

Making a Plan for My Future

If you have a Statement of Special Educational Needs (SEN), here's what should happen to help you plan for your future:



Year 9

Your school will talk to you about what you would like to do when you get older and leave school. They will talk about the choices you have.



You will then meet with other people who support you, such as a social worker, a teacher or a healthcare worker and together you will make a plan for your future. You can get help from someone before the meeting to help you prepare your thoughts and your school can help with this.



One of the people attending the meeting will become your 'key worker'. This is someone who will make sure your plan runs smoothly and help if there are any problems with the plan.



The plan that everyone makes at the meeting must be about what you want to do, so it will be important to tell everyone what you would like to happen in the future.



Everyone who supports you should have a copy of your plan so that they know what to do to help you to get to where you want to be.

Year 10

You will have another meeting to see how the plan is going.



Depending on what you want to do in the future, new people might come to the meeting to see how they can support you.



Now is a good time to start thinking about whether you want to leave school at 16 or 19.



Year 11

You can take part in work experience, in something you are interested in, to see what it's like going to work.



You will meet with people who support you to see how your plan is going and if anything needs to be changed. New people may come to the meeting such as an adult social worker, adult health service worker or someone from the local college you may want to attend.



You can find out information on things like direct payments and independence.



At the end of year 11 you might want to:

Stay in school, go to college, get a job, or do some training.



Year 12

You might do some more work experience.



You will meet with the people who support you again, to see how your plan for your future is going.



If you need an adult social worker, they may now be involved, to support you to plan for your future.



You might start visits to the place you will go to next.



You might apply for jobs, training, or voluntary positions.

Years 13-14

You might do some more work experience or you might apply for jobs, training or voluntary positions.



You will meet with people who support you again, to see how your plan is going.



You might start visits to the place you will go to next and meet people who will be supporting you there.



You can leave school in year 13 or 14 and go to your new place.

Everyone involved in supporting you should make sure that information about you has been shared with the new place you will go to when you leave school.

Your new place will use all the information to make sure you get the right help when you get there.

Everyone who supports you should have a copy of your plan so that they know what to do to help you to get to where you want to be.