First Name	Sumomo	Known As	
FIISt Name	Surname	Service User ID	

Appendix 6a

	First Name	Surname	Surnomo		Known As	
First Name	FIIST NAME		Sumame		Service User ID	Photogra
-						ph

Date of Birth		Religion	CofE					Date of Admission	6/12/2015	5		
		Ethnic Origin	White B	British				Referring Team				
Home Address		Carer Pref.	М	F	No Pre	f	✓	Date of Transfer				
		Pref. bed times	Rising	06.00	Retirir	g 21.3	80	Transferred to				
Post Code			Medical	Condition	S			Key/Link Worker				
Telephone No.								Dentist	Register v	vith com	munity d	entist
Mobile No.								Optician				
Marital Status								Chiropodist				
Next-of-Kin									Wishes o	n Death		
Relationship								Cremation	√		Burial	
								Golden Charter Pla	n			
NOK Address								Golden Charler Fla				
								Funeral Director – C	Green Willow	s Dinas	Powys	
NOK Post Code												
NOK Tel No.							_					
NOK Mobile No.								Date of Death		·		
G.P.			Allergie	es (in red))				dministration			
G.P. Address							_	Self	Family			other
							_		Funding A	Authority	1	
G.P. Post code								Vale of Glamorgan				
G.P. Tel No.	<u> </u>							vale of Glamorgan				
Person to contact in Emergency (If different from Next of Kin)		Next of Kin Wishes (When available for contact, escort and review)				Power of Attorney Details						
								??? has 3 rd party m	andate for ba	ank acco		
								::: nas s party m			on only	
								Folder Num	ber:			

First Nan	20	Surname	Known As	
FIISTINAL	ne		Sumane	Service User ID

	Service Delivery Plan
General Health and Mental Health (Significant events, r	medical history, disabilities and effects. Medication, allergies, communication and risks)
My name is ??? I was living alone and not coping well an concerned about the prospect of returning home I have n	nd suffered some falls, my daughter ??? was helping me and I have been feeling increasingly anxious and I am now decided I would like residential care.
had an accident resulting in the loss of my 2 small toes.	. I was admitted to hospital on ??? due to decreased mobility, painful knees and shortness of breath.
suffer with atrial fibrillation, diabetes- tablet controlled, h pain in my hands and pain in my knees; stage 3 chronic k	hypertension, osteoporosis, bilateral cataracts which were operated on 10 years and glaucoma in both eyes. I have kidney diseases, peripheral vascular disease.
Diagnosed Breast cancer right breast on ???.	
Care staff to order, store and administer medication that butcomes.	has been prescribed by GP. Care staff to contact health care professionals when required and inform NOK of any
Care staff to liaise with health care professionals involved	d in my care and asks the GP to review the medication I am prescribed regularly.
m allergic to aspirin staff to inform health care profession	nals of my allergy to aspirin.
'm able to communicate well and can speak to the GP ar	nd other health care professionals when they visit but may need help from Care staff or my daughter.
Mobility (Level, aids, on/off chair, on/off bed, on/off toilet	t, personal care etc.)
mobilise with the aid of a zimmer frame with supervision rame and Rollator and change ferrules when needed.	n of one carer when indoors and a rollator when I go out and about. Care staff to clean and maintain my Zimmer
My mobility has worsened prior to being admitted relating elief.	g to being diagnosed with osteoarthritis this has also affected my hand dexterity, care staff offer prescribed pain
	nt injuries and no falls noted since being admitted to hospital. Since being admitted to Ty Dewi Sant I have had no hen I bend over. I may need staff to assist me with a wheelchair for long distances or if I am short of breath.
am independent of getting up during the night to use the	e commode and am independent of all transfers.

First Name	Surnomo	Known As	
Flist Name	Surname	Service User ID	

Personal Care and Continence M	Ianagement (Washing, dressing, continence and bathing)
I will press the call system when I'n	n ready to get up in the morning for staff to support me.
I will require assistance from care s please apply my creams as prescri	staff with washing and dressing when I'm unable to do this myself when I get up staff to fill my sink and to give assistance if needed ibed.
I'm able to choose what clothing I li	ike to wear daily and able to dress myself although I will need assistance with my top and trousers.
	for my own confidence but I don't suffer with incontinence to-date I will ask the care staff to contact my daughter if I require more pull dently walking to the toilet and back to my preferred location in the home.
I like to sit in the main lounge in C v	wing with other residents for company during the day and early evening.
I prefer a shower at least once a we	eek staff assist with washing my back legs and feet and any areas I'm unable to reach, staff monitor skin all intact at present.
I have no preferences to male or fe	male staff.
Physical wellbeing (Vision, hearin	ng, dental, hair care, shaving, makeup, nail care, chiropody, eating, drinking)
	bilateral cataracts which were operated on 10 years ago. I wear glasses for reading or I will sometimes uses a magnifying glass I. Staff to make sure my glasses are cleaned and maintained and will arrange visits to ???? eye centre for annual eye tests and cort.
I wear a hearing aid in my right ear Care staff to face me when speakir	r as I have a problem hearing. Care staff to ensure my hearing aid is worn daily and maintain and change batteries when required.
I wear a full set of dentures which I	take out at night clean them and put them to soak.
	weekly by the hairdresser that visits the home, I would like to be reminded when she is here I manage to brush my hair rush to make sure it is kept clean to maintain good hygiene. I use an electric razor to remove my facial hair my daughter assists with
I would like the care staff to cut and	d clean my nails, staff to liaise with my daughter regarding visits to the chiropodist at the health centre in ???.
have no food allergies. Care staff	to make sure that I reasive a good putritional dispetie dist and I have agreed pat to have too many puddings and try and stick to a

I have no food allergies. Care staff to make sure that I receive a good nutritional diabetic diet and I have agreed not to have too many puddings and try and stick to a diabetic diet only to maintain a healthy blood sugar level and maintain good health.

First Name	Surname	Known A	Known As	
FIISt Name		Sumame		Service User ID

I have a good appetite and lost weight when in hospital but have since put a lot on after coming to live at Ty Dewi Sant – after intervention from the dietician and GP I have agreed to try and cut down on calories but maintain a healthy weight and nutrition. Staff to monitor weight and record monthly contact GP with any concerns. 5 kg lost in the last year and stable at present.

I like fish meat, and liver and baked beans but don't like Salmon and greens, but will eat **Broccoli** and **cauliflower** and I am willing to try vegetables.

Social and Cultural needs (Hobbies and past times, relationship with others, smoking, alcohol, cultural)

I enjoyed dancing, bingo and socializing and also loved singing. I used to go to ??? Café in ??? Town Centre and also to Tesco every Friday where people knew me I Worked in ??? hospital as a cleaner for many years until I retired.

My daughter lives in ??? and my son lives in ???. Daughter informed us that her mother doesn't have contact with her other son.

I gave up smoking about 30 years ago.

I rarely drink but may have a glass on special occasion's staff to record in the kardex. Daughter will bring in alcohol for her mother to have and will keep it in the care office in a lockable cupboard. Care staff to assist giving aggie a drink of her alcohol which will probably be Brandy when she requires it.

Domestic Issues and Additional Information (Daily choices, housekeeping, keys to room)

I like to get up around 6am in the morning, I like an early morning cup of coffee with 2 sweeteners and I would like a milky coffee around 10.30am and again around 20.00pm

Unable to give key to lock her room as it is a fire exit room. Key to be given to lockable drawer on admission if needed for safe keeping of small amounts of money or valuables.

There was an incident a few months ago when I was leaving my purse containing money in an unlocked drawer in my room and money went missing and was not found – a POVA referral was made by the home and an investigation by the police and strategy meeting was held. The money was not found and no further action was taken by the police. Due to the timescale and the amount of people who had access to my room. I have a key to my room and a key to my locked drawer and I now make sure it is locked and the key kept on my person. This incident upset me very much.

I like to do the Bonus Ball at the home weekly. All purchases in the home are paid for out of the office petty cash and billed along with my accommodation fees monthly which makes it safer and easier for me.

I like my room to be kept clean and tidy and the communal toilets – staff to please ensure this happens.

I love to go on the bus trips in the Summer months and with my daughter to the café for coffee.

First Name		Surnomo	Known As			
FIIST NAME		Surname	Surname	Sumame	Service User ID	

Family Responsibilities and Financial (Relationship with family, correspondence)

Care staff to give any correspondence to ??? to read, offer assistance if needed and then ???? will keep anything significatnt for her daughter. Daughter assists with all mothers finances.

Risks (Identified risks – SURA's and manual handling assessment) SURA'S FRAT, Pressure area RA and Manual handling RA

Staff to read all Risk Assessments Updated 05/05/2017 Updated 21/09/2017

Appendix 6b





You

What is your full name?					
Vere these names chosen for a reason?					
Vhat is your birth date?					
Vhen were you born?					
low much did you weight at birth?					
low old were your parents when you were born?					



How many brothers and sisters did you have?
What are the name of your brothers and sisters?
Who was the best behaved?
Who as the naughtiest?
Who did you fight with?
Who did you get on well with?
What do you remember about your brothers and sisters from your childhood?
What were their occupations as adults?
What are your memories of them in adult life?

Home Life



Where did you live when you were young?						
Did you have a bedroom of your own?						
What do you remember about your home?						
Did you have a garden?						
Did you move when you were young?						
Where else did you live?						
What are your earliest memories?						
What was your favourite toy?						
What games did you play?						
Did you have any pets?						
What were your favourite and least favourite n	neals?					
Favourite	Least Favourite					
Did you ever argue with your parents?						

Were you given pocket money?
If so, how much was it and did you have to earn it?
What did you like to spend your pocket money on?
Did you do any chores around the house, in order to earn your pocket money?
Which was your best birthday and why was it so special?
What was the best present you ever received?
Did you have any family traditions at Christmas?
Schooldays
Describe your first school
How old were you when you went there?
What do you remember about your teachers? Did you like it there?
Which school did you move on to after that?
How did you get to school?

Did you have a best friend?
Who were your other friends?
What were your favourite and least favourite subjects?
Who was your favourite teacher and why?
How much homework were you given?
Did you have to wear a uniform? Describe it
Were you well-behaved or did you get into trouble at school?
Did you learn any musical instruments?
Where you good at sports?
What sports did you play?
Did you have a part-time or Saturday job when you were older?
How old were you when you left school?
Did you go on to further studies?
If so, where did you go and what did you study?
If not, what did you do?
What qualifications did you gain?
What are your best memories of this time?
Did you know what you wanted to do in life?



What was your first full-time job?
Did you enjoy it?
How much were you paid?
Was it easy or hard to make ends meet?
How did you travel to work?
What hours did you work?
What were your colleagues like?
How long did you stay in your first job?
Where have you worked since?
Where did you most enjoy working?
What was your main occupation during your working life?

Your Social Life



Did you listen to music?
What sort of music did you like? Who was your favourite singer?
Were you allowed to wear what you wanted?
Can you remember the first clothes you bought with your own money?
Did you have a favourite actor, actress or film star?
Was there anywhere you used to go regularly in the evenings or at weekends?
Who was your first kiss with?
How old were you?
Who was your first boyfriend/girlfriend?
How long were you together?

Your Health



Have you generally enjoyed good health?

Have you had any serious illnesses?

Have you ever had to go to hospital because of an accident?

Have you ever broken any bones? How did they get broken? _____

Did you like to do any regular exercise or sports to keep fit?

The War Years



How old were you during the Second World War?

Do you remember anything about it? Were you evacuated?

How did the war interfere with daily life (If you were too young, what did your parents tell you?)

Were you in the Armed Forces? Did you serve overseas? _____

Did you do National Service?



Your Spouse

How did you meet you future husband/wife?
How old were you both?
What were your first impressions of each other?
, , , , , , , , , , , , , , , , , , ,
Where did you go on your first date?
How long were you together before you got engaged?
How long was your engagement?
How did the proposal take place?
How did your parents greet the news of your engagement?
Describe the engagement ring?

Your Wedding



What the date of your wedding?
How old were you both when you got married?
Where did the ceremony take place?
What did you wear on your wedding date?
Who was the best man?
Who was your bridesmaid?
How many guests did you have?
Did you have a reception?
Where was it held?
What did you have to eat?
Did you dance to a special song?
What are your main memories of your wedding day?
Did you have a honeymoon?

Married Life



Where was your first home together? Describe it _____

Why did you choose to live there?

How long did you live there?
How long did you wait before having children?
How many children did you have?
What are their names?
What are your favourite memories from when they were small?
Was there anywhere you went to often on family holidays?



What was your Fathers name?
When and where was he born?
What did he look like?
What was his occupation?
What were his interests and hobbies?
What are your fondest memories of your father?





What was your Mothers full name before she was married?
When and where was she born?
What did she look like?
What were her interests and hobbies?
Did she have a job? Did she continue to work after her marriage?
What are your fondest memories of your mother?

Your Grandparents



	Mother's Side	Father's Side
What were your Father's parents name	es?	
What were their occupations?		

What were their occupations?	
How old were they when they died?	
What were your Mother's parents names?	
What were their occupations?	
How old were they when they died?	

Friends



Who have been your best friends during your life? _____

How did you meet them and get to know them? _____

Why do you think you get one so well?

What are the happiest memories you have of your friends?



Holidays

What sort of holidays did you go on as a child?

Where was your favourite place to visit as a child and why?

Have you been back to any of these places with your own children? Was it as good as you remembered?

Did you go on any memorable holidays after you left school?

Have you ever lived in another country? Did you enjoy it?

What has been your favourite place to visit as an adult and why? _____

Where would you like to visit that you haven't been to yet? _____

In your Lifetime



Have you ever met any famous people?
Have you witnessed any exciting or significant historical events?
What have been the most important historical events to take place in your lifetime?
Do you have any regrets?
What are you most proud of?
What is the best piece of advice you ever received?
Which person in your life has had the best influence on you?
If you could choose any occupation for a single day, what would it be and why?
The Next Generation



How many grandchildren do you have? _____

What are their names? _____

If you could give then one piece of advice, what would it be?

Date/Dyddiad

Ask for/Gofynwch am Telephone/Rhif ffon: 01446 739438 Your Ref/Eich Cyf: My Ref/Cyf: e-mail/e-bost

Fax/Ffacs 01446 733434

The Vale of Glamorgan Council

Cartref Porthceri Residential Care Home for the Elderly 91 Salisbury Road Barry CF62 6PU



Appendix 6c

Dear

Quarterly Care Plan Review Meeting

We review our resident care plans on a monthly basis and recognise that you may be able to provide a valuable contribution to this process. To this aim we will invite you to attend one of these meetings on a quarterly basis.

The next meeting will take place on at and will be attended the resident key worker and a member of the management team.

If you are unable to attend, I would be grateful if you could notify me, in order for us to arrange a mutually convenient time.

Yours sincerely

Officer in Charge

CARE HOME ACTIVITIES CALENDAR 2018 SOUTHWAY

	OWN HOME EVENTS.	SPECIAL DAYS	EVENTS WITH OTHER HOMES
JANUARY	 12th Lost Chords 16th memory Jar club- Church 23rs Memory Jar- Cinema- Church 25th Robert Burns night Weekly walks to sensory garden (weather permitting) 		
FEBRUARY	 2nd 95th birthday ME 13th Shrove Tuesday 14th valentines day – reminisce and sherry 16th Chinese New Year (Rooster) – Chinese buffet. 20TH Memory Jar- cinema- church Weekly walks to sensory garden (weather permitting) 	13 th Shrove Tuesday 14 th valentines day – 16 th Chinese New Year (Rooster) –	SOUTHWAY – 2 nd 95 th birthday – 3+ carer from other homes (share bus)
MARCH	 1st Eisteddfod- singing, poetry art choir. 11th Mothers day lunch 17th St PatricKs day party (EG) 25th Palm Sunday 30th Good Friday Weekly walks to sensory garden (weather permitting) 	1 st - St Davids Day 17 th St Patricks Day 11 th Mothers Day 25 th Palm Sunday 30 th Good Friday	
APRIL	1 st - Easter Celebrations 23rd St Georges Day party. (dt fm) Weekly walks to sensory garden	1st ^h Easter Sunday 23rd St Georges Day	

Appendix 6d

CARE HOME ACTIVITIES CALENDAR 2018 SOUTHWAY

MAY

Appendix 6d (weather permitting) SOUTHWAY 15^{TH -} 85th birthday – 3+carer from each 15th- 85th Birthday - PE 7th May Day

	Weekly walks to sensory garden (weather permitting)	15 th Ramadan begins (muslim) 28 th spring bank holiday	home.(shared bus)
JUNE	17 th Fathers Day lunch Weekly walks to sensory garden (weather permitting)	9 th trooping of the colours 17 th Fathers Day 14 th Ramadan ends	
JULY	4 th USA Independence Day Weekly walks to sensory garden (weather permitting)		
AUGUST	Weekly walks to sensory garden (weather permitting)	27 th Summer Bank Holiday	
SEPTEMBER	Weekly walks to sensory garden (weather permitting)	18-19 th Yom Kippur (Jewish)	
OCTOBER	8 th 80 TH BIRTHDAY MG 31 st Halloween party Weekly walks to sensory garden (weather permitting)	7 th grandparents day 28 th summertime ends – clocks back 31 st Halloween	SOUTHWAY – 8 TH – 80 TH PARTY 3+carer from other homes (share bus)
NOVEMBER	5 th bonfire and fireworks 11 th Poppy Day lunch 30 th st Andrews Day lunch Weekly walks to sensory garden	5 th Bonfire night 11 th Armistice Day 11 th Remembrance Sunday 22 rd Thanksgiving USA	

CARE HOME ACTIVITIES CALENDAR 2018 SOUTHWAY

Appendix 6d

	(weather permitting)	30 th St Andrews Day	
DECEMBER	(DIARY LEAD UP EVENTS TO XMAS) 9 th 90 th birthday party - CG ? Xmas Party 31 st New years eve Party. Weekly walks to sensory garden (weather permitting)	2 th Hannuka begins (Jewish) ? Xmas Party 31 st New years eve	SOUTHWAY – 9 TH - 90 TH BIRTHDAY PARTY. 3+carer from other homes (share bus)

Date/Dyddiad

11th January 2018

e-mail/e-bost MAJenkins@valeofglamorgan.gov.uk

Ask for/Gofynwch am Marijke Jenkins Telephone/Rhif ffon: 01446 731106 Fax/Ffacs Your Ref/Eich Cyf:

My Ref/Cyf:

The Vale of Glamorgan Council Cartref Porthceri Residential Care Home for the Elderly

91 Salisbury Road Barry CF62 6PU



Appendix 6e

Dear Resident/Relative/Friend/Colleague,

Person in Control Visit Ty Dewi Sant

In compliance with Regulation 27 of the Care Standards and Care Homes (Wales) Regulations 2002, it is my duty in my role of Team Manager Residential and Respite Services to visit the home at least once every three months. The purpose of these visits as stated in above regulations is to:

- a) interview, with their consent and in private, such of the service users and their representatives and persons working at the care home as appears necessary in order to form an opinion of the standard of care provided in the care home;
- b) inspect the premises of the care home, its record of events and records of any complaints; and
- c) prepare a written report on the conduct of the care home.

I will be visiting Ty Dewi Sant on Thursday 25th January 1:30 – 5:00.

If you would like to meet with me, please visit me in the manager's office or if you wish to make an appointment to see me on another date/at a different venue, please contact my clerical assistant Liz Hendy on 01446 731108 to arrange an appointment.

Kind regards

Marijke Jenkins Operational Manager