

REGGIE GOES TO THE MOON

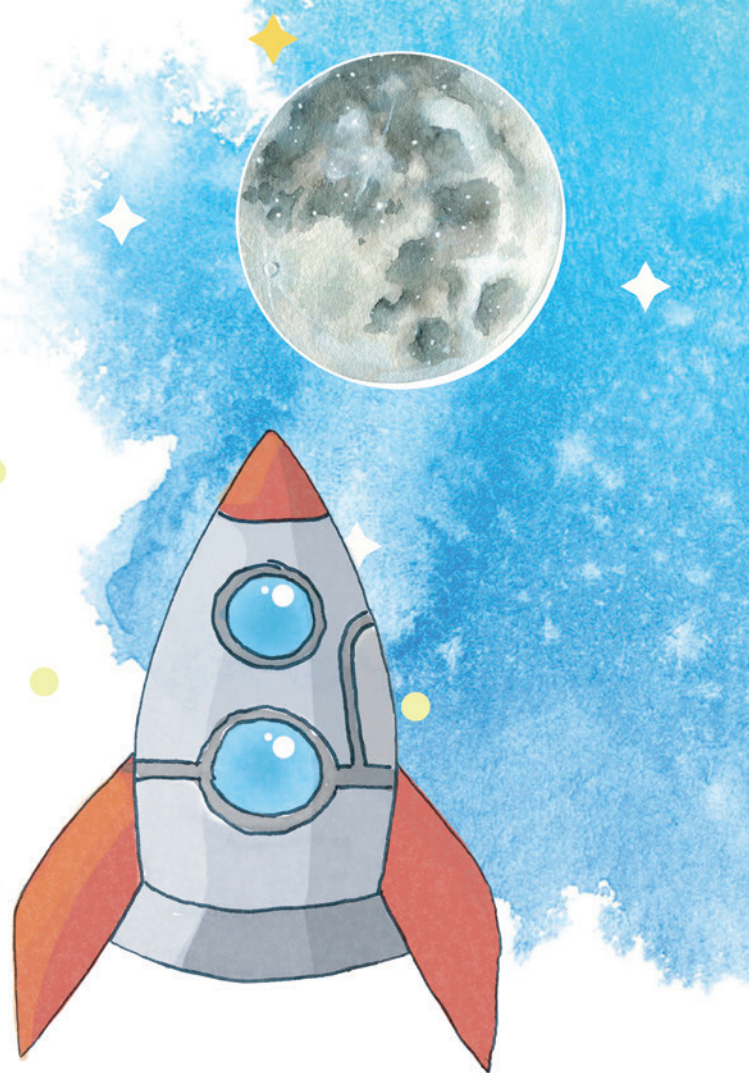
Autism/Learning Disabilities

Level:

As they develop
As they progress

Equipment

Space rocks – any type of ball, rolled up socks, balloons etc
Objects to push – any type of ball, door, chairs, boxes etc



Reggie goes to the Moon is a book for families to use together, the aim is for your child to follow the story and place a sticker next to the actions they complete. Once your child has completed all of the actions, they can design their own personal medal. Enjoy and help Reggie get to the Moon

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Ambulant:

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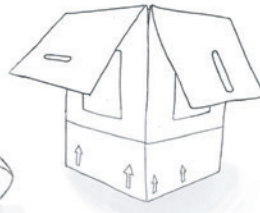
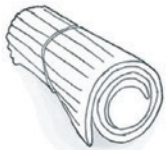
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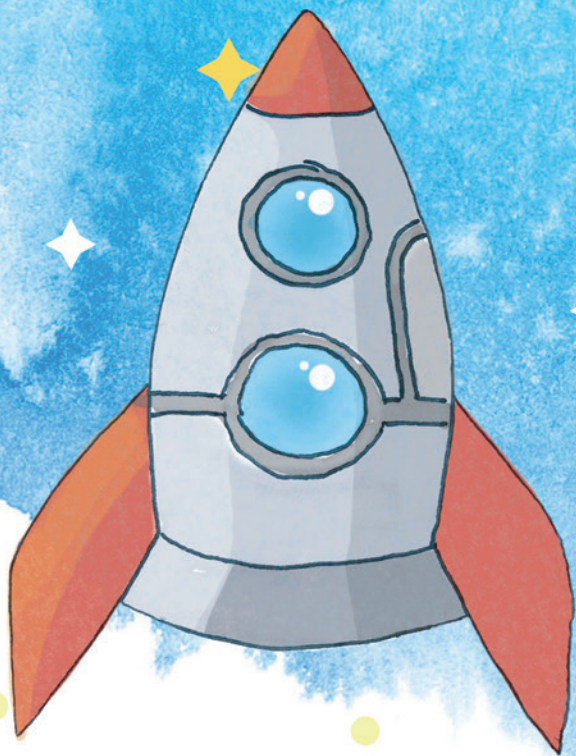
any type of ball, door, chairs, boxes etc

**Reggie is going into space,
he needs someone to go with him.**



Can you help get the
equipment ready for take off?





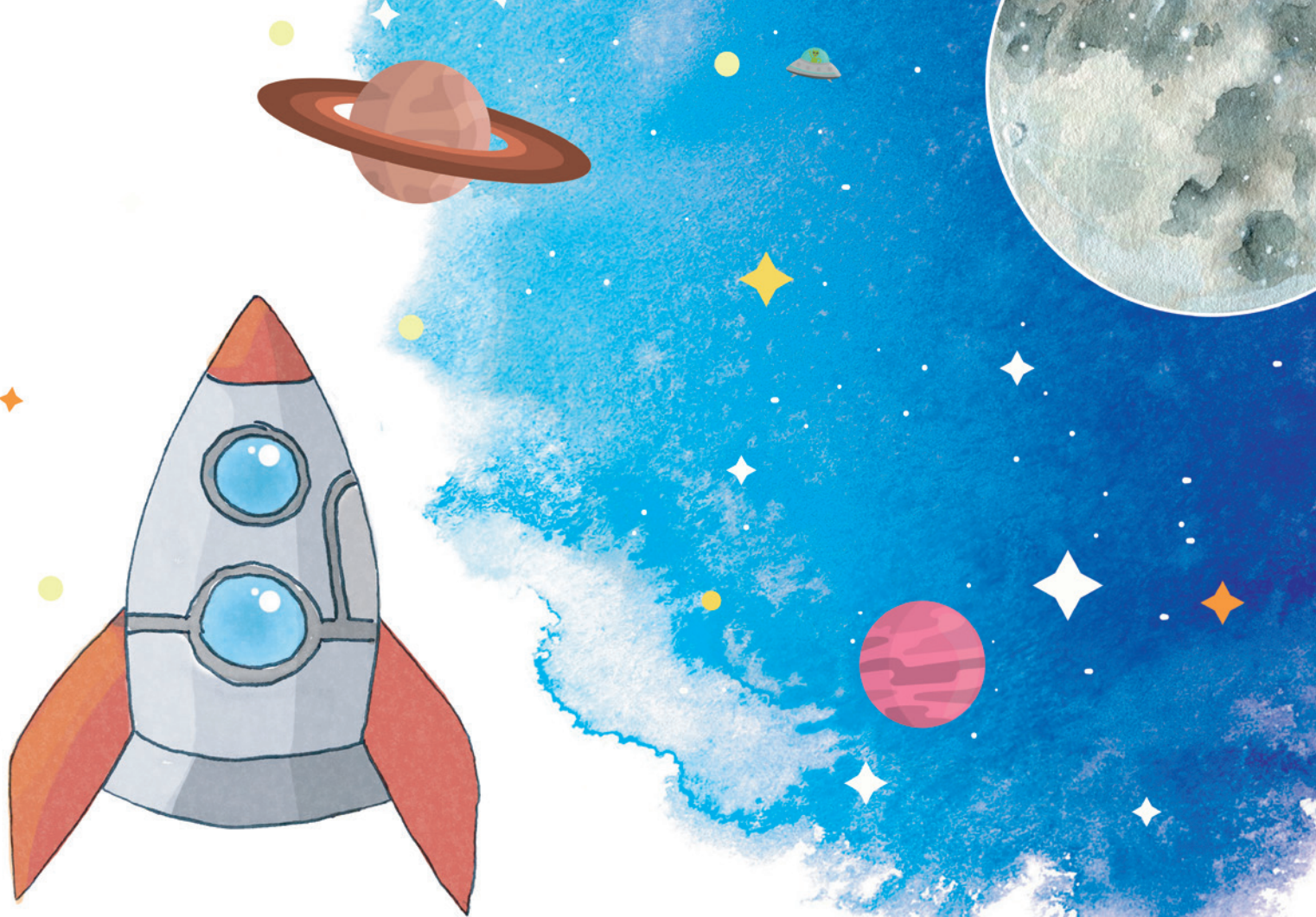
Reggie is going to the moon on a space rocket.

**Reggie moves towards
the space rocket.**

How many different ways can you move?



- Crawling
- Walking on all 4's (using hands and feet)
- Walk
- Run



The space rocket blasts off into space.



Can you create shapes using your body?

- Straight Shape
- Star Shape
- Balancing on one foot
- Round Shapes
- Curved Shapes





Reggie has to get his space suit on ready for landing.

Reggie has to crawl to get his suit.



Can you?

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Crawl | <input type="checkbox"/> Log Roll |
| <input type="checkbox"/> Army Crawl | <input type="checkbox"/> Bear Crawl |
| <input type="checkbox"/> Hands and Knees crawling | <input type="checkbox"/> Foxes |



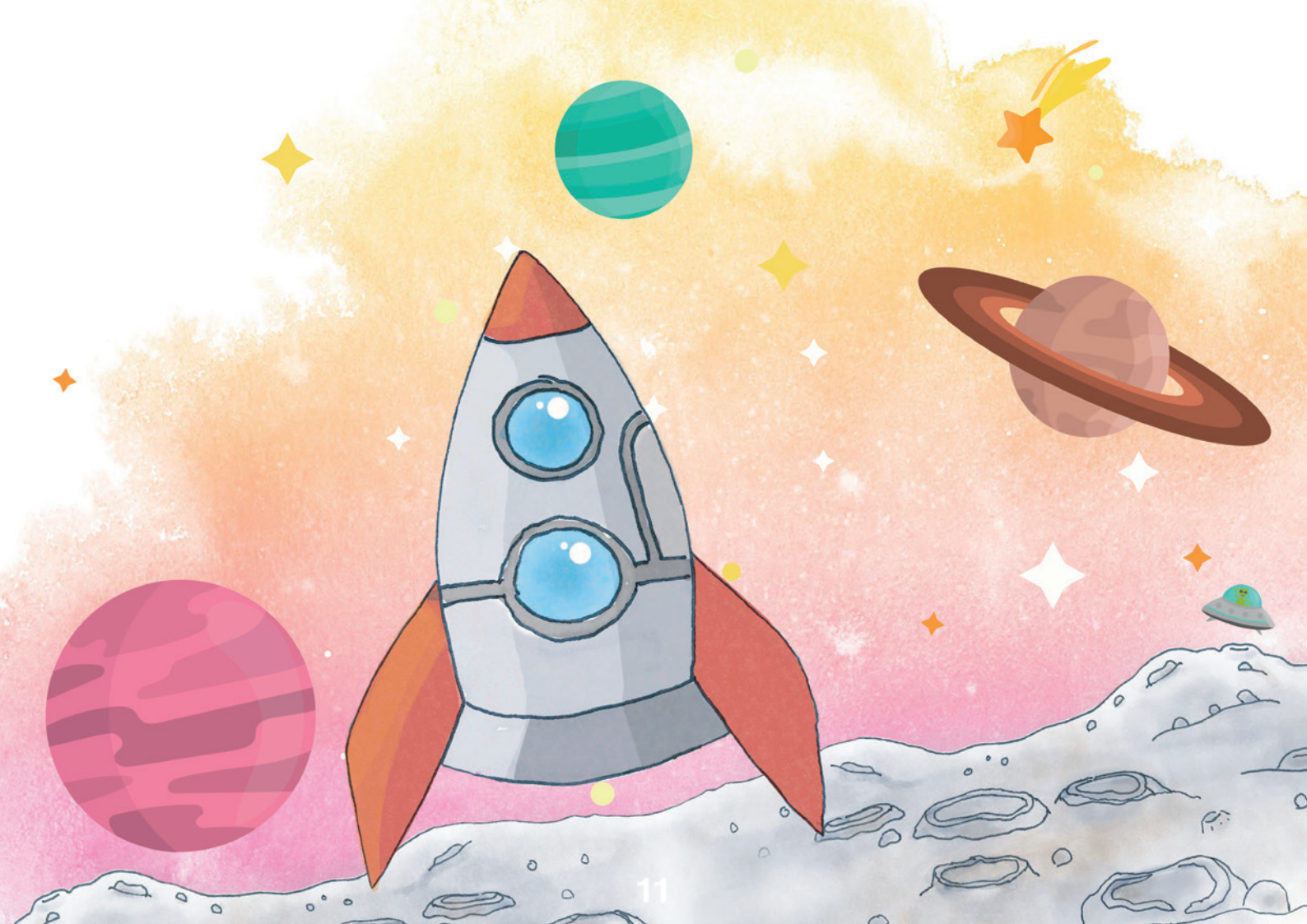


The rocket has landed on the moon.

Reggie has to push the door open.

What types of objects can you push and move?

- Round Objects
- Doors
- Tables
- Chairs
- Boxes



Reggie jumps onto the surface of the moon.



How many different types of jump can you do?

- Two Footed Jumps (landing on one or two feet)
- Frog Jump
- Bunny Hop
- Jumping as high as you can

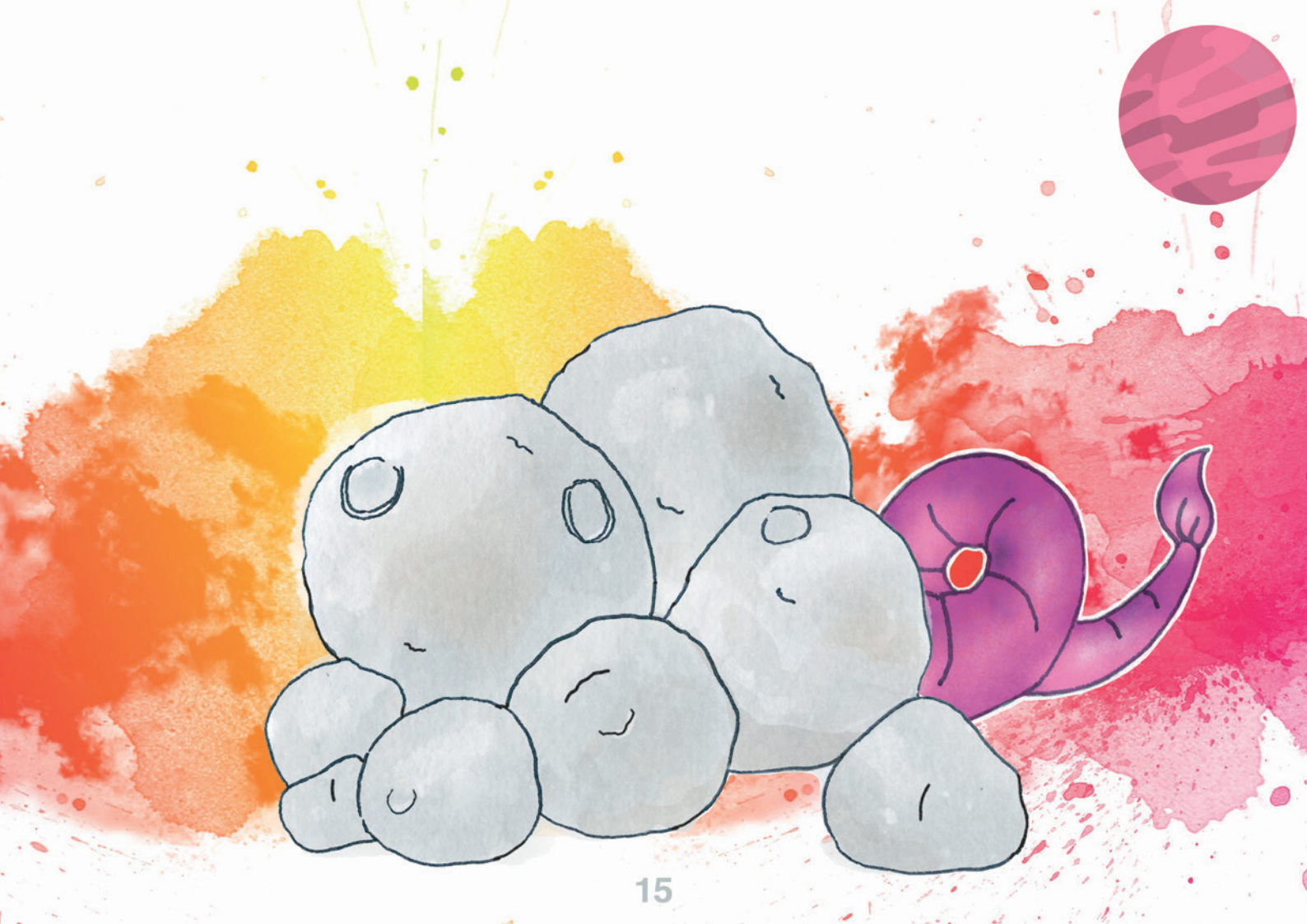


An alien is stuck under some rocks,
Reggie goes to see if the alien needs help.



How would you move if you
were in space?

- Hopping on the spot
- Hopping and moving
- Jumping (distance)
- Bounding

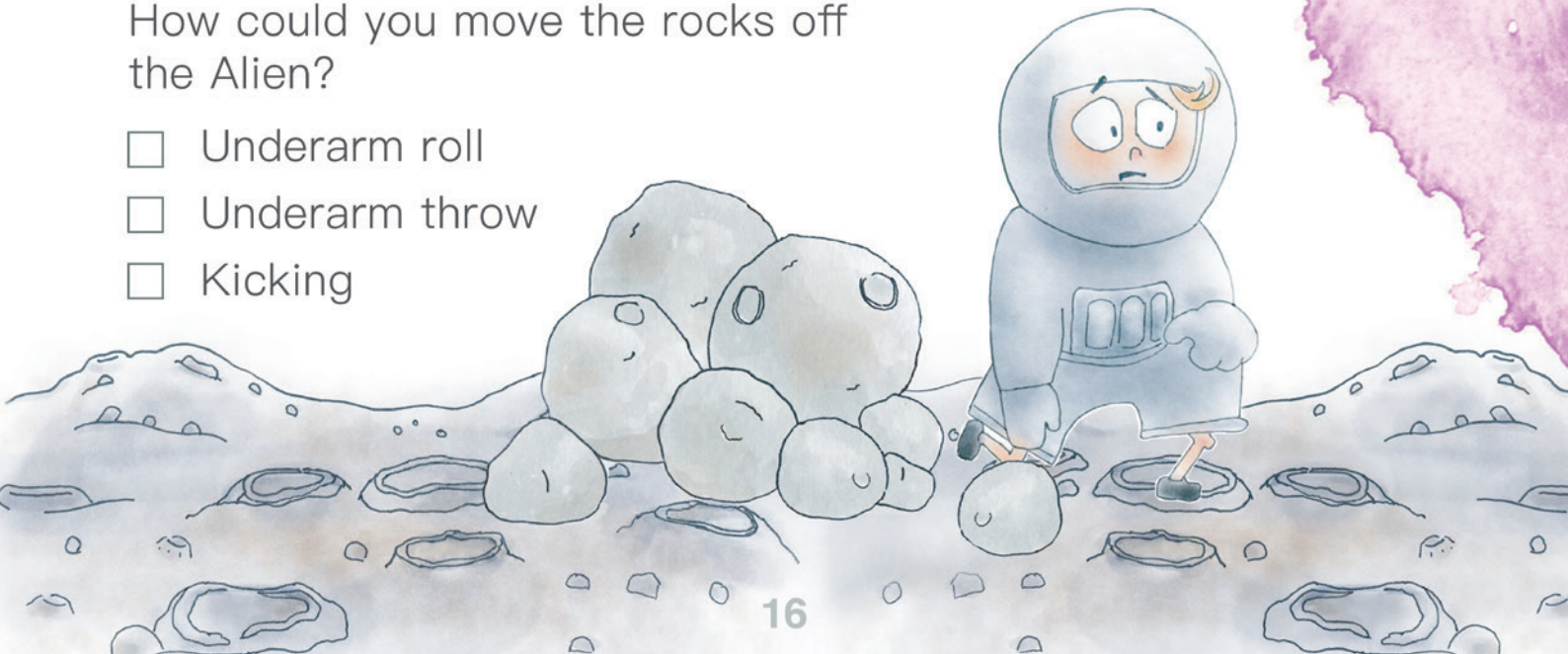




Reggie has to move all of the rocks on top of the alien.

How could you move the rocks off the Alien?

- Underarm roll
- Underarm throw
- Kicking







Reggie teaches the alien to play some games.

Can you?

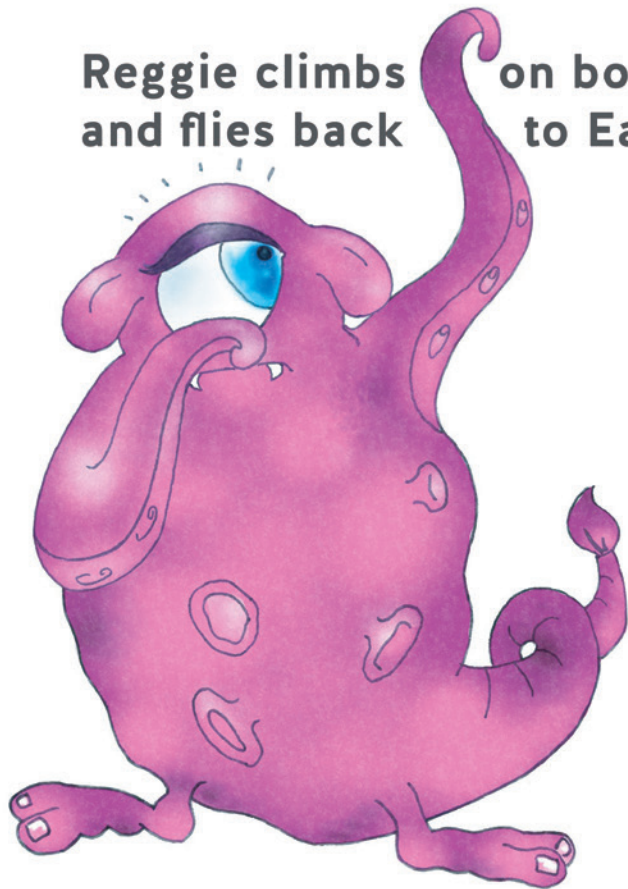
- Roll a ball to your partner
- Under arm throw to your partner
- Under arm throw and catch
- Kick and stop the object





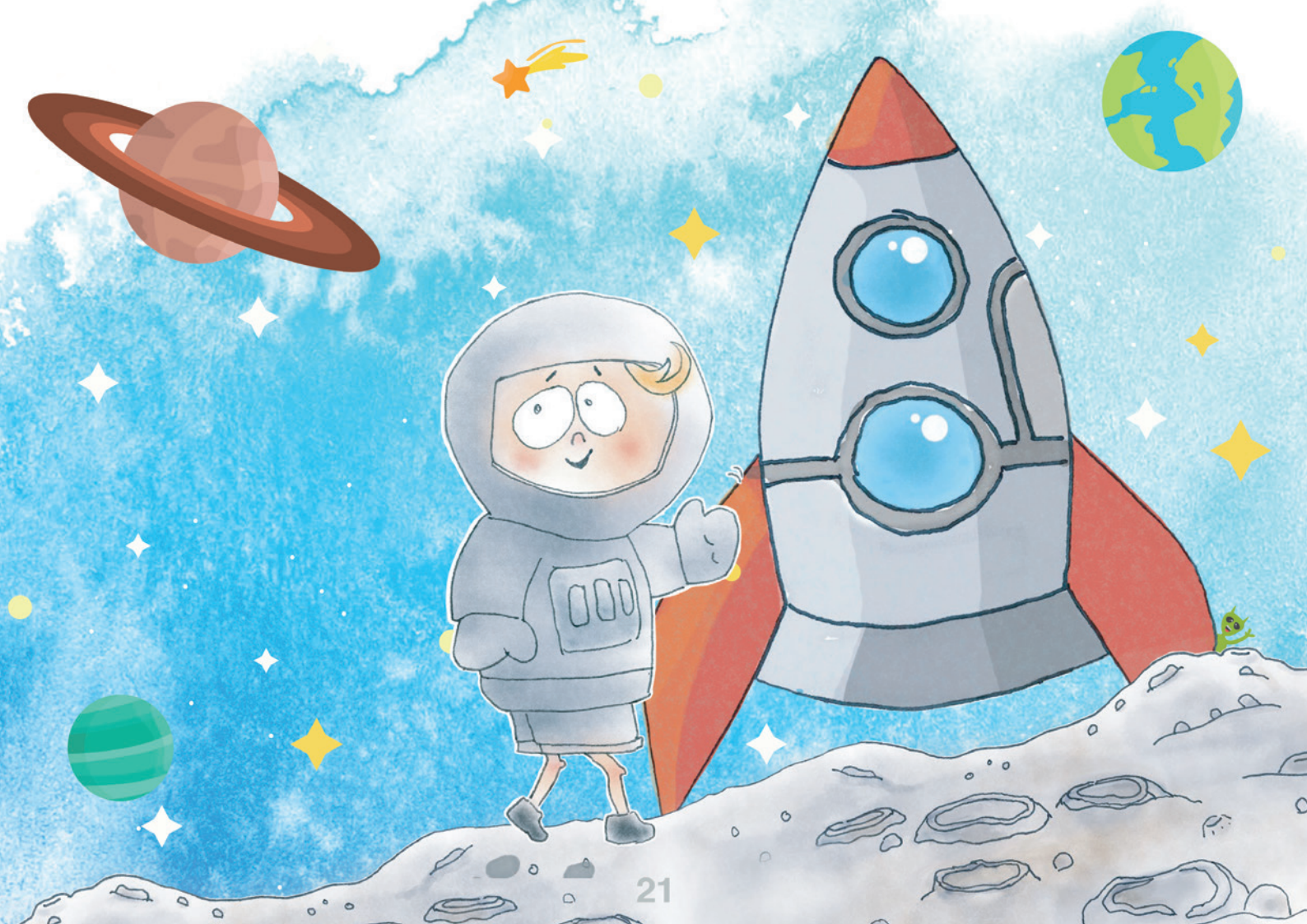
Reggie and his Alien friend finish playing.

**Reggie climbs on board his space rocket
and flies back to Earth.**



Can you climb anything?

- Up stairs
- Up on to a chair
- Over a bench
- A climbing frame



**Reggie's had so much fun
and wants to tell his friends.**



Can you teach someone any of the movements
you've done during Reggie's story?

Hi, earthling....
Did you see me? How many
times?
Answer on last page



EXTRAS

SHOW ME WHAT YOU CAN DO

Can you create some new movements?

What did you find hard?

Why did you find it hard?

Can you make it easier?

What actions were the most fun to do?

Why were they fun?

Can you create your own story with new actions?

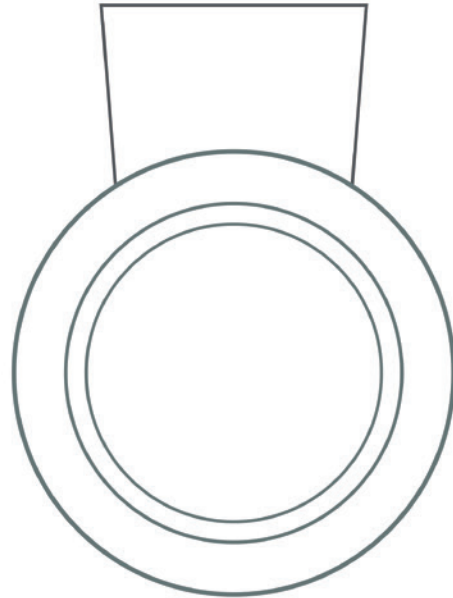
Can you show your story to a friend?

WELL DONE!

Well done, you've completed Reggie Goes to the Moon.

You've won a medal.

Can you make you own medal to show all your friends?



WHAT CAN YOU DO WITH THESE ACTIONS?

Can you think of any activities or sports where these actions you've learnt are used?

Actions

Activities / Sports

Crawling

Walking

Foxes

Running

Jumping

Hopping

Jumping (Distance)

Star Shape

Actions

Activities / Sports

Straight Shape

Angry Cat

Balance (One Foot)

Climbing

Pushing an Object

Log Roll

Pulling an Object

Scooting

Under Arm Roll

Under Arm Throw

Catching an Object

Kicking a Ball

STEP

**STEP is a great way to plan your skills within
Reggie Goes to the Moon**

SPACE How can you change the area you play in?

Where can you play?

Can you make the space bigger or smaller?

Can you have more than one section of your area?

TASK Can people play the activity differently?

How can you change the game so everyone can do it?

Can you change the activity to make it easier and harder?

Can you play the activity in different positions?

EQUIPMENT What equipment can you use?

Can you use different coloured equipment?

Can you use lighter equipment?

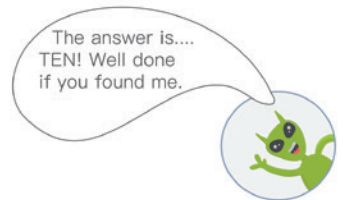
Can you use larger equipment?

Can you use equipment with different materials?

PEOPLE Who can play?

Can you change the number of people playing?

Can each player have different skills to complete?





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