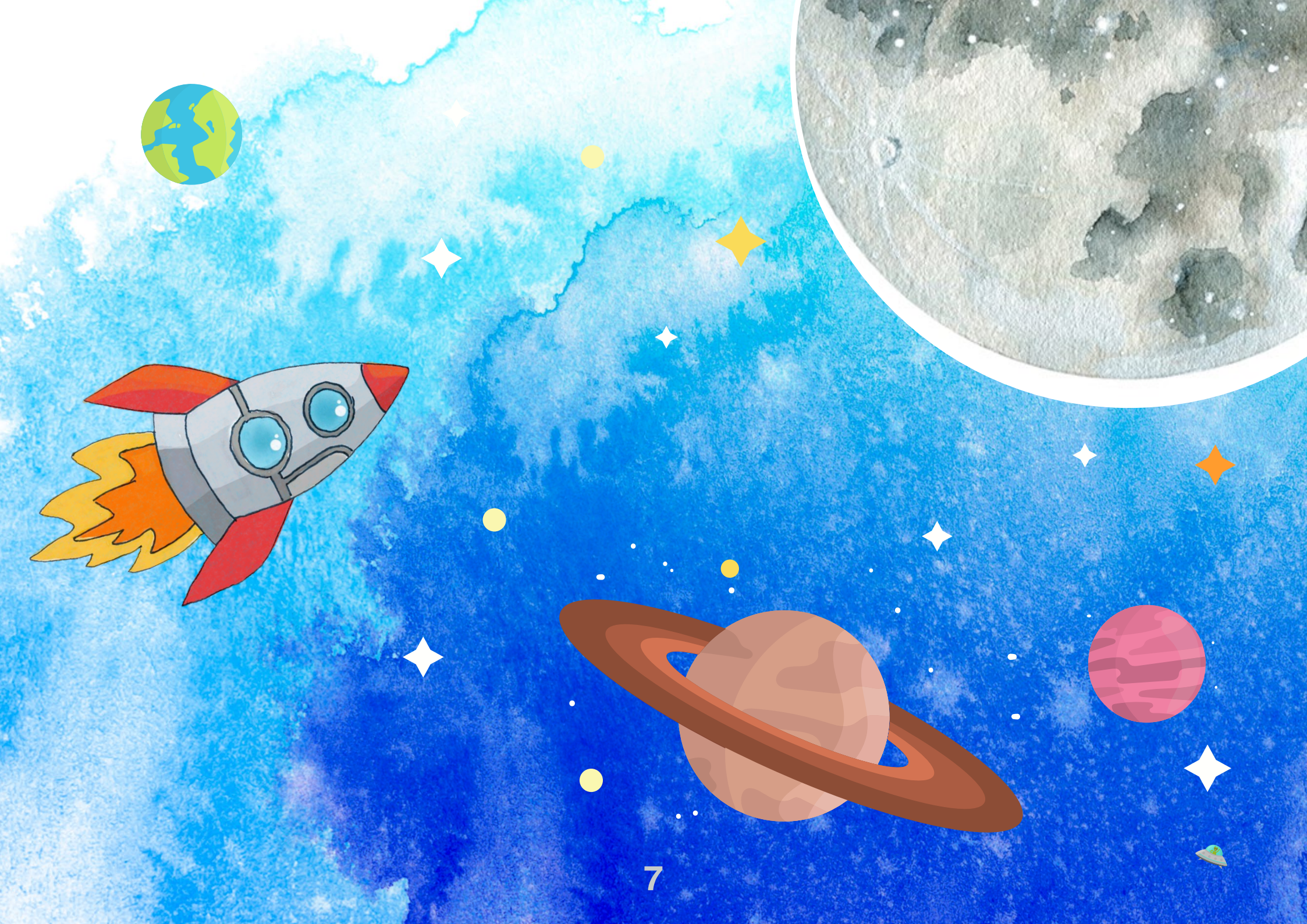
Round Shapes

Curved Shapes

Shapes whilst leaning out to the side of your chair

Shapes whilst leaning out the front of your chair

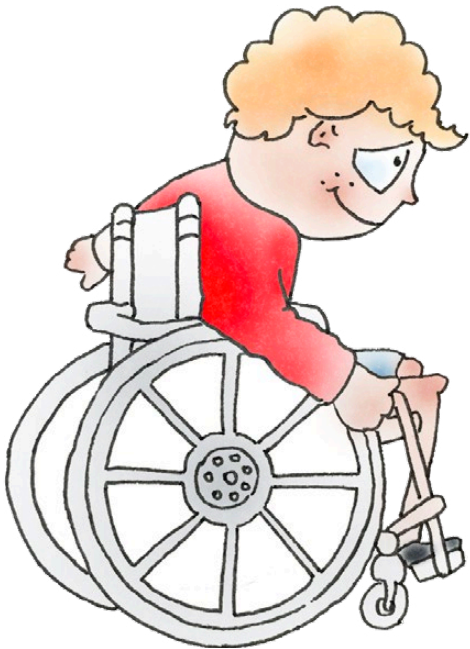






Whilst flying to the moon, Reggie has to get his space suit on ready for landing.

The space suit is at the other end of the rocket, so Reggie has to move along the ship to get to it.



What types of different movements can you do?

- Crawling
- Fast pushes
- Slow pushes
- Ducking down when pushing
- Starting and stopping
- Controlled movements whilst out of your chair



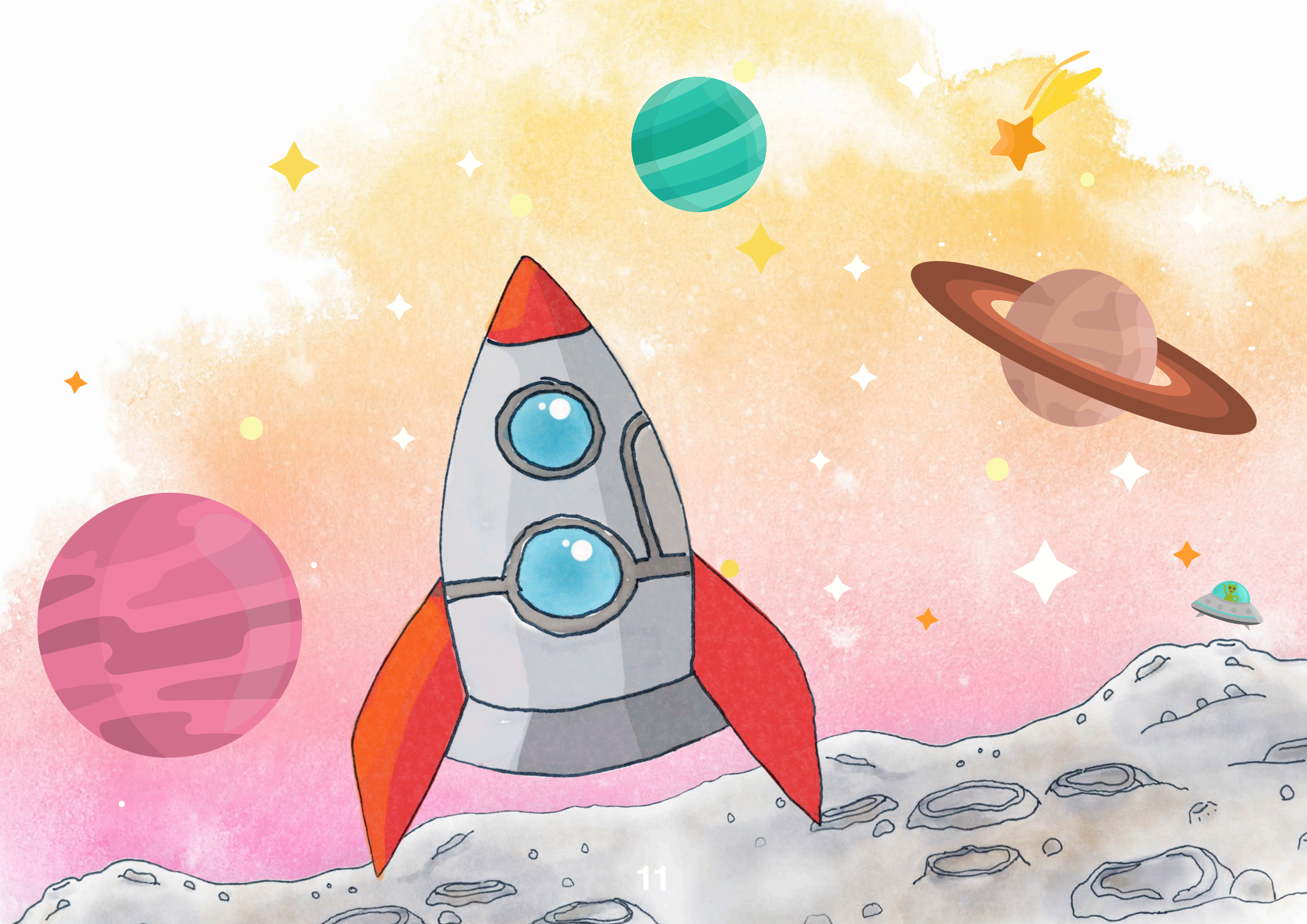


**The rocket has landed on the moon,
and Reggie is ready to go explore.**

**Reggie tries to open the door but it's
jammed, he has to push as hard as
he can and it pops open.**

What types of objects can you push and move?

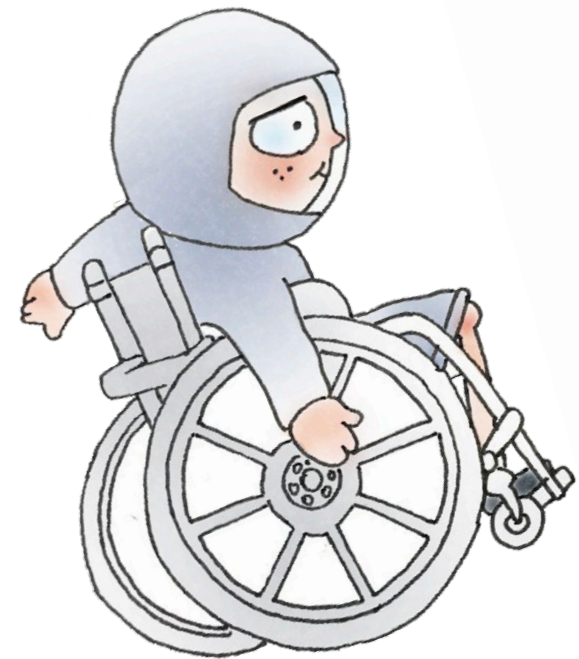
- Doors
- Chairs
- Objects on tables
- Objects on the floor

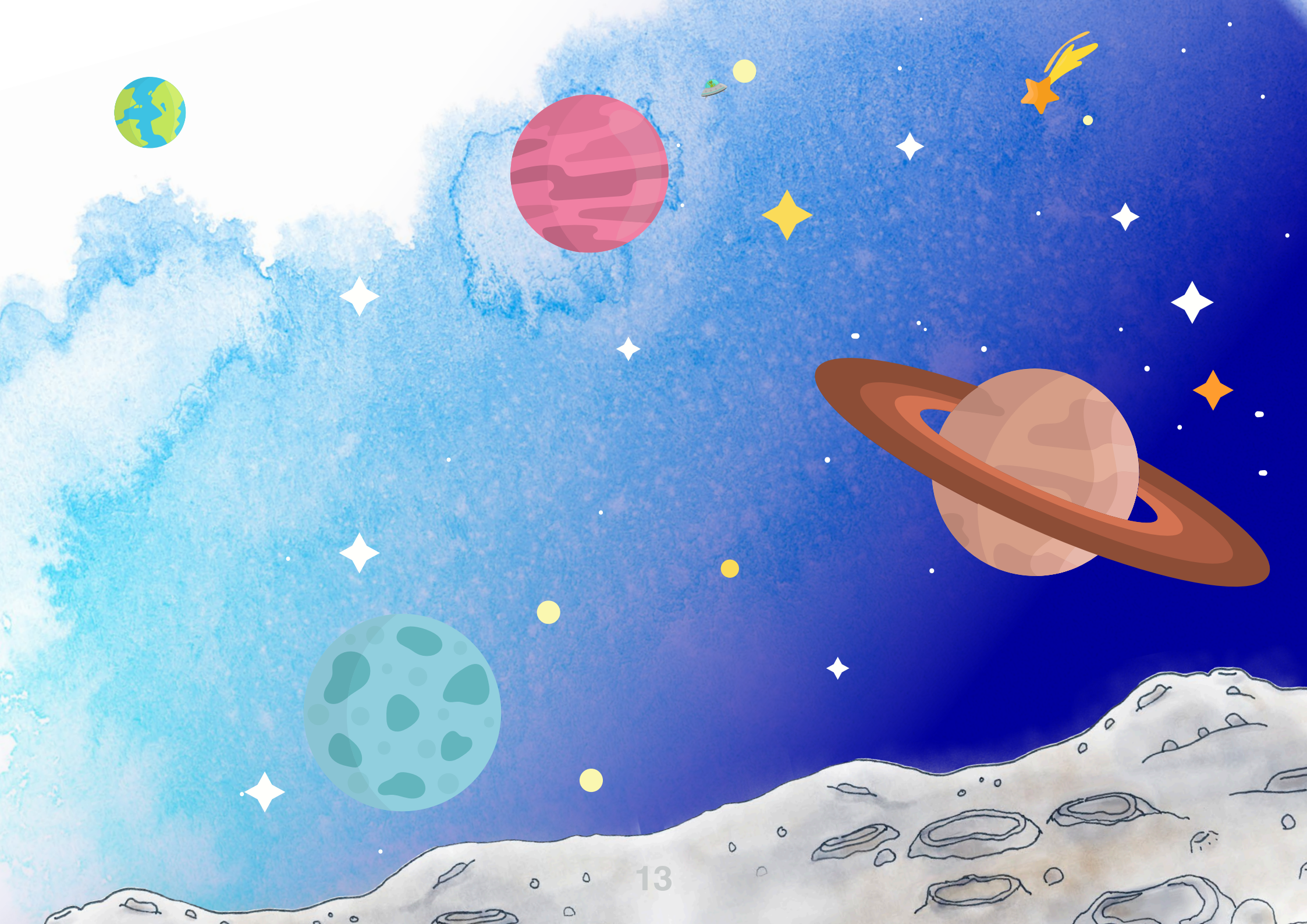


Reggie moves through the door and onto the surface of the moon.

How many different ways can you move whilst landing safely on the moon?

- Move Downhill
- Move Uphill
- Move up onto a curb
- Move downward off a curb
- Open a door and go through it





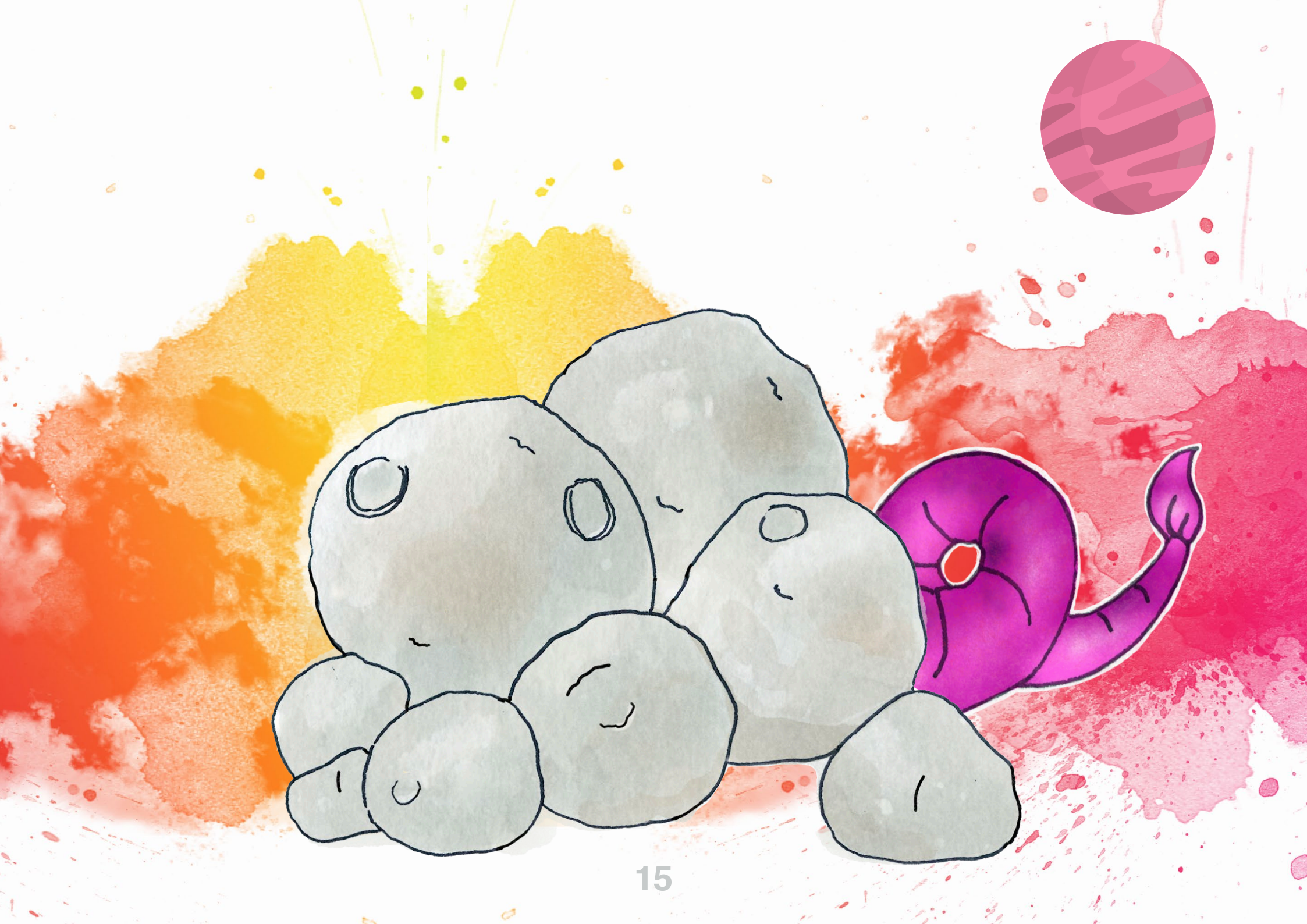
Reggie can see an alien's tail poking out under a huge pile of space rocks.

Reggie has to get over there as quickly as possible to help them.

What types of ways can you move if you were in space?

- One push to see how far you can go
- Moving Forward in a curved direction
- Moving Backwards in a curved direction





Reggie has to get rid of all the rocks on top of the alien.

How could you move the rocks off the Alien?

- Underarm roll
- Underarm throw
- Pushing an object with your chair



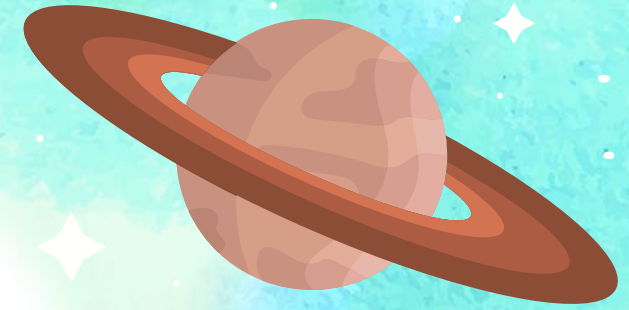


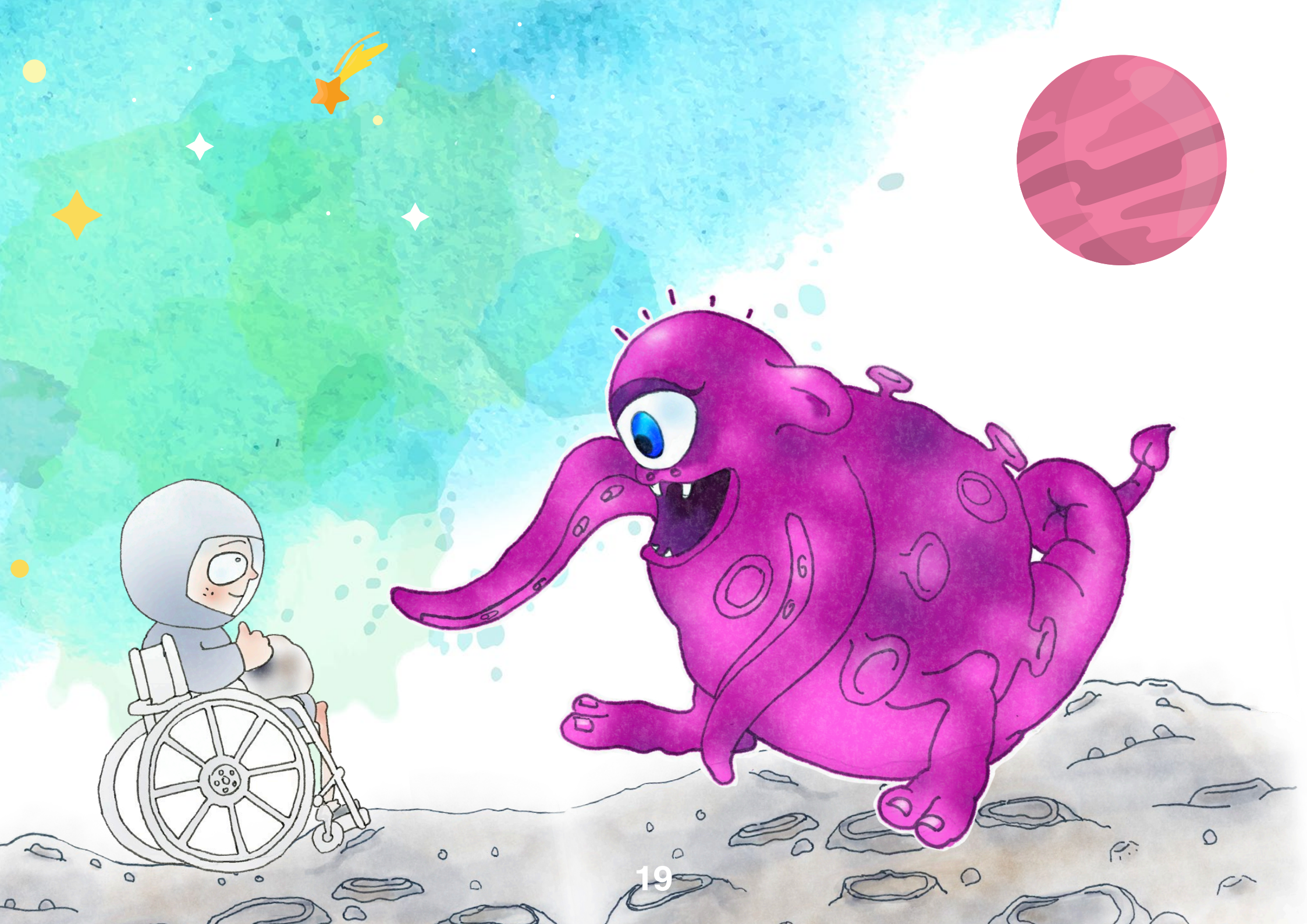


Reggie makes friends with the alien and teaches them to play some games from Earth.

How many ways can you pass an object between you and a partner?

- Roll a ball from your lap
- Roll a ball to your partner
- Under arm throw
- Stopping an object using your chair



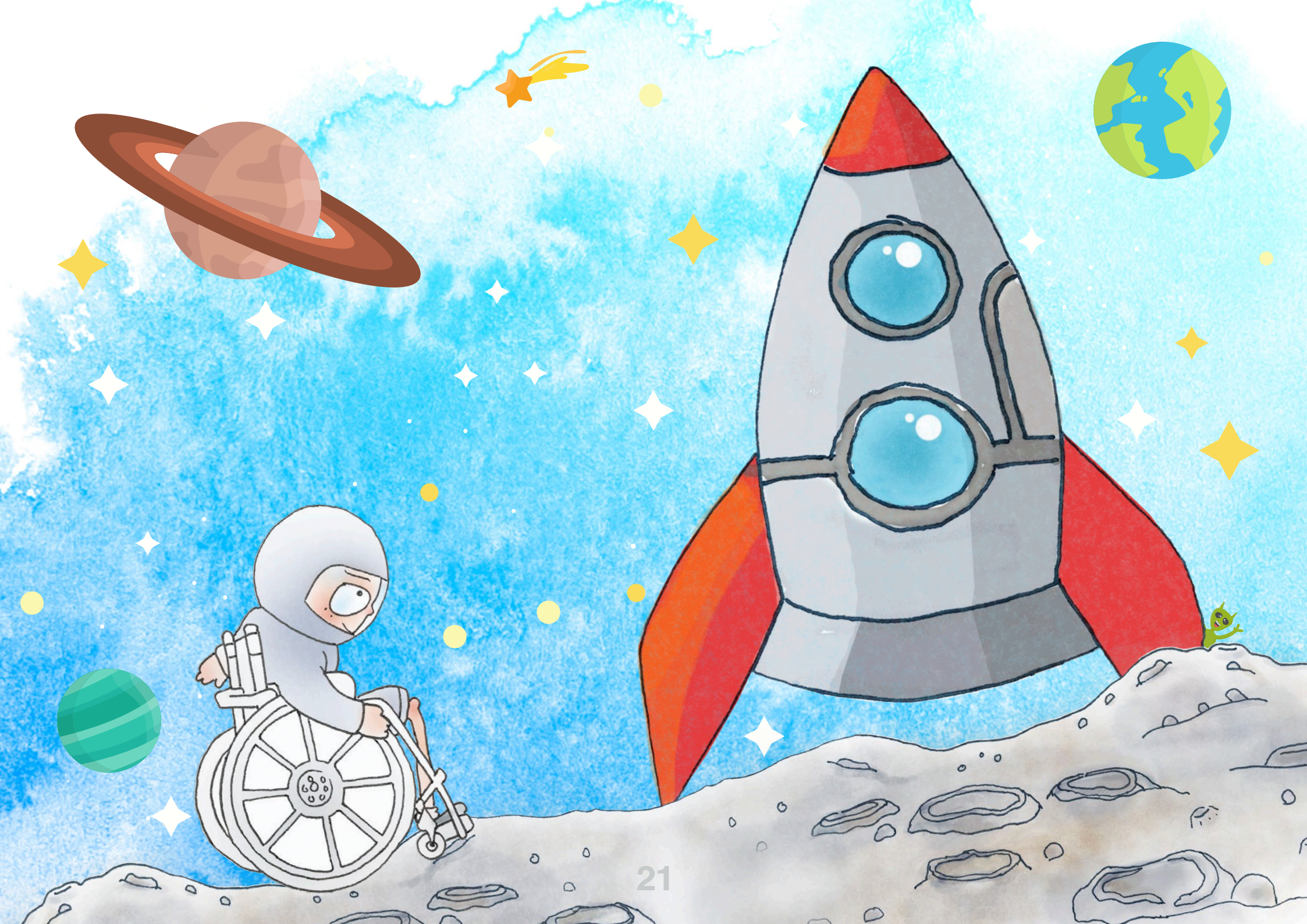


Reggie and his Alien friend finish playing as Reggie has to return to Earth. Reggie climbs on board his space rocket and flies back to Earth just in time for his Tea.

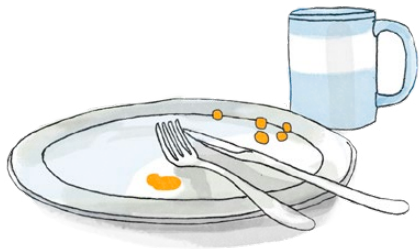
What different ways can you get back into your Space Rocket?



- Move onto a ramp ready to be lifted up
- Manoeuvring your way to the exit of a building
- Avoid any objects that might be in your way



Reggie finishes his tea and heads straight to bed, he's had so much fun that he wants to tell his friends all about it the next day.



Can you teach someone any of the movements you've done during Reggie's story?

Hi, earthling...
Did you see me? How many times?
Answer on last page



EXTRAS

SHOW ME WHAT YOU CAN DO

Can you create some movements that would help Reggie during his trip?

What did you find hard? Why did you find it hard? Can you make it easier?

What actions were the most fun to do? Can you think why they were fun?

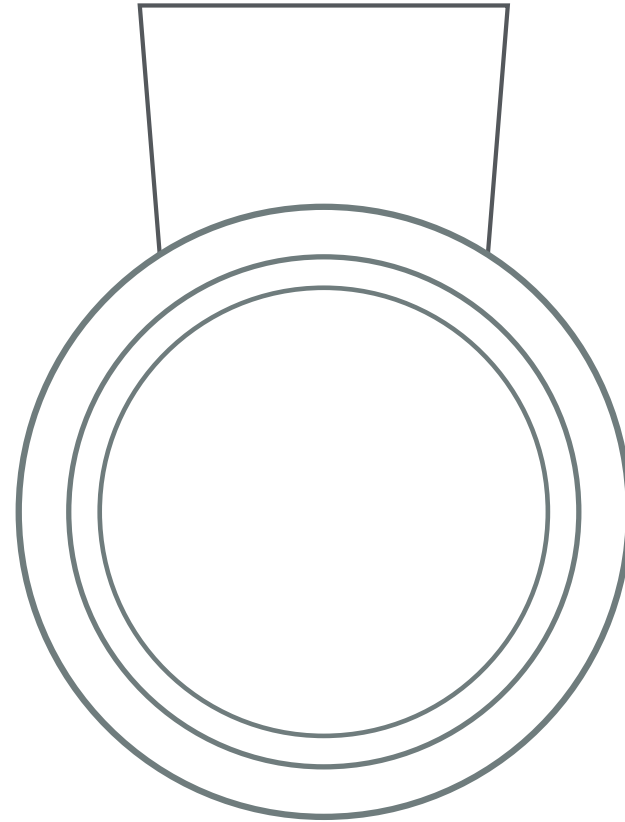
Can you create your own story with new actions?

Can you show your story to a friend and go through it together?

WELL DONE!

You've completed Reggie Goes to the Moon which means you've won a special space adventurer's medal.

Can you design a medal to show all your friends?



WHAT CAN YOU DO WITH THESE ACTIONS?

Can you think of any activities or sports where these actions you've learnt are used?

Actions

Activities / Sports

Forwards	
Backwards	
In a wonky line	
In a curved line	
Straight Shape	
Star Shape	
Round Shapes	
Curved Shapes	
Crawling	
Fast Pushes	
Slow Pushes	

Actions

Activities / Sports

Pushing an object	
Under Arm Throw	
Starting and Stopping	
One push to see how far you can go	
Ducking Down when pushing	
Stopping an object with your chair	
Shapes whilst leaning out to the side of your chair	
Shapes whilst leaning out the front of chair	

STEP

STEP is a great way to plan your skills within Reggie Goes to the Moon

SPACE How can you change the area you play in?

Where can you play?

Can you make the space bigger or smaller?

Can you have more than one section of your area?

TASK Can people play the activity differently?

How can you change the game so everyone can do it?

Can you change the activity to make it easier and harder?

Can you play the activity in different positions?

EQUIPMENT What equipment can you use?

Can you use different coloured equipment?

Can you use lighter equipment?

Can you use larger equipment?

Can you use equipment with different materials?

PEOPLE Who can play?

Can you change the number of people playing?

Can each player have different skills to complete?

The answer is...
TEN! Well done
if you found me.





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