# The Vale of Glamorgan Council

# Healthy Living and Social Care Scrutiny Committee: 4th December 2018.

# **Report of the Director of Social Services**

# Regional Commissioning Strategy for Adults with a Learning Disability

## **Purpose of the Report**

- 1. To update Members regarding the progress of a Regional Commissioning Strategy for Adults with a Learning Disability.
- 2. To provide Members with an opportunity to comment on the draft Strategy document.

# Recommendations

- 1. That the work being undertaken by the Regional Commissioning Strategy project group is noted.
- 2. That Scrutiny Committee provide feedback on the draft strategy for the project group to consider.

#### **Reasons for the Recommendations**

- 1. For Members to be informed of the work undertaken in the development of the Strategy to date.
- 2. For Members to be afforded the opportunity to in-put into the development of the Strategy.

#### Background

- 3. At the 21st September 2017 Learning Disability Regional Partnership Board meeting, it was agreed that a joint Regional Commissioning Strategy for Adults with a Learning Disability would be developed across Cardiff and Vale Councils and Cardiff and Vale University Health Board (UHB). The Integrated Health and Social Care Partnership agreed to provide project management support to assist the project steering group which comprised of Learning Disability Operational Managers from both Cardiff and Vale Councils, Cardiff Council's Strategic Commissioning Officer and Cardiff and Vale UHB Commissioning Manager.
- 4. The Regional Commissioning Strategy for Adults with a Learning Disability (the 'Strategy') would be developed to follow on from previous separate commissioning

strategies that had covered the period from 2012-2017 in both Cardiff and the Vale Councils and this would be the first Learning Disability specific Commissioning Strategy for the Health Board.

- 5. A Project Outline Document (POD) was drawn up in November 2017 which, in broad terms, set out the aims and objectives of the Strategy. In summary the POD explained the intention of partner organisations to use the Strategy as a "living document" to assess progress against stated aims leading directly to service and culture change.
- 6. In January 2018 Cardiff and Vale Health Board Commissioned the Institute of Public Care (IPC) to undertake a health needs assessment of the learning disability population across the region. This involved data collection and stakeholder interviews which, in February 2018, was extended to cover social care services.
- 7. In addition, in March 2018 IPC facilitated an online questionnaire to collate the views of providers, carers and people who use services on the current and future provision.
- 8. This information enabled the project group to identify key themes to act as the headlines for workshop groups at two planned engagement events in July. These two events were ensured to be fully accessible and co-facilitated with Cardiff and Vale People First to maximise participation.
- 9. Unfortunately, due to low registration numbers these events were cancelled. However, in liaison with Vale and Cardiff People First it was agreed that they would lead on engaging people with a learning disability. In the Vale, People First ran two events, one with their members and another with ValePlus students. They facilitated group discussions and activities to make the event as accessible to as many people as possible. All of the information gathered was passed to the project group and has informed the strategy.
- 10. Members of the Parents Federation, parents of individuals registered on the Disability Index, as well as providers and professionals, were further consulted via a focussed online questionnaire in relation to core themes that had arisen from the IPC information collected earlier in the year.

#### **Relevant Issues and Options**

11. The draft Strategy has been developed in line with the principles outlined in the National Commissioning Boards "Commissioning Services for People with a Learning Disability; Good Practice Guidance" (Oct 2017, IPC) and in accordance with the four commissioning principles of Cardiff and the Vale Integrated Health and Social Care Regional Partnership Board:

What Matters to me

Home First

Sustainable and Prudent use of resources

Avoiding Harm, Waste and Variation

- 12. The draft Strategy sets out how the three organisations together will meet the needs of adults with a learning disability within the context of Welsh legislation, national guidance, wider regional and local plans, and identified resources.
- 13. Across the region our aim is to build and expand on previous successes and continue to transform services that impact on the health and well-being of adults with learning disabilities and their carers. We will achieve this through planning and

commissioning services that empower people to meet their personal outcomes, make their own decisions and ultimately, to live full and active lives' within their communities, rather than just being present in it.

- 14. At the same time, a balance between quality, productivity, innovation, equity and ensuring 'best value' in financial terms, needs to be maintained throughout, always being mindful that we need to commission and deliver within our allocated resources.
- 15. In Cardiff and the Vale of Glamorgan, there are 1623 people with a learning disability over the age of 18 years known to our Community Learning Disability Teams. In the Vale the number of people known to Adult Social Care Teams with a Learning Disability in 2016/17 was 448. Although across the region there is a predicted increase of people known to services with a moderate to severe learning disability in the Vale, the data predicts the figure will remain stable. In the Vale data shows that the population of people with a moderate to severe learning disability is ageing with the greatest increase of 33.3% (6 people) in the 75-84 age group and a 26.6% (2 people) increase in 85+.
- 16. We therefore need to ensure that the services we commission are delivered to the right people, at the right time, in the right way, focus on what matters to the people we serve, and to ensure we spend our money effectively.
- 17. The information gathered from the consultations and activities undertaken, have enabled identification of eight key priorities for adults with a learning disability and their carers:

Information - Accessible and easy to understand.

Choice and Control - Listening to the person and carer's views.

Right care at the Right Time - Early, crisis and respite support.

Day opportunities, Volunteering and Work - Person centred, accessible and part of the community.

Transition - Joined up and planned well.

Health and wellbeing - Feeling good, having fun and a social life, being active.

Having my own home - Being independent, with friends, near family, using technology better.

Collaboration and Co-production - Working better together.

- 18. The draft Strategy outlines 'What is happening now', to meet each of the eight priorities and also 'What we will do' over the next five years.
- 19. The next stage in the process of development of the Strategy is to consult further with people with a learning disability, staff, parents/carers and partner agencies on the draft document to ensure that the plans for the future reflect what they need.
- 20. It is anticipated that following consultation and any required amendments resultant from that exercise that the Joint Commissioning Strategy for Adults with a Learning Disability will be finalised by January 2019 and considered for formal approval by Cabinet.

#### **Resource Implications (Financial and Employment)**

21. There are no resource implications associated with the development of the Regional Commissioning Strategy for Adults with a Learning Disability. It has been made clear within the Strategy that there is no 'new' money available and the focus over the next

five years will be to more effectively use available resources through improved joint commissioning across the regional partners.

## Sustainability and Climate Change Implications

22. There are no sustainability or climate change implications as a direct result of this report. It is intended that more efficient commissioning across the Cardiff and Vale region for adults with a learning disability, will establish more sustainable models of support that focus on promoting independence and inclusion within for people within their local community.

#### Legal Implications (to Include Human Rights Implications)

23. There are no legal implications as a direct result of this report.

#### **Crime and Disorder Implications**

24. There are no crime and disorder implications as a direct result of this report.

# Equal Opportunities Implications (to include Welsh Language issues)

25. An Equalities Impact Assessment is being completed by Cardiff Council on behalf of all three partners. The Strategy will be translated into Welsh and into an accessible format for people with a learning disability.

#### **Corporate/Service Objectives**

26. Kay objectives of the Council set out in the Corporate Plan 2016-2020 and addressed by this report are:

An Inclusive and Safe Vale, reducing poverty and social exclusion.

An Active and Healthy Vale, Safeguarding those who are vulnerable and promoting independent living.

#### Policy Framework and Budget

27. This is a matter for Executive decision.

#### **Consultation (including Ward Member Consultation)**

- 28. Partner agencies, people with a learning disability, parents and carers have been consulted and their views are represented in this draft Strategy. Presentation at the Senior Leadership Group (SLG) which reports to the Regional Partnership Board took place on the 28th September 2018 with feedback informing amendments to the draft Strategy.
- 29. Presentation of the draft Strategy will be made to the Learning Disability Partnership Group (LDPG) on the 9th October 2018. The LDPG comprises of professionals, the third and independent sector, people with a learning disability and parent / carer representatives.
- 30. No local ward member consultation has been undertaken as this is an issue which affects all areas of the Vale of Glamorgan.

#### **Relevant Scrutiny Committee**

31. Healthy Living and Social Care

# **Background Papers**

Draft Joint Commissioning Strategy for Adults with a Learning Disability 2019-2024.

## **Contact Officer**

Linda Woodley, Operational Manager for Learning Disability Services.

## **Officers Consulted**

Suzanne Clifton, Head of Adult Services.

# **Responsible Officer**

Lance Carver, Director of Social Services.