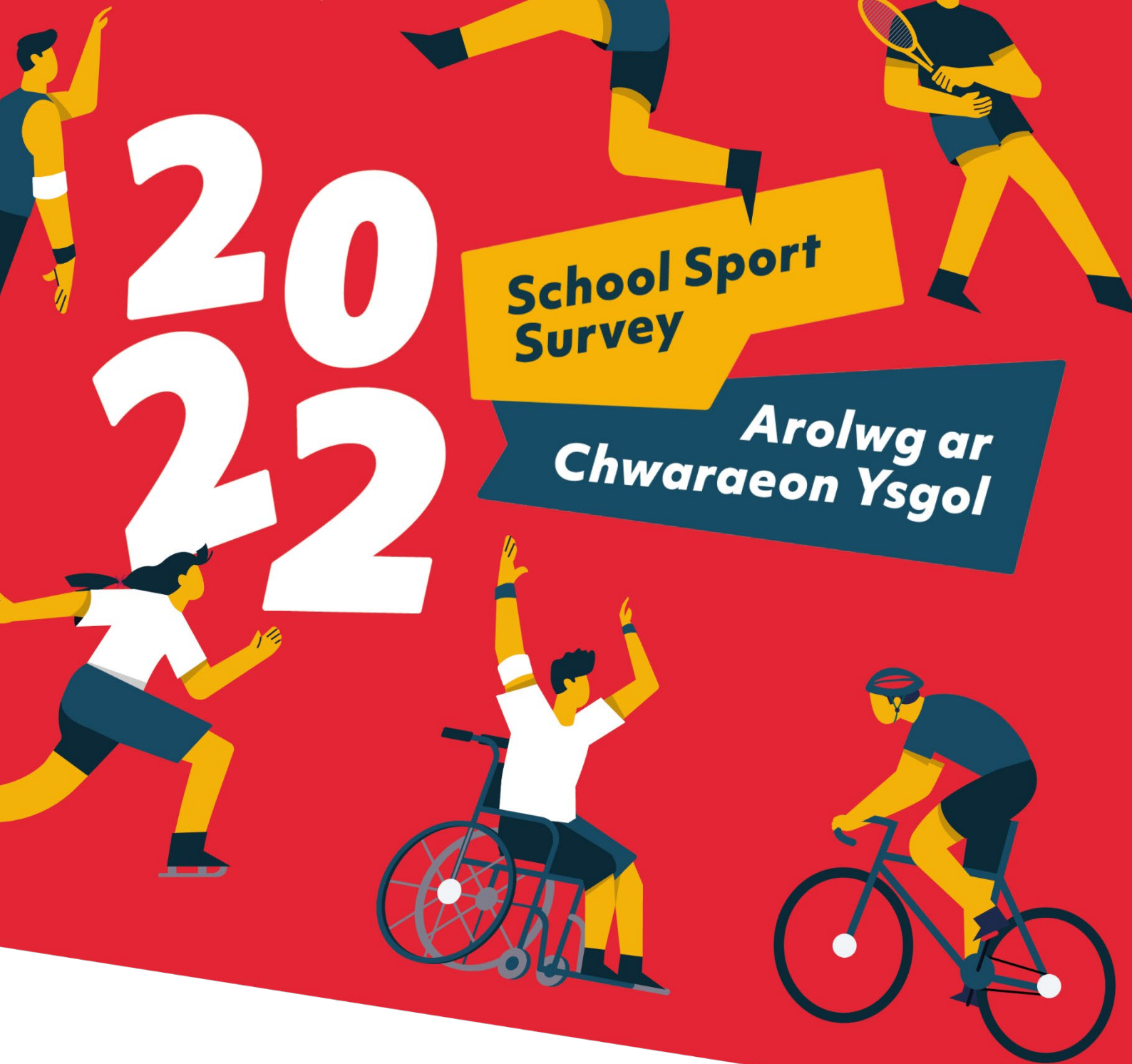


sportwales  
chwaraeoncymru



20  
22

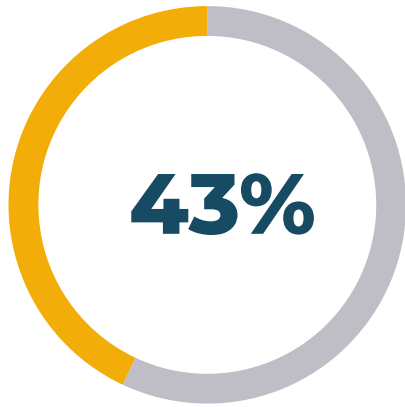
**School Sport  
Survey**

**Arolwg ar  
Chwaraeon Ysgol**

**Vale of Glamorgan Report**

**2022**

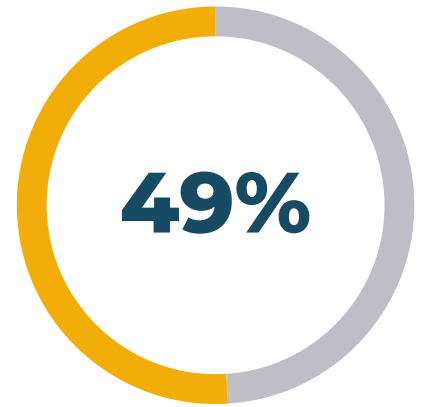
# Key Stats for Vale of Glamorgan



of pupils participated in organised sport outside of the curriculum three or more times per week\*



of pupils 'always' feel their ideas about PE are listed to



of pupils believe that PE and sport help them 'a lot' to have a healthy lifestyle

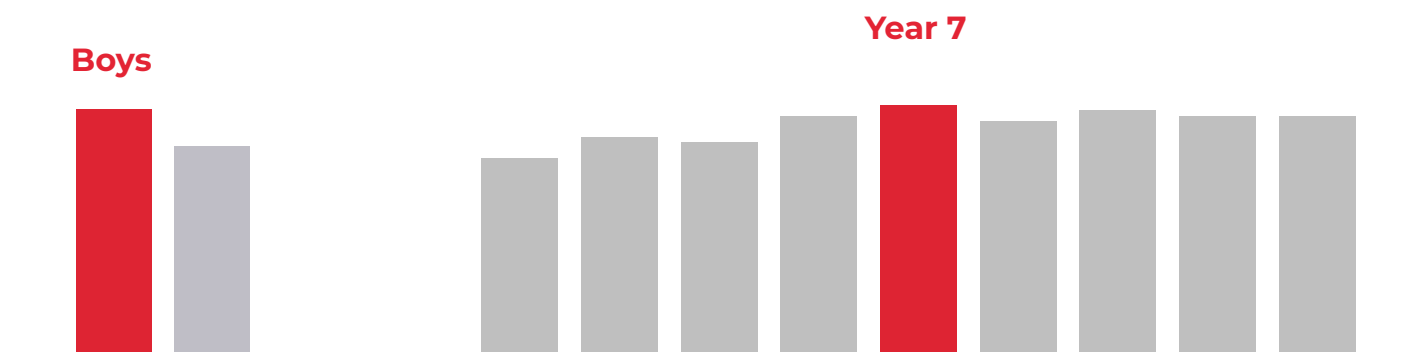


Boys mostly participated in **Football**



Girls mostly participated in **Swimming**

## Participation was highest for:



\*Organised sport refers to any extracurricular or community club participation.

# Introduction

**After being delayed due to the COVID-19 pandemic, the School Sport Survey is back! This year, 116,038 pupils from 1,000 schools in Wales took part.**

In this report we've collated what we learned about pupils in Vale of Glamorgan, where 4,284 pupils told us about their experiences of sport this year.

We've structured this report around the Vision for Sport in Wales<sup>1</sup> – 'an active nation where everyone can have a lifelong enjoyment of sport'. We want as many people as possible to be inspired to be active through sport, where everyone feels able to take part no matter their sporting background, in a sporting landscape that responds to the needs of people at different stages of their life, to create a wide range of positive experiences.



## This report is organised in four sections



**Active Nation**



**Everyone**



**Lifelong**



**Enjoyment**

By using this as the basis for our report, you can see how Vale of Glamorgan contributes to the Vision, and where there could be scope to do things differently. Comparisons with Central South and Wales are provided throughout.

This report contains key data that can help you and your schools improve their sporting offer. We hope the evidence contained in this report will allow you to better understand the sporting landscape for young people in Vale of Glamorgan and across Wales, and aid you in enhancing the lives of your pupils.

Yours Sincerely

Brian Davies

Acting Chief Executive Officer

<sup>1</sup> [www.visionforsport.wales](http://www.visionforsport.wales)

# Active nation



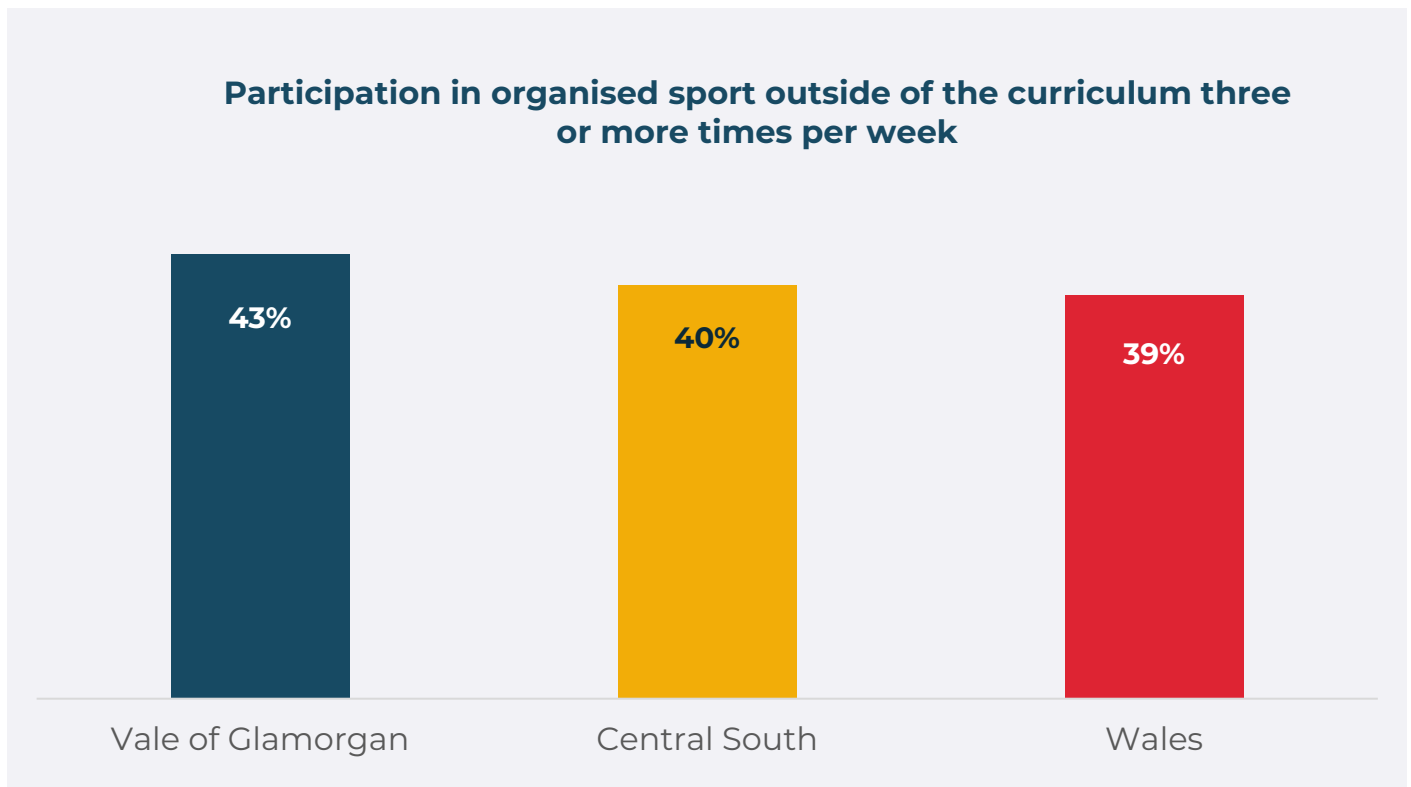
The vision for sport in Wales is to create an active nation. We want as many people as possible to be inspired to be active through sport.

## Frequency of participation

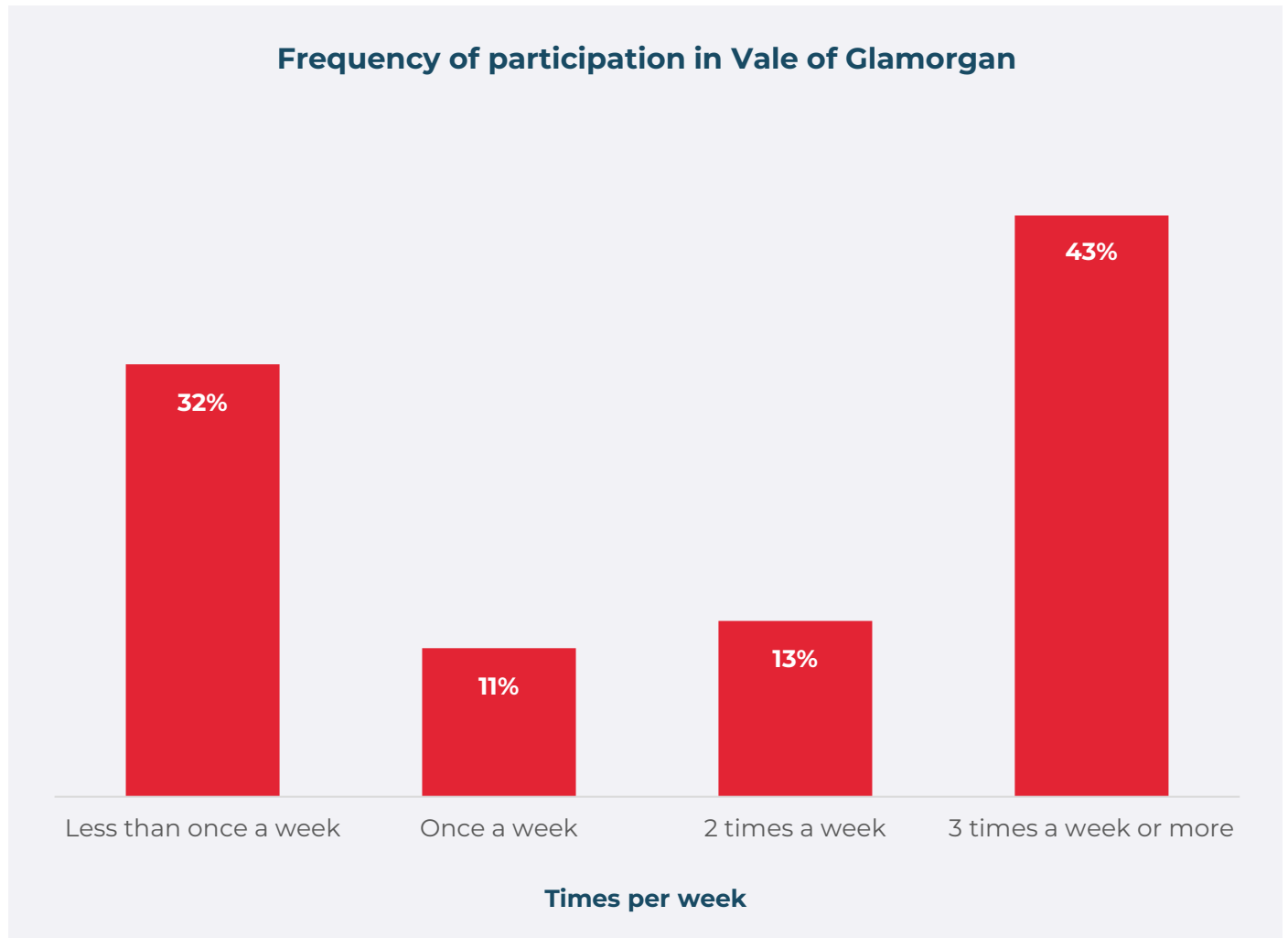
The proportion of children participating in organised sport outside of the curriculum three or more times per week is an indicator for the Wellbeing of Future Generations.

In Vale of Glamorgan 43% of children participated in sport outside of the curriculum three or more times a week. This is compared to 40% across Central South and 39% across Wales.

Participation in organised sport outside of the curriculum three or more times per week



32% of pupils in Vale of Glamorgan report no frequent participation (i.e. less than once a week), compared to 35% across Central South and 36% across Wales. 68% in Vale of Glamorgan reported participating in sport at least once a week, compared to 65% across Central South and 64% across Wales.

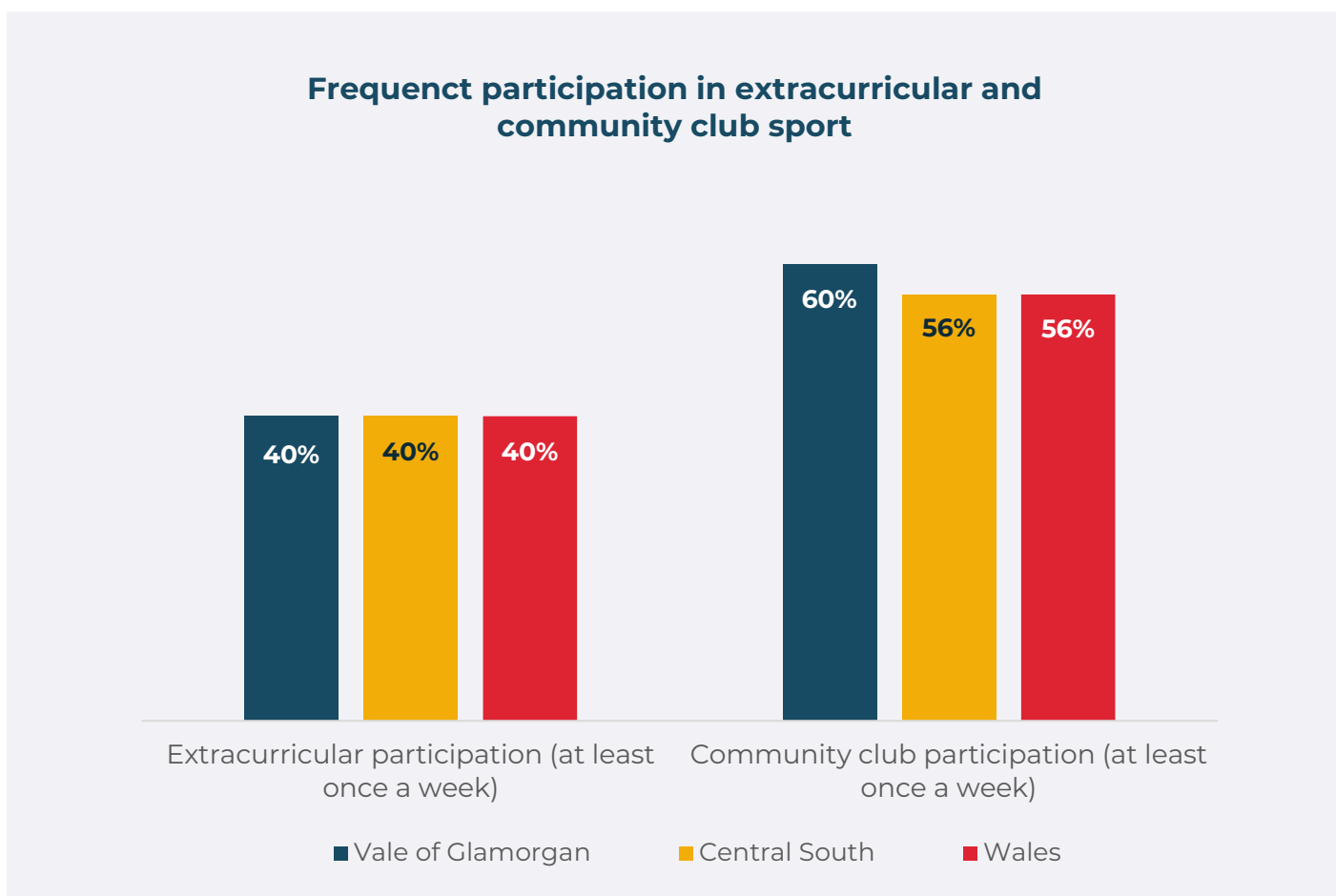


## Extracurricular and community club sport

40% of pupils in Vale of Glamorgan participated in extracurricular sport (i.e., lunch time or after school club) frequently (at least once per week) in the 2021-22 school year, compared to 40% across Central South and 40% across Wales.

60% of pupils participated in sport in a community club at least once a week, compared to 56% across Central South and 56% across Wales.

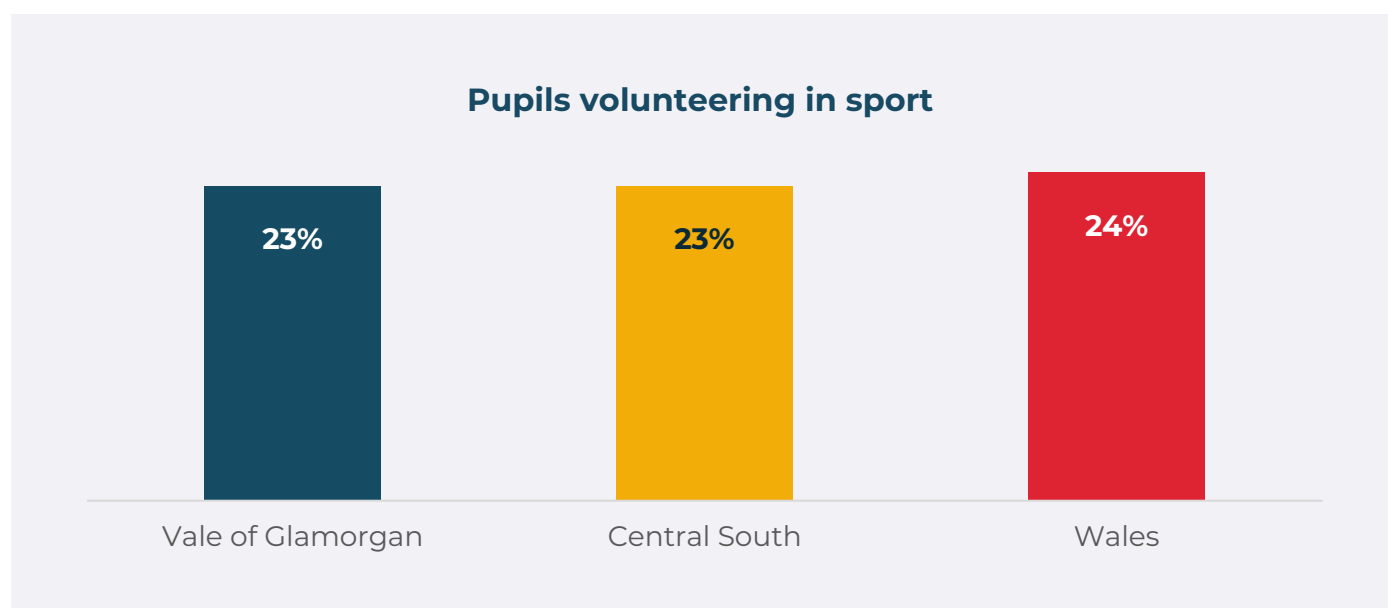
60% of pupils in Vale of Glamorgan also reported that they were members of a sports club, compared to 55% across Central South and 54% across Wales.



## Volunteering

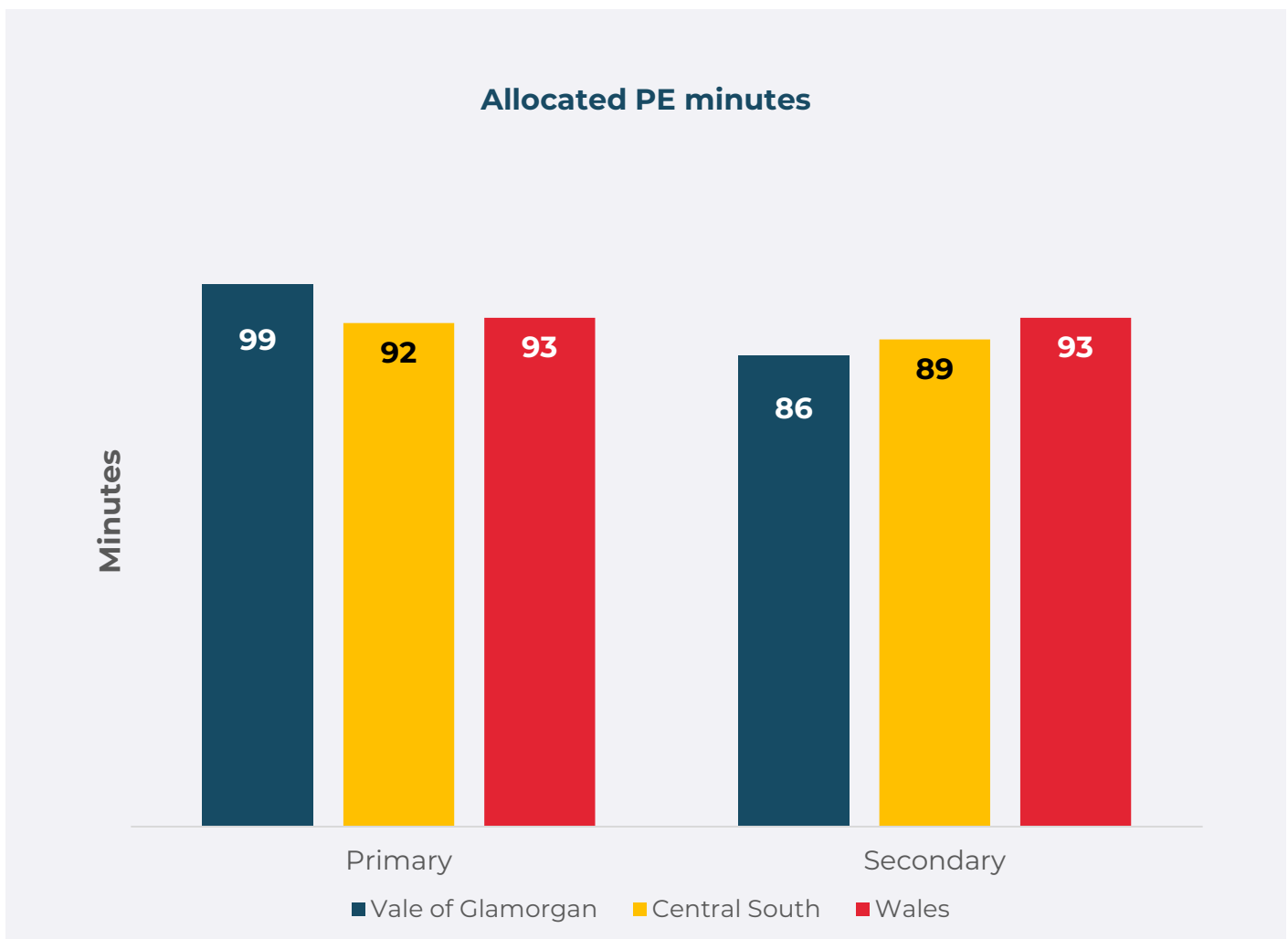
Pupils may also work toward an active nation by helping to deliver sport. Pupils were asked if they volunteer or help with a sport at school or in their community.

23% of pupils within Vale of Glamorgan stated that they currently volunteer within or outside of school in some way, compared to 23% across Central South and 24% across Wales.



## PE provision

It has previously been recommended that schools offer 120 minutes of PE per week to pupils. In Vale of Glamorgan, 99 minutes were on average offered to primary school pupils, while 86 minutes on average were offered to secondary school pupils. In comparison, 93 minutes on average were on offer to primary pupils across Wales, and 93 minutes on average were on offer to secondary school pupils across Wales.



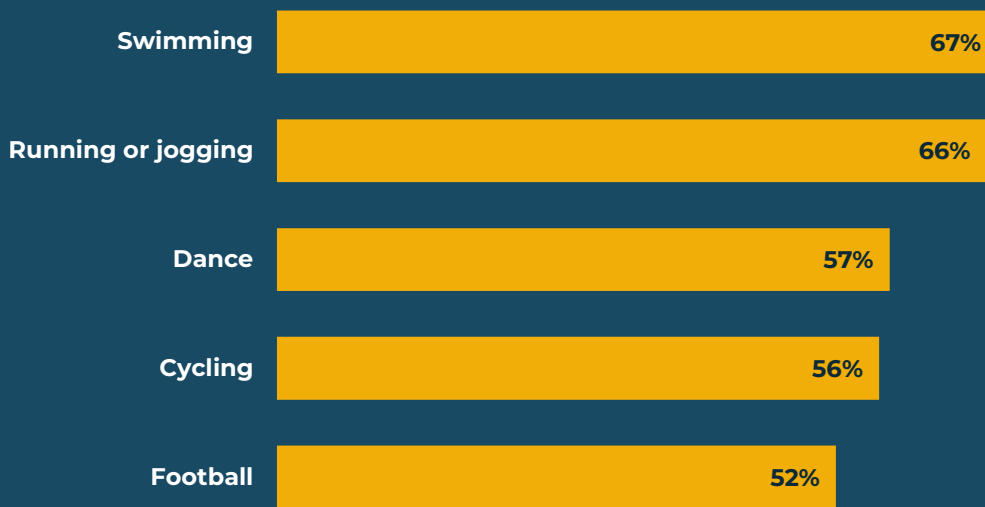
This year, we also asked schools how much time of PE allocation was spent on other activities, such as getting changed, and setting up. In Vale of Glamorgan, 40% of primary schools and 88% of secondary schools stated that some time allocated to PE was taken up with other activities. By comparison, 45% of primary schools and 79% of secondary schools in Central South, and 40% of primary schools and 80% of secondary schools in Wales stated that some time allocated to PE was taken up with other activities.



# Most popular sports

There are gender differences in the popularity of specific sports. In Vale of Glamorgan the sport most participated in for girls was Swimming whilst the sport most participated in for boys was Football. A summary of the most popular sports in Vale of Glamorgan, Central South and Wales can be viewed in appendix A.

## Girls



## Boys



# Everyone



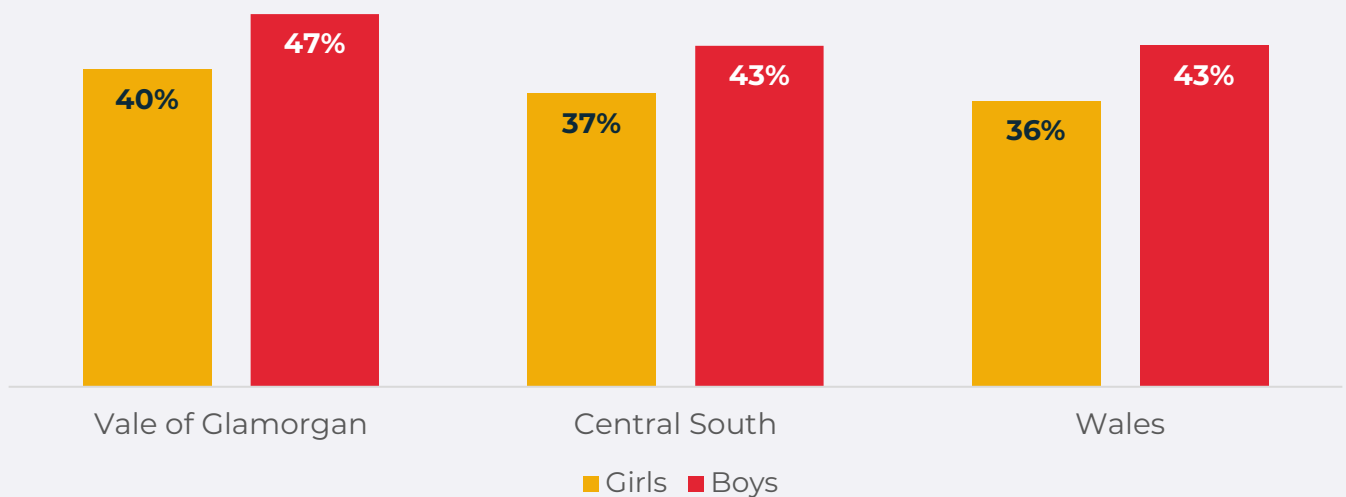
The vision is for everyone. From people who don't see themselves as sporty to people who win medals, across all demographics.

## Gender

Historically, there has been a gap in sports participation across Wales, with girls consistently reporting less participation in sport than their male counterparts. Furthermore, participation amongst children who don't identify as male or female in Wales is typically lower still.

In Vale of Glamorgan 47% of boys participated in organised sport outside of the curriculum three or more times a week, compared to 40% of girls. Meanwhile in Central South, 43% of boys and 37% of girls participated in organised sport outside of the curriculum three or more times a week.

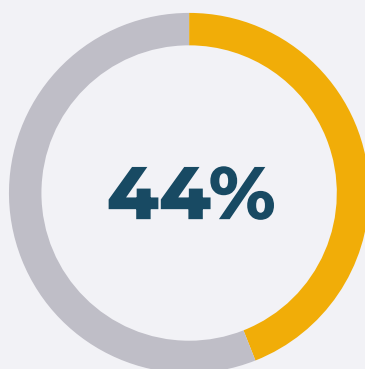
**Participation in organised sport outside of the curriculum three or more times a week for boys and girls**



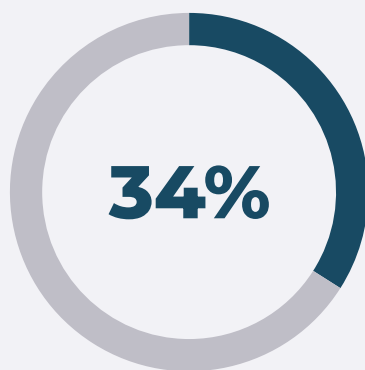
## Disability or Impairment

Recent years have seen a shrinking gap in sports participation between individuals with a disability or impairment, and those without. In Vale of Glamorgan, 34% of pupils with a disability or impairment participated in organised sport outside of the curriculum three or more times per week, compared to 44% of pupils without.

**Participation in organised sport outside the curriculum three or more times per week by pupils with no disability or impairment**



**Participation in organised sport outside the curriculum three or more times per week by pupils with a disability or impairment**

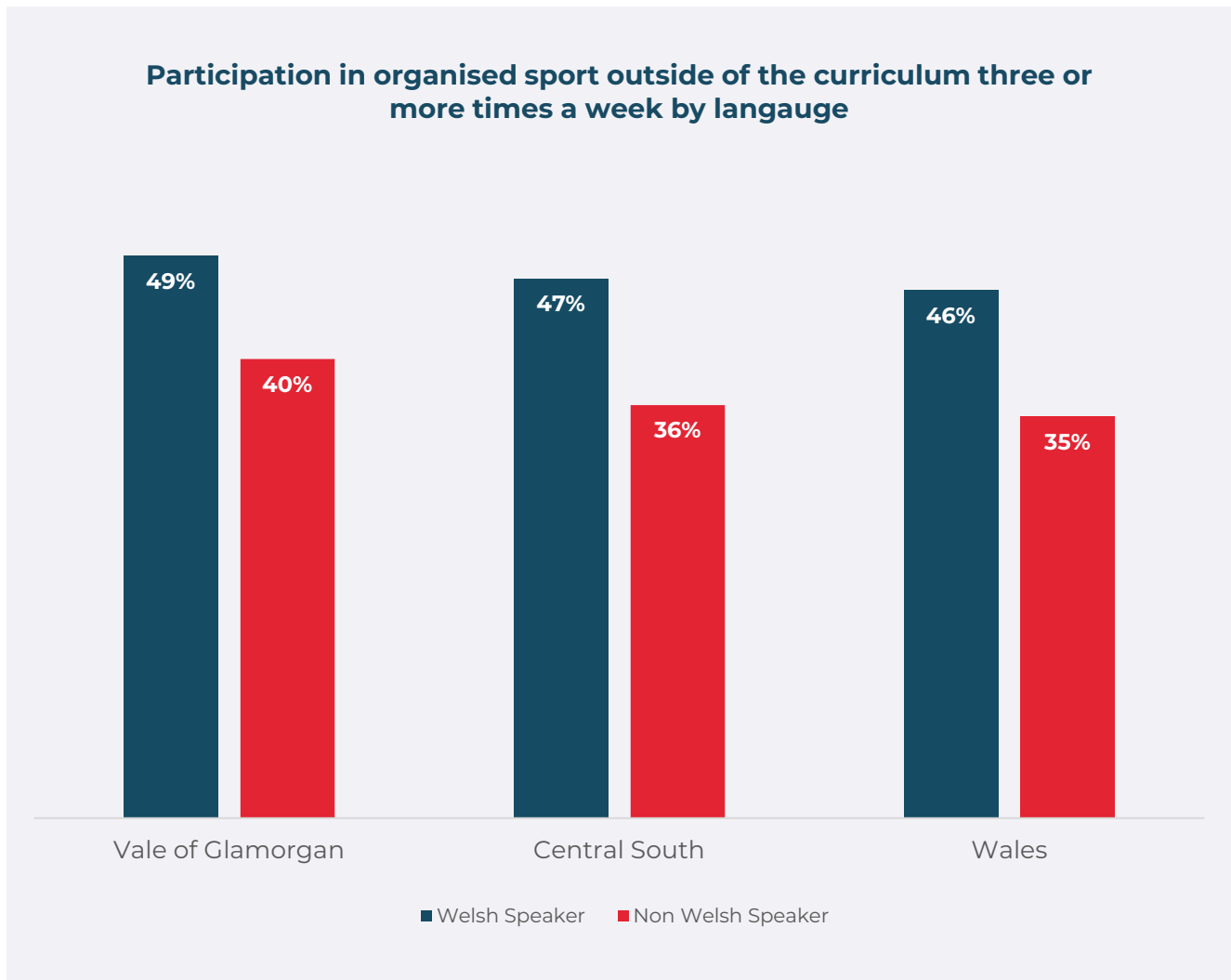


By comparison, 35% of pupils with a disability or impairment participated in organised sport outside of the curriculum three times a week or more across Central South, and 35% across Wales<sup>2</sup>.

<sup>2</sup> Due to insufficient data at lower geographical levels, special school data is only included at the Wales level, and not at the Regional Sport Partnership / Local Authority Level

## Welsh language

Sport can be used to promote the use of Welsh. 47% of those who speak Welsh<sup>3</sup> in Central South participated in organised sport outside of the curriculum three or more times a week, compared to just 36% of those who didn't speak Welsh. Of those who do speak Welsh, 9% receive coaching in the Welsh outside of school.



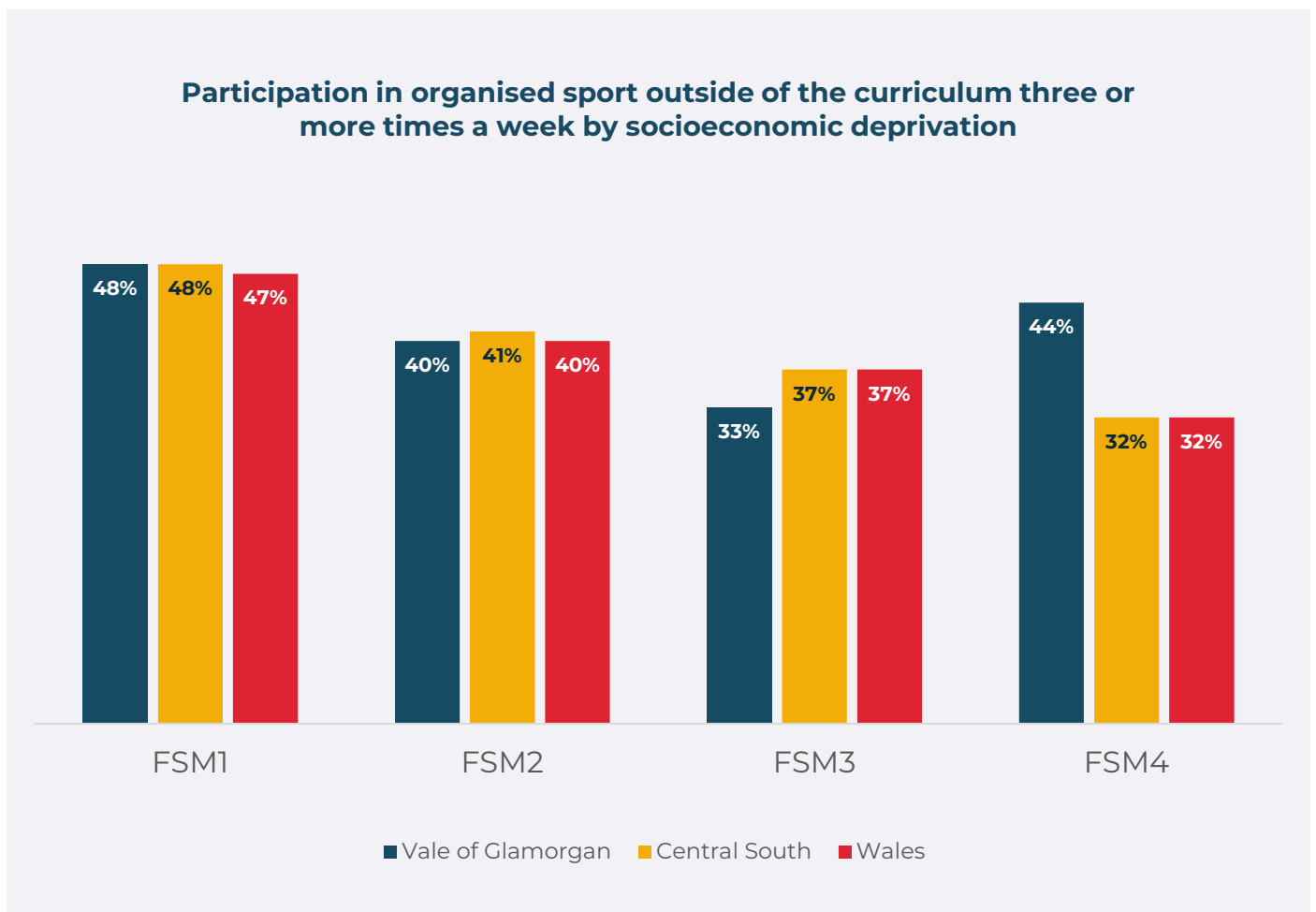
<sup>3</sup> Speak Welsh includes fluent speakers, and those who can chat confident and simply in Welsh

## Socioeconomic deprivation

The COVID-19 pandemic saw many societal inequalities exacerbated, including those impacting on sport.

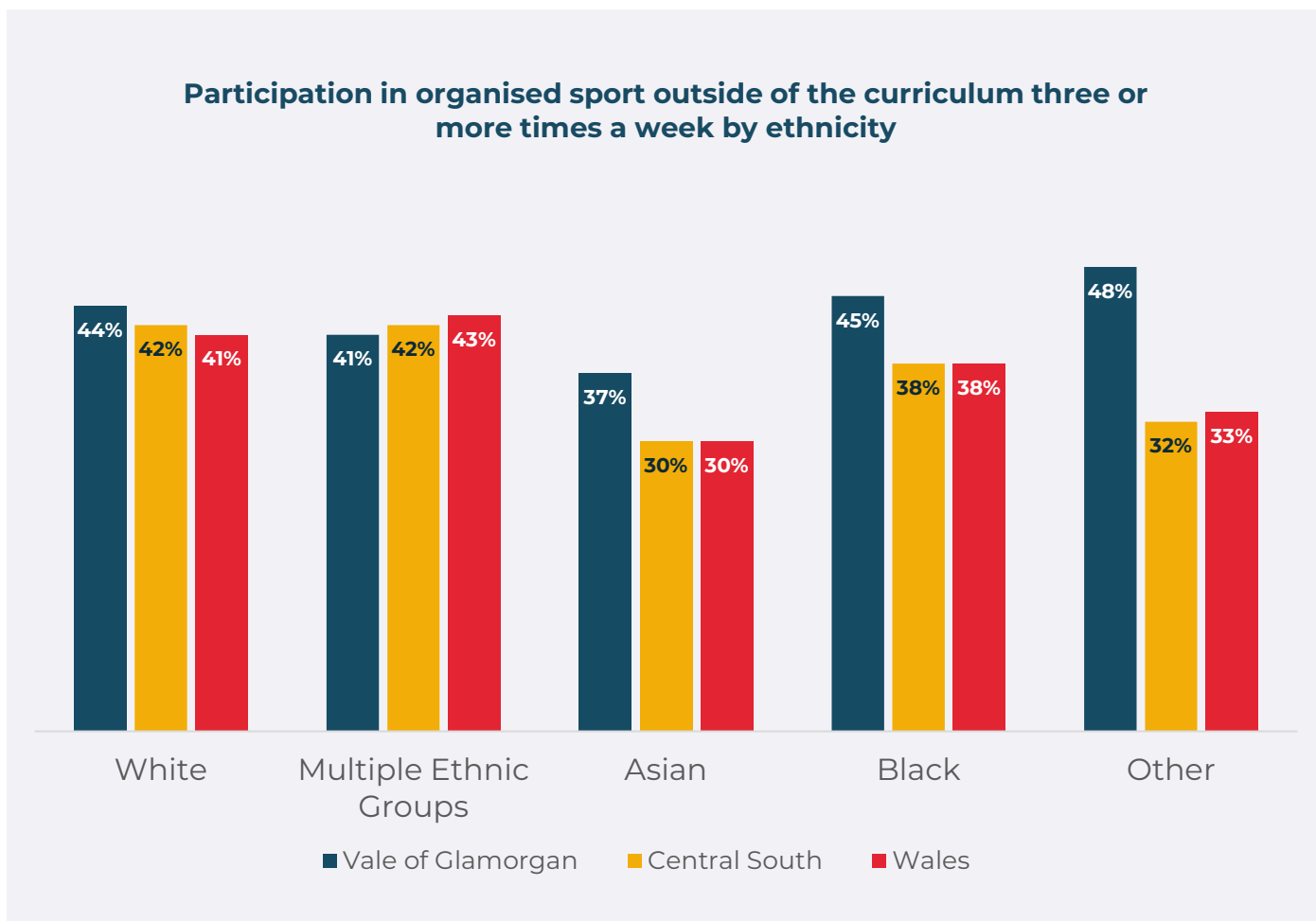
We use Free School Meal (FSM) as a measure of socioeconomic deprivation, with FSM1 being the least and FSM4 accounting for the most deprived.

48% of FSM1 pupils in Vale of Glamorgan participate in organised sport outside of the curriculum three or more times a week, compared to 44% in FSM4. Meanwhile, 47% of FSM1 pupils and 32% of FSM4 pupils in Wales participate in organised sport outside of the curriculum three or more times a week.



## Ethnicity

In Vale of Glamorgan, the ethnic group where pupils were most likely to be participating in organised sport outside of the curriculum three or more times a week was Other, whilst Asian pupils had the lowest rates of participation.



# Lifelong

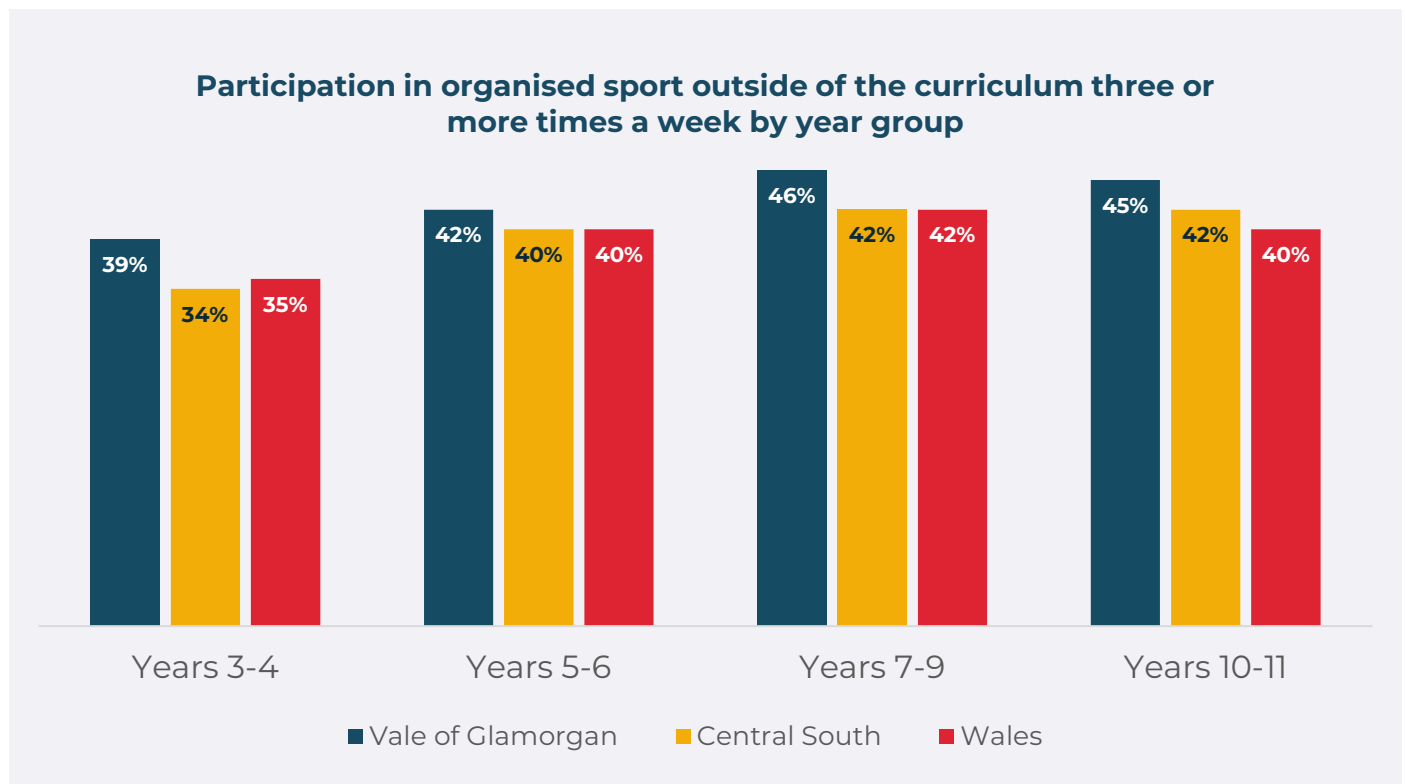


The vision is for life. It responds to the needs of people at different stages of their life.

## The impact of year groups

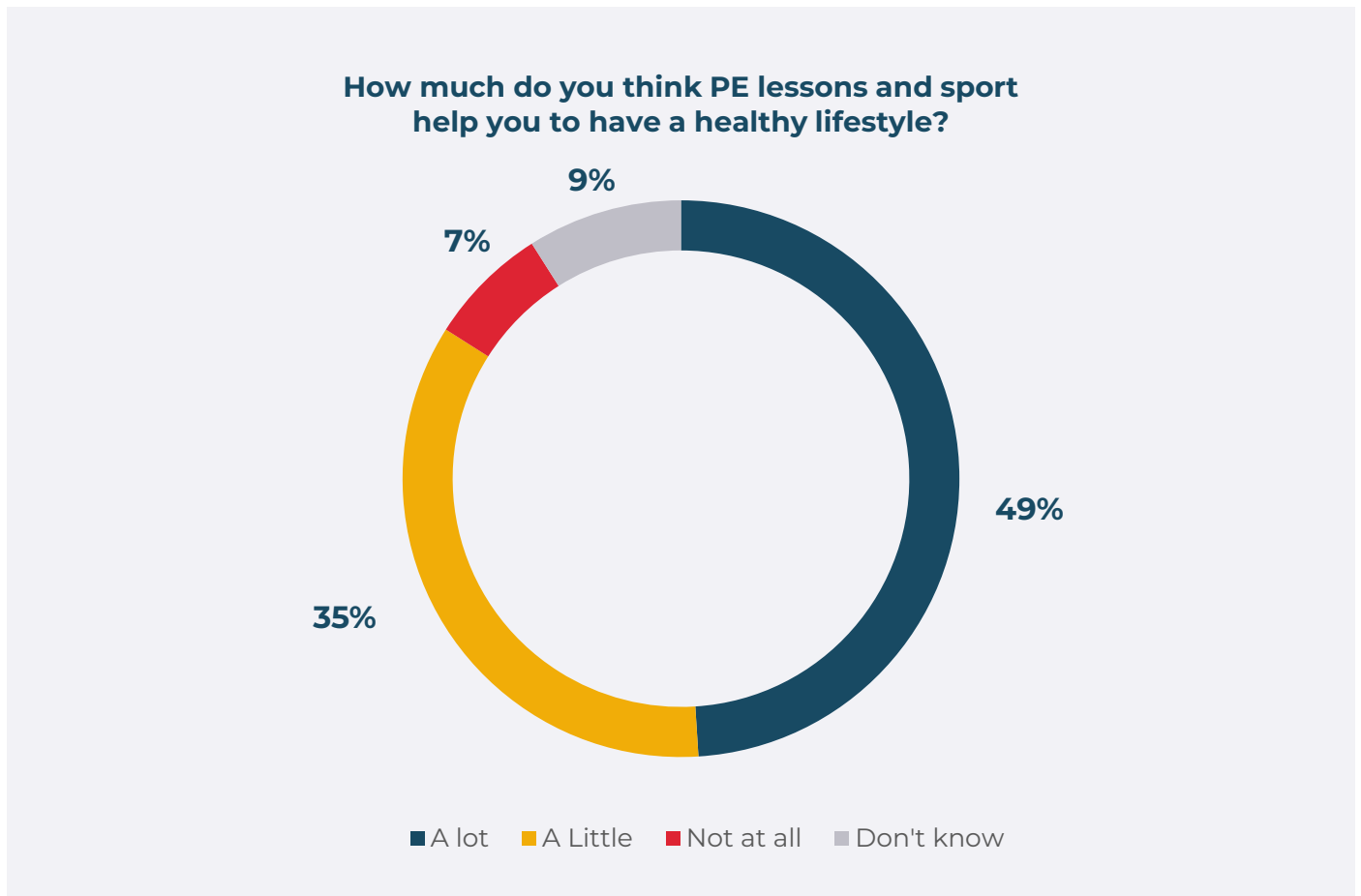
Sports participation varies with year groups, typically peaking when students are in years 5 and 6, and then generally declining from there.

In Vale of Glamorgan, 42% of pupils in years 5-6 participated in organised sport outside of the curriculum three or more times a week, compared to 46% of pupils in years 7-9 and 45% of pupils in years 10-11, respectively.



## Healthy lifestyle

The new school curriculum for Wales emphasises that 'developing physical health and well-being has lifelong benefits'. 49% of pupils in Vale of Glamorgan felt that PE lessons and sport help them 'a lot' to have a healthy lifestyle, compared to 50% in Central South and 51% across Wales.





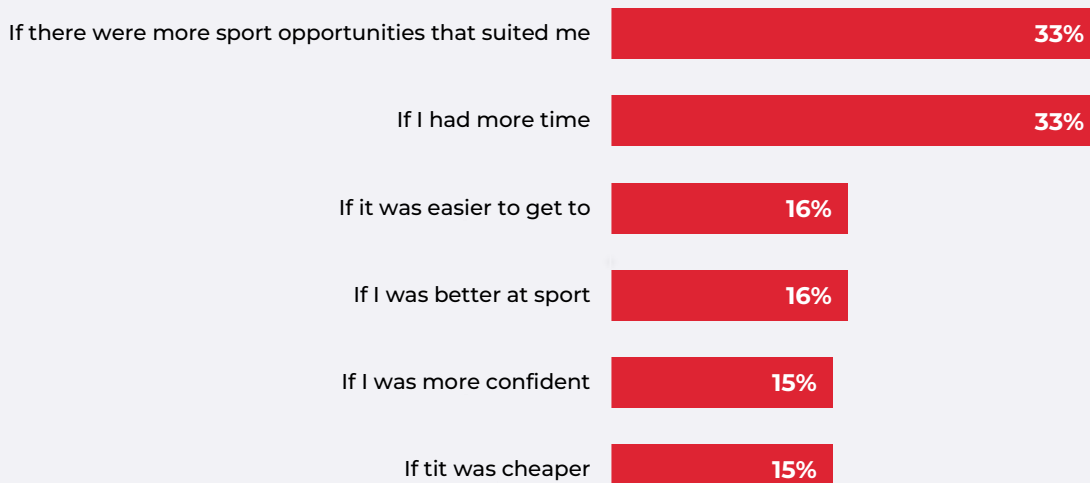
## Responding to needs

To be able to make sport a lifelong activity, we need to be able to respond to pupils' needs and desires, recognising barriers to participation. The main responses from pupils in Central South to the statement 'I would do more sport if...' were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls, while the main responses across Wales were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls. The following two figures show the main responses from girls and boys in Vale of Glamorgan.

### The main responses from girls to the statement "I would do more sport if..." were



### The main responses from boys to the statement "I would do more sport if..." were



# Latent demand

One way that we can respond to needs is by acting on latent demand. Latent demand is where pupils say they would like to do more of a particular sport. In Vale of Glamorgan, the greatest demand amongst girls was for Swimming and the greatest demand for boys was for Football. Of pupils who responded to the survey in Vale of Glamorgan, 93% of pupils would like to do more sport, compared to 93% across Central South and 93% across Wales.

The following figure shows to sports with the highest latent demand for girls and boys in Vale of Glamorgan, while a summary of latent demand across Vale of Glamorgan, Central South and Wales can be viewed in appendix C.

## Girls



## Boys



Another way that we can respond to the needs of pupils is by acting on unmet demand. Unmet demand is where pupils would like to do a sport which they are not currently taking part in. Unmet demand of pupils in Vale of Glamorgan can be viewed in Appendix E.

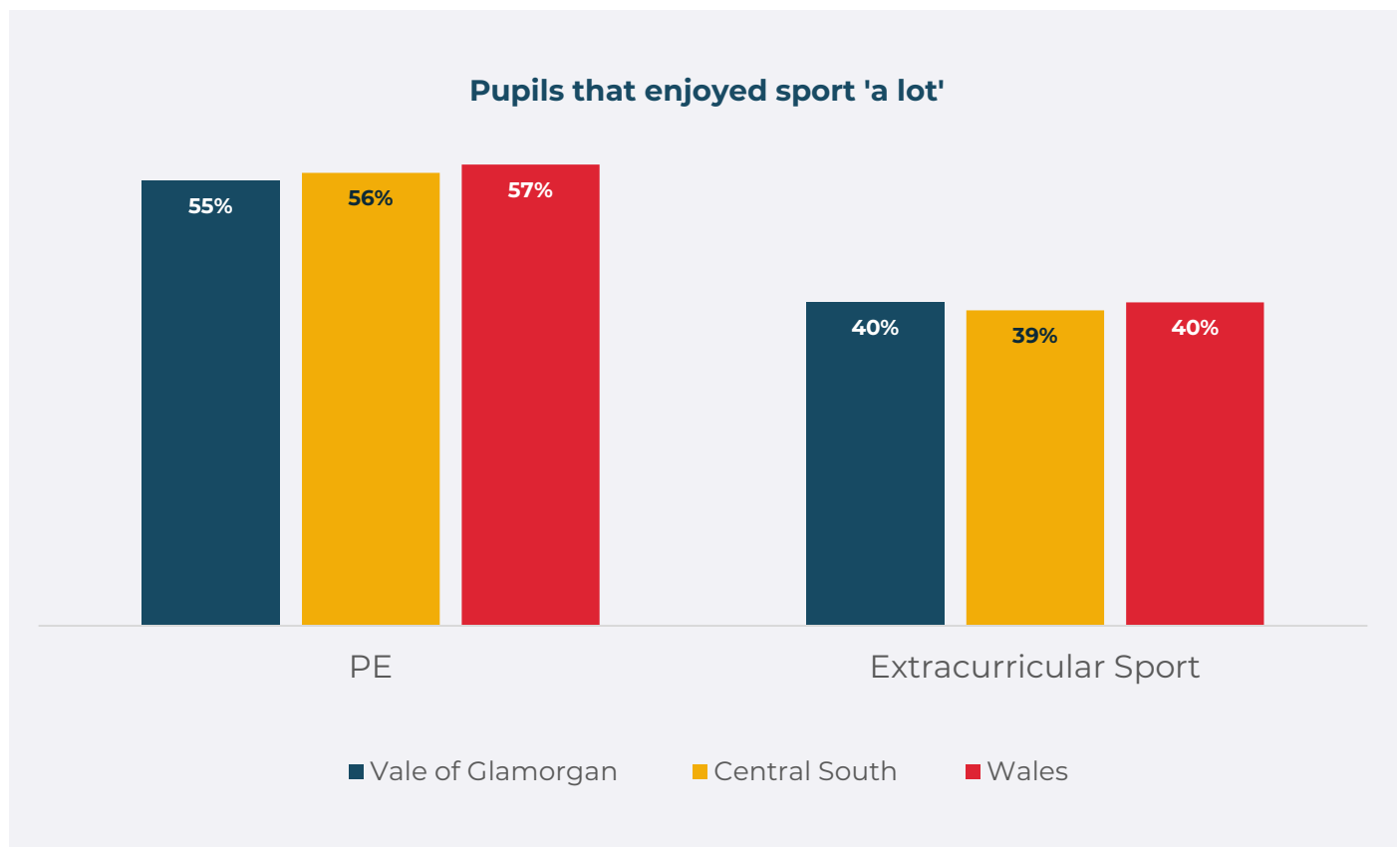
# Enjoyment



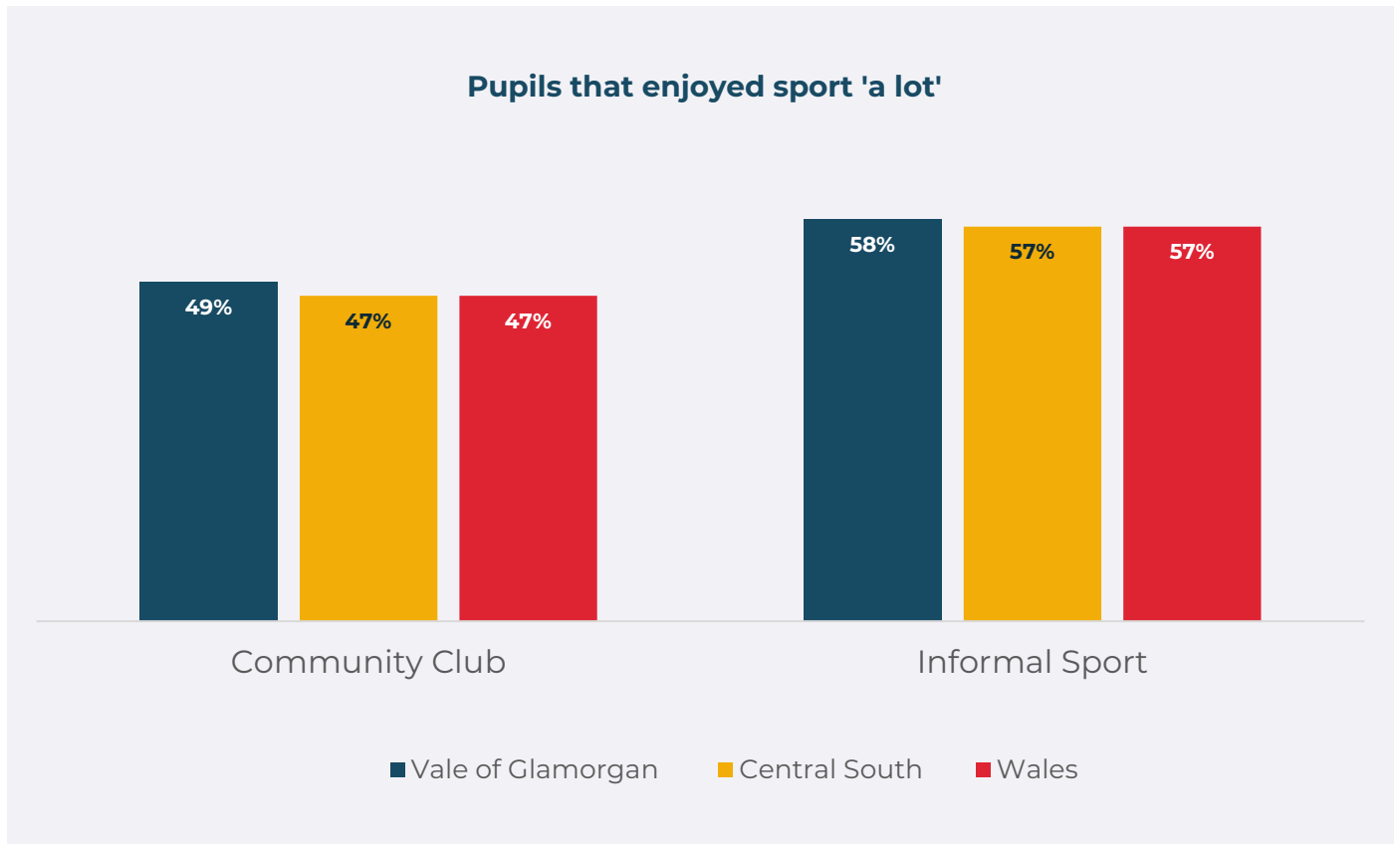
The vision focuses on creating a wide range of positive experiences so everyone can enjoy sport.

**The 2018 School Sports Survey showed that pupils are almost twice as likely to participate in organised sport outside of the curriculum on three or more occasions a week if they enjoy school sport 'a lot'.**

In Vale of Glamorgan in 2022, 55% of pupils enjoyed PE 'a lot', in comparison to 56% in Central South and 57% across Wales. Meanwhile, 40% of pupils enjoyed extracurricular sport 'a lot' in Vale of Glamorgan in 2022. In comparison, 39% of pupils in Central South and 40% of pupils across Wales enjoyed extracurricular sport 'a lot'.



Enjoyment and good experiences of sport in school can lead to participation outside of school, and can help build a habit of a healthy and active lifestyle. 49% and 58% of pupils in Vale of Glamorgan enjoyed community club and informal sport 'a lot', respectively. Meanwhile 47% in Central South and 47% across Wales enjoyed community club sport 'a lot', and 57% in Central South and 57% across Wales enjoyed informal sport 'a lot'.



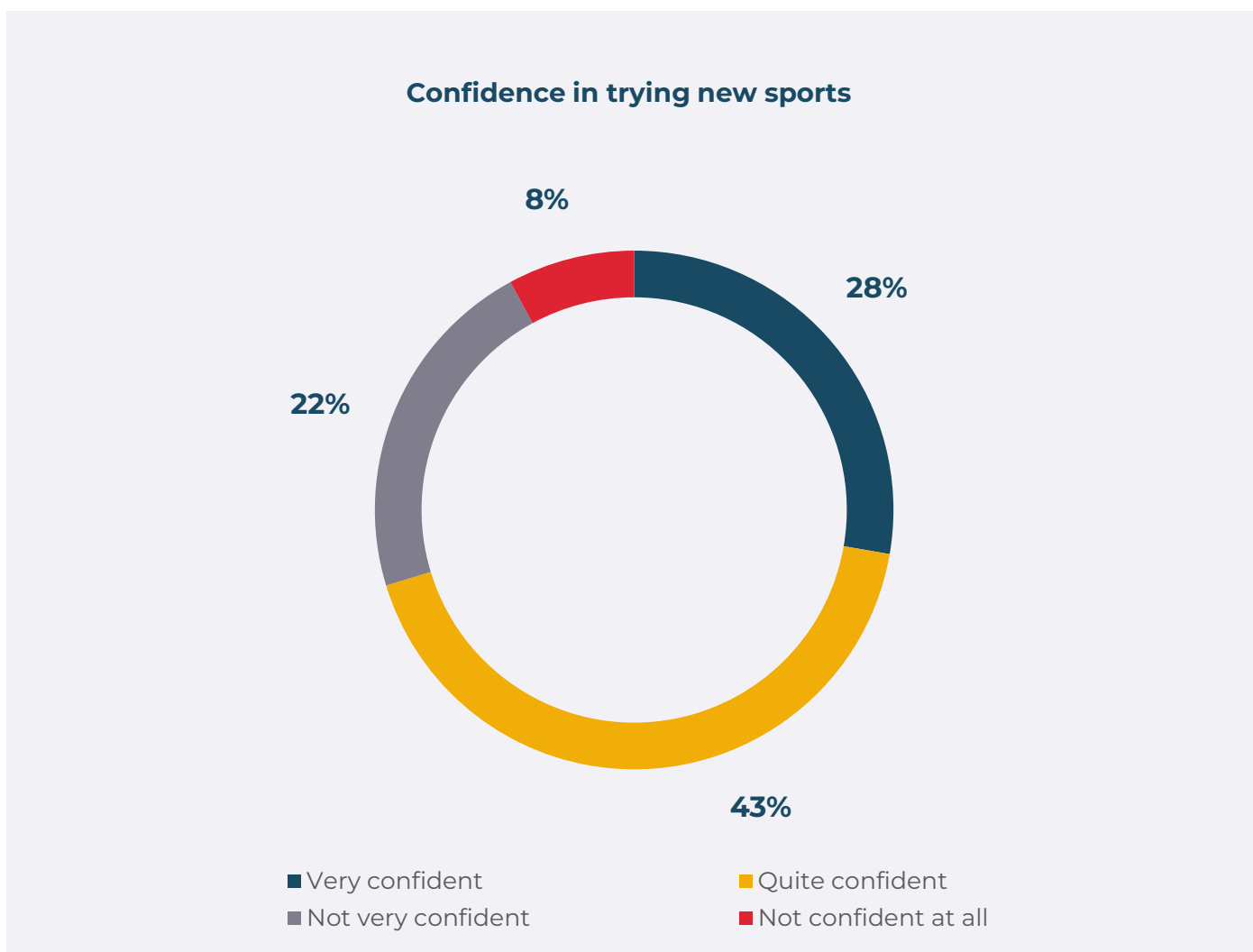
Historically, enjoyment of sport is one of those areas where we often see significant difference between boys and girls. In Vale of Glamorgan, 65% of boys enjoyed PE 'a lot', compared to 46% of girls.

Traditionally, pupils who 'always' feel listened to are more likely to participate more frequently in sport and enjoy PE and sport at school. In Vale of Glamorgan, 15% of pupils said their ideas were 'always' listened to, and 45% said their ideas were listened to 'sometimes'. In comparison with Central South, 16% in said their ideas were 'always' listened to, and 44% said their ideas were listened to 'sometimes'.

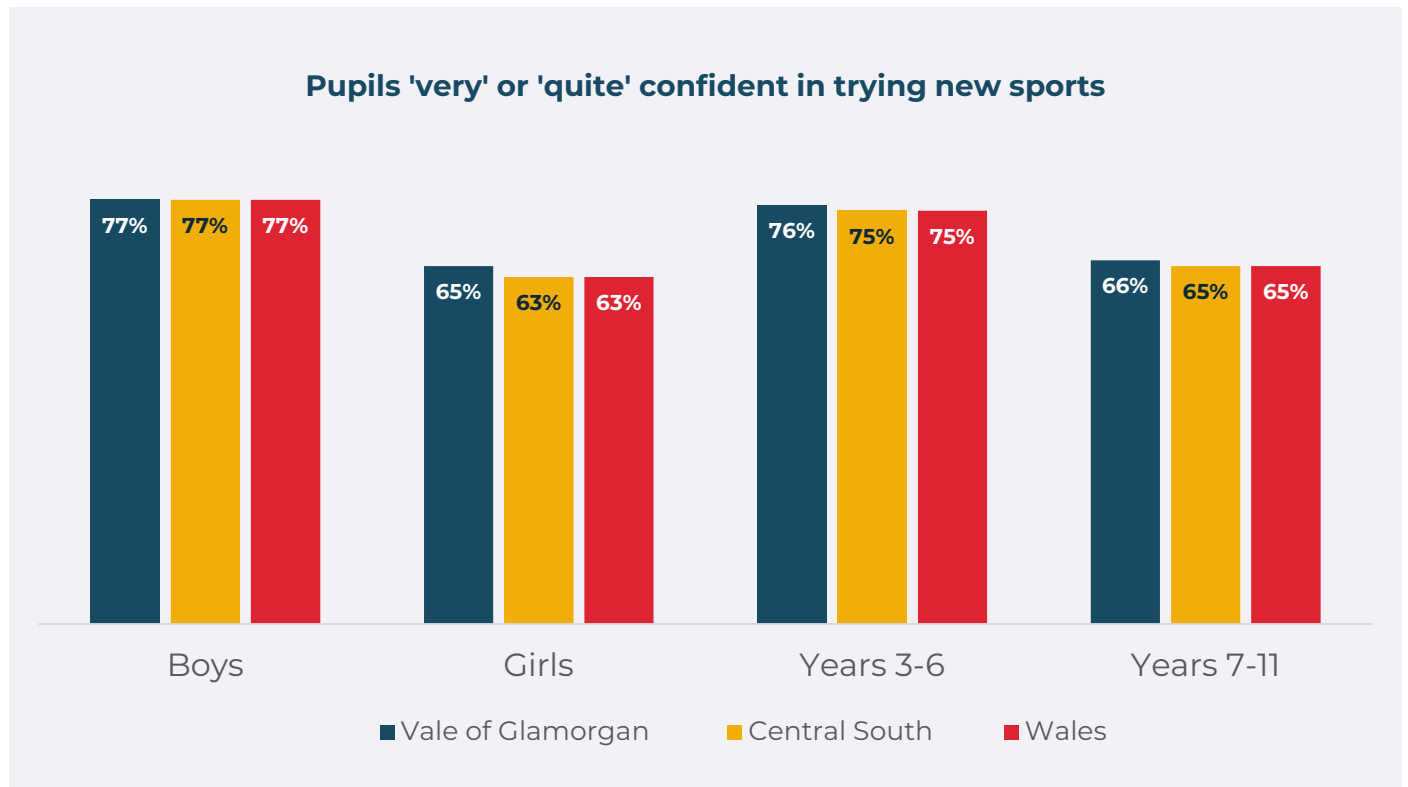
This is another area where we commonly see a gender divide: in Vale of Glamorgan 20% of boys felt listened to 'always', compared to 12% of girls. A similar pattern is observed in Central South where 19% of boys and 13% of girls said their ideas were 'always' listened to.

## Confidence

Young people's confidence to engage in new sporting opportunities has a large impact on their participation in sport. The 2018 Sport Wales Survey showed that pupils who are very confident in trying new activities are twice as likely to participate in sport three or more times per week. In Vale of Glamorgan, 71% of pupils felt either quite confident or very confident in trying new sports, compared to 69% in Central South and 69% across Wales.



Whilst 77% of boys in Vale of Glamorgan felt either very confident or quite confident trying new sports, 65% of girls felt similarly.



# Conclusions

## Active nation

- 43% of pupils in Vale of Glamorgan participate in organised sport outside of the curriculum three or more times per week.
- In Vale of Glamorgan, the most popular sport for boys was Football and the most popular sport for girls was Swimming.

## Everyone

The groups in Vale of Glamorgan with the highest rates of participation were:

- Boys
- Year 7

## Lifelong

- 93% of pupils in Vale of Glamorgan want to do more sport.
- The sport in Vale of Glamorgan with the most demand for boys is Football and for girls is Swimming.
- 49% of pupils in Vale of Glamorgan feel that PE lessons and sport help them 'a lot' to have a healthy lifestyle.

## Enjoyment

- 55% of pupils in Vale of Glamorgan enjoy PE 'a lot'.
- 28% of pupils in Vale of Glamorgan felt 'very confident' in trying new sports.

# Thank you

Thank you for helping us carry out this year's School Sport Survey. We hope that the information in this report will help you plan for the future, taking into account the needs and experiences of young people within Vale of Glamorgan and Central South. By working together, we can achieve the Vision for Sport in Wales, ensuring sport is accessible to everyone in building a truly active nation.

For more information, visit [www.sport.wales/research-and-insight/school-sport-survey](http://www.sport.wales/research-and-insight/school-sport-survey).

If you have any questions about the survey or this report, please contact:  
[SchoolSportSurvey@sport.wales](mailto:SchoolSportSurvey@sport.wales)

## Citbag

Visit Citbag. A Sport Wales hub of hundreds of free resources – supporting sporting experiences as part of the new Curriculum for Wales.

Go to <https://citbag.sport.wales/>





# Appendix A

Full list of sports participated in at least once in any setting in the last year

Sport	Vale of Glamorgan	Central South	Wales
Archery	25%	21%	21%
Athletics	29%	26%	27%
Badminton	28%	29%	30%
Basketball	51%	52%	50%
BMX	19%	21%	22%
Boccia	1%	2%	2%
Bowls	15%	15%	15%
Boxing	18%	18%	18%
Canoeing or Kayaking	22%	17%	21%
Caving	8%	7%	8%
Cheerleading	6%	7%	6%
Climbing inside or outside	29%	28%	30%
Cricket	27%	31%	31%
Curling	2%	2%	2%
Cycling	57%	56%	59%
Dance	39%	39%	38%
Dodgeball	39%	39%	40%
Fencing	6%	4%	4%
Field Hockey	13%	11%	12%
Fishing or Angling	12%	13%	15%
Fitness classes	26%	24%	25%
Football	63%	64%	64%
Goalball	2%	2%	2%
Golf	32%	30%	30%
Gymnastics	22%	20%	19%
Horse riding	17%	16%	17%
Ice Hockey	3%	3%	3%

Judo	5%	6%	6%
Karate	16%	14%	13%
Lacrosse	1%	2%	2%
Lifesaving	13%	10%	10%
Motor sports	19%	18%	19%
Mountain biking	18%	22%	24%
Netball	25%	26%	27%
Paddleboarding	24%	16%	20%
Parkour	24%	25%	24%
Pool or Snooker	37%	38%	40%
Roller sports	17%	15%	14%
Rounders, Baseball or Softball	32%	30%	33%
Rowing	9%	7%	7%
Rugby	33%	36%	37%
Running or jogging	68%	70%	71%
Sailing	7%	6%	6%
Skateboarding	24%	22%	22%
Snowsports	9%	8%	8%
Squash	7%	9%	9%
Surfing	14%	12%	13%
Swimming	63%	60%	62%
Table tennis	34%	34%	35%
Target shooting	14%	13%	14%
Tennis or short tennis	40%	34%	35%
Trampolining	37%	38%	39%
Triathlon	4%	4%	5%
Volleyball	16%	15%	14%
Water polo	9%	10%	11%
Weightlifting	25%	25%	25%
Wheelchair basketball	1%	1%	2%
Wheelchair rugby	1%	1%	1%
Wheelchair tennis	1%	1%	1%
Windsurfing	2%	2%	3%
Wrestling	10%	10%	11%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix B

Full list of sports participated in at least once in any setting in the last year by gender

Sport	Vale of Glamorgan	Girls (Vale of Glamorgan)	Boys (Vale of Glamorgan)
Archery	25%	25%	27%
Athletics	29%	29%	29%
Badminton	28%	29%	27%
Basketball	51%	43%	59%
BMX	19%	13%	25%
Boccia	1%	-	2%
Bowls	15%	15%	15%
Boxing	18%	13%	24%
Canoeing or Kayaking	22%	23%	22%
Caving	8%	8%	9%
Cheerleading	6%	10%	3%
Climbing inside or outside	29%	31%	28%
Cricket	27%	21%	33%
Curling	2%	2%	3%
Cycling	57%	56%	58%
Dance	39%	57%	21%
Dodgeball	39%	38%	41%
Fencing	6%	5%	6%
Field Hockey	13%	14%	11%
Fishing or Angling	12%	8%	17%
Fitness classes	26%	33%	17%
Football	63%	52%	75%
Goalball	2%	2%	3%
Golf	32%	29%	37%
Gymnastics	22%	34%	10%
Horse riding	17%	25%	10%
Ice Hockey	3%	2%	5%
Judo	5%	3%	7%

Karate	16%	12%	19%
Lacrosse	1%	-	2%
Lifesaving	13%	16%	10%
Motor sports	19%	12%	26%
Mountain biking	18%	13%	23%
Netball	25%	37%	14%
Paddleboarding	24%	28%	21%
Parkour	24%	17%	30%
Pool or Snooker	37%	30%	44%
Roller sports	17%	25%	9%
Rounders, Baseball or Softball	32%	31%	34%
Rowing	9%	8%	9%
Rugby	33%	22%	44%
Running or jogging	68%	66%	70%
Sailing	7%	5%	8%
Skateboarding	24%	27%	20%
Snowsports	9%	9%	9%
Squash	7%	6%	9%
Surfing	14%	14%	15%
Swimming	63%	67%	60%
Table tennis	34%	30%	38%
Target shooting	14%	10%	17%
Tennis or short tennis	40%	39%	41%
Trampolining	37%	38%	36%
Triathlon	4%	4%	4%
Volleyball	16%	16%	17%
Water polo	9%	9%	9%
Weightlifting	25%	15%	34%
Wheelchair basketball	1%	-	1%
Wheelchair rugby	1%	-	1%
Wheelchair tennis	1%	-	2%
Windsurfing	2%	2%	3%
Wrestling	10%	7%	13%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix C

## Full list of sports with latent demand

Sport	Vale of Glamorgan	Central South	Wales
Archery	36%	35%	35%
Athletics	21%	22%	22%
Badminton	24%	27%	27%
Basketball	46%	47%	46%
BMX	21%	24%	24%
Boccia	2%	3%	3%
Bowls	11%	13%	13%
Boxing	28%	30%	30%
Canoeing or Kayaking	26%	24%	26%
Caving	15%	17%	18%
Cheerleading	13%	15%	14%
Climbing inside or outside	29%	29%	31%
Cricket	20%	25%	25%
Curling	6%	7%	7%
Cycling	41%	43%	44%
Dance	24%	25%	25%
Dodgeball	30%	32%	32%
Fencing	15%	15%	14%
Field Hockey	10%	10%	10%
Fishing or Angling	15%	17%	19%
Fitness classes	16%	17%	18%
Football	41%	42%	43%
Goalball	3%	4%	4%
Golf	28%	28%	28%
Gymnastics	21%	20%	20%
Horse riding	25%	28%	28%
Ice Hockey	11%	12%	11%
Judo	12%	14%	14%

Karate	23%	23%	22%
Lacrosse	5%	5%	5%
Lifesaving	14%	14%	14%
Motor sports	30%	32%	32%
Mountain biking	19%	23%	25%
Netball	18%	20%	20%
Paddleboarding	26%	21%	23%
Parkour	27%	31%	30%
Pool or Snooker	28%	31%	32%
Roller sports	18%	20%	19%
Rounders, Baseball or Softball	20%	21%	22%
Rowing	11%	11%	11%
Rugby	19%	21%	21%
Running or jogging	34%	36%	37%
Sailing	12%	12%	12%
Skateboarding	23%	24%	23%
Snowsports	19%	21%	21%
Squash	10%	13%	13%
Surfing	25%	25%	26%
Swimming	48%	48%	48%
Table tennis	30%	32%	32%
Target shooting	26%	28%	27%
Tennis or short tennis	39%	38%	38%
Trampolining	40%	41%	40%
Triathlon	7%	9%	10%
Volleyball	16%	17%	16%
Water polo	11%	14%	14%
Weightlifting	26%	28%	28%
Wheelchair basketball	2%	3%	3%
Wheelchair rugby	2%	3%	3%
Wheelchair tennis	3%	4%	4%
Windsurfing	10%	11%	11%
Wrestling	15%	18%	18%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix D

## Full list of sports with latent demand by gender

Sport	Vale of Glamorgan	Girls (Vale of Glamorgan)	Boys (Vale of Glamorgan)
Archery	36%	35%	36%
Athletics	21%	22%	20%
Badminton	24%	24%	23%
Basketball	46%	41%	51%
BMX	21%	13%	28%
Boccia	2%	2%	2%
Bowls	11%	9%	13%
Boxing	28%	22%	34%
Canoeing or Kayaking	26%	27%	25%
Caving	15%	13%	17%
Cheerleading	13%	25%	2%
Climbing inside or outside	29%	29%	28%
Cricket	20%	15%	26%
Curling	6%	5%	6%
Cycling	41%	38%	44%
Dance	24%	38%	10%
Dodgeball	30%	29%	31%
Fencing	15%	13%	15%
Field Hockey	10%	12%	8%
Fishing or Angling	15%	9%	21%
Fitness classes	16%	23%	9%
Football	41%	30%	53%
Goalball	3%	3%	4%
Golf	28%	20%	35%
Gymnastics	21%	35%	8%
Horse riding	25%	38%	12%
Ice Hockey	11%	10%	12%
Judo	12%	9%	14%

Karate	23%	21%	25%
Lacrosse	5%	7%	3%
Lifesaving	14%	18%	11%
Motor sports	30%	20%	40%
Mountain biking	19%	15%	24%
Netball	18%	28%	8%
Paddleboarding	26%	32%	20%
Parkour	27%	23%	32%
Pool or Snooker	28%	18%	38%
Roller sports	18%	26%	10%
Rounders, Baseball or Softball	20%	19%	22%
Rowing	11%	11%	10%
Rugby	19%	12%	25%
Running or jogging	34%	31%	37%
Sailing	12%	10%	13%
Skateboarding	23%	25%	20%
Snowsports	19%	20%	20%
Squash	10%	9%	11%
Surfing	25%	28%	22%
Swimming	48%	51%	45%
Table tennis	30%	26%	35%
Target shooting	26%	21%	30%
Tennis or short tennis	39%	38%	41%
Trampolining	40%	45%	34%
Triathlon	7%	7%	8%
Volleyball	16%	16%	14%
Water polo	11%	14%	9%
Weightlifting	26%	16%	35%
Wheelchair basketball	2%	2%	2%
Wheelchair rugby	2%	2%	2%
Wheelchair tennis	3%	3%	3%
Windsurfing	10%	10%	10%
Wrestling	15%	11%	19%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.



# Appendix E

## Full list of sports with unmet demand

Sport	Vale of Glamorgan	Central South	Wales
Archery	20%	22%	21%
Athletics	9%	10%	10%
Badminton	9%	11%	10%
Basketball	13%	13%	13%
BMX	11%	12%	11%
Boccia	2%	3%	2%
Bowls	5%	7%	7%
Boxing	15%	17%	17%
Canoeing or Kayaking	15%	16%	15%
Caving	11%	14%	14%
Cheerleading	10%	11%	10%
Climbing inside or outside	13%	15%	15%
Cricket	7%	9%	9%
Curling	5%	6%	6%
Cycling	9%	11%	10%
Dance	5%	5%	5%
Dodgeball	12%	13%	13%
Fencing	12%	13%	13%
Field Hockey	5%	6%	5%
Fishing or Angling	9%	11%	11%
Fitness classes	6%	7%	7%
Football	4%	5%	4%
Goalball	3%	3%	3%
Golf	11%	12%	12%
Gymnastics	9%	10%	10%
Horse riding	15%	19%	18%
Ice Hockey	9%	10%	9%
Judo	9%	11%	10%

Karate	13%	15%	15%
Lacrosse	5%	5%	4%
Lifesaving	9%	9%	10%
Motor sports	17%	20%	20%
Mountain biking	10%	11%	11%
Netball	7%	7%	7%
Paddleboarding	12%	12%	12%
Parkour	15%	16%	16%
Pool or Snooker	8%	10%	10%
Roller sports	10%	12%	12%
Rounders, Baseball or Softball	8%	9%	8%
Rowing	8%	9%	9%
Rugby	5%	5%	5%
Running or jogging	4%	4%	4%
Sailing	9%	9%	9%
Skateboarding	11%	13%	12%
Snowsports	14%	17%	16%
Squash	7%	9%	8%
Surfing	17%	18%	18%
Swimming	11%	12%	11%
Table tennis	13%	14%	14%
Target shooting	19%	20%	19%
Tennis or short tennis	16%	17%	16%
Trampolining	18%	18%	17%
Triathlon	6%	7%	7%
Volleyball	9%	11%	10%
Water polo	8%	9%	9%
Weightlifting	11%	12%	13%
Wheelchair basketball	2%	3%	3%
Wheelchair rugby	2%	3%	3%
Wheelchair tennis	3%	4%	4%
Windsurfing	9%	10%	10%
Wrestling	9%	11%	11%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix F

## Full list of sports with unmet demand

Sport	Vale of Glamorgan	Girls (Vale of Glamorgan)	Boys (Vale of Glamorgan)
Archery	20%	20%	18%
Athletics	9%	10%	7%
Badminton	9%	9%	9%
Basketball	13%	15%	11%
BMX	11%	8%	14%
Boccia	2%	2%	2%
Bowls	5%	4%	6%
Boxing	15%	12%	17%
Canoeing or Kayaking	15%	15%	14%
Caving	11%	10%	12%
Cheerleading	10%	19%	2%
Climbing inside or outside	13%	14%	12%
Cricket	7%	6%	8%
Curling	5%	4%	6%
Cycling	9%	9%	10%
Dance	5%	7%	2%
Dodgeball	12%	11%	12%
Fencing	12%	11%	12%
Field Hockey	5%	6%	4%
Fishing or Angling	9%	6%	13%
Fitness classes	6%	9%	4%
Football	4%	5%	4%
Goalball	3%	3%	3%
Golf	11%	9%	14%
Gymnastics	9%	15%	4%
Horse riding	15%	23%	7%
Ice Hockey	9%	9%	9%
Judo	9%	7%	10%

Karate	13%	15%	12%
Lacrosse	5%	7%	3%
Lifesaving	9%	11%	7%
Motor sports	17%	12%	22%
Mountain biking	10%	8%	11%
Netball	7%	10%	3%
Paddleboarding	12%	15%	9%
Parkour	15%	15%	14%
Pool or Snooker	8%	5%	11%
Roller sports	10%	14%	6%
Rounders, Baseball or Softball	8%	7%	8%
Rowing	8%	9%	7%
Rugby	5%	5%	5%
Running or jogging	4%	4%	4%
Sailing	9%	8%	9%
Skateboarding	11%	12%	9%
Snowsports	14%	15%	14%
Squash	7%	7%	7%
Surfing	17%	20%	13%
Swimming	11%	11%	10%
Table tennis	13%	13%	13%
Target shooting	19%	17%	20%
Tennis or short tennis	16%	16%	16%
Trampolining	18%	21%	14%
Triathlon	6%	5%	7%
Volleyball	9%	10%	7%
Water polo	8%	10%	6%
Weightlifting	11%	8%	13%
Wheelchair basketball	2%	2%	2%
Wheelchair rugby	2%	2%	2%
Wheelchair tennis	3%	3%	3%
Windsurfing	9%	10%	9%
Wrestling	9%	7%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix G

## I would do more sport if... list

	Vale of Glamorgan	Central South	Wales
If there were more sport opportunities that suited me	32%	36%	37%
If I didn't have to get the school bus home	6%	6%	6%
If I had more time	36%	35%	36%
If it was cheaper	18%	16%	17%
If it was easier to get to	16%	17%	19%
If I had the equipment I need	14%	16%	16%
If the places I played sport in were better	8%	10%	10%
If boys and girls did sport or PE separately	7%	9%	9%
If boys and girls did sport or PE together	8%	9%	10%
If I enjoyed PE more	14%	15%	16%
If I enjoyed sport more	14%	15%	15%
If more people in the sport looked like me	4%	5%	5%
If I was more confident	22%	24%	25%
If I was better at sports	19%	20%	20%
If I could manage my period better	5%	5%	5%
If someone else went with me	23%	22%	23%
I do not need or want to play more sport	9%	9%	9%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

# Appendix H

## I would do more sport if... list by gender

	Vale of Glamorgan	Girls (Vale of Glamorgan)	Boys (Vale of Glamorgan)
If there were more sport opportunities that suited me	32%	32%	33%
If I didn't have to get the school bus home	6%	7%	5%
If I had more time	36%	39%	33%
If it was cheaper	18%	21%	15%
If it was easier to get to	16%	16%	16%
If I had the equipment I need	14%	12%	14%
If the places I played sport in were better	8%	8%	9%
If boys and girls did sport or PE separately	7%	10%	4%
If boys and girls did sport or PE together	8%	10%	6%
If I enjoyed PE more	14%	17%	11%
If I enjoyed sport more	14%	15%	12%
If more people in the sport looked like me	4%	5%	3%
If I was more confident	22%	29%	15%
If I was better at sports	19%	21%	16%
If I could manage my period better	5%	7%	2%
If someone else went with me	23%	32%	13%
I do not need or want to play more sport	9%	7%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.