

FAMILIES ACHIEVING CHANGE TOGETHER

FACT

Information for
parents



What are FACT's aims?

To make a plan as a family to help you and your child(ren) overcome difficulties and achieve agreed goals through the help of support agencies.

Who do we help?

- Children, Young people (aged 0-18) and their families from the Vale of Glamorgan, who may benefit from additional support to overcome difficulties and make positive change.

How do we help them?

Following the referral we:

- We will meet with you as a family, so that we can listen to and gain an understanding of your strengths and discuss some of the difficulties you may want to address.
- With your consent, speak to local agencies that may be able to offer relevant support.
- Provide an opportunity for you to meet with these agencies and create a plan that can help you achieve your family goals.
- Keep in contact with the agreed agencies and review the support plan to make sure it is achieved.
- Help you as a family to maintain these changes.

Contact Information:

If you would like further information about the project or to speak to a member of staff please feel free to contact the FACT Team on:

Tel: 01446 729640

www.valeofglamorgan.gov.uk/familiesfirst

FACT

Community Support Centre
Cadoxton House
Belle Vue Terrace
Barry, CF63 2JQ

