

Vale Sport & Play Healthy Living Team

PLAY IDEAS



IN YOUR NEIGHBOURHOOD!

CHECK OUT SOME OF OUR SUGGESTIONS
FOR THINGS TO DO WHERE YOU
LIVE TO STAY CREATIVE, MOVING AND
FULL OF IMAGINATION THIS SUMMER!

f VALESPORTSPLAY

VALESPORTSTEAM

VALEOFGLAMORGAN.GOV.UK/SPORTSANDPLAY

CAN YOU USE YOUR IMAGINATION TO SEE EVERYDAY
(OR FANTASTICAL) OBJECTS OR ANIMALS IN THE
SHAPES OF THE CLOUDS?

CAN OTHERS GUESS WHAT THEY ARE?



CAN YOU VISIT YOUR NEAREST 'GREEN SPACE' AND IS IT A PARK, FIELD, OR FOREST?

HERE, CAN YOU PLAY HIDE AND SEEK.

OR PLAY A BALL GAME?

WITHOUT LOOKING, CAN YOU DRAW A PICTURE OF THE OUTSIDE OF YOUR HOUSE, OR A ROOM IN YOUR HOUSE?

IF TWO OF YOU ARE DOING IT, SEE WHO CAN
GET THE MOST DETAILS RIGHT!



HOW MANY STATUES (USUALLY PEOPLE MADE OUT OF CONCRETE OR METAL) CAN YOU THINK OF IN YOUR LOCAL AREA, CAN YOU VISIT THEM AND FIND OUT WHY IT IS THERE, AND THE STORY IS BEHIND IT?

WHO WOULD YOU MAKE A STATUE FOR?

CAN YOU DRAW IT, OR MAKE IT OUT OF PLASTICINE OR

PLAY DOUGH?

CAN YOU FIND THE OLDEST BUILDING IN YOUR NEIGHBOURHOOD?

WHAT MAKES YOU THING IT'S OLD? CAN YOU GUESS
HOW OLD IT IS AND CAN YOUR PARENTS HELP
YOU FIND OUT IF YOU WERE RIGHT?



WHAT'S THE TALLEST BUILDING NEAR WHERE
YOU LIVE?

WITHOUT LOOKING, CAN YOU GUESS HOW MANY FLOORS IT HAS?

IF YOU'RE ALLOWED, CAN YOU GO AND SEE IT AND COUNT HOW MANY FLOORS IT HAS?

WHEN WAS THE LAST TIME YOU WENT TO A LOCAL PARK WHERE THERE'S A CLIMBING FRAME / PLAY EQUIPMENT?

IF YOU'RE ALLOWED, CAN YOU MAKE A PLAN TO GO AND HAVE AN EXPLORE?



Can you think of more interesting things in your neighbourhood that you can use your mind, body and imagination to explore?