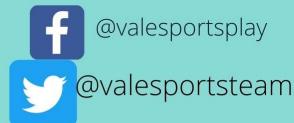


BEACH WALKS





METRES AWAY

BEFORE YOU SET OFF PACK A DRAWING PAD AND
PENCILS TO WRITE DOWN OR
DRAW THE DIFFERENT
SHELLS AND ROCKS YOU
SEE ON YOUR WALK

DURING YOUR WALK - PHYSICAL
ACTIVITY IDEAS

CAN YOU:

- JUMP AND CREATE THE SHAPE OF A STAR FISH
- RUN LIKE A SEA HORSE
- WALK LIKE A CRAB
- CRAWL LIKE A SEA TURTLE
- LEAP LIKE A SALMON



THE BEACH?

CAN YOU DRAW
YOUR FAVOURITE
SEA ANIMAL?

CAN YOU BUILD A SAND
CASTLE?



HOW MANY SHELLS CAN YOU FIND?

CAN YOU RUN THE LENGTH OF