



CYPF
Children, Young People
& Family Health Services



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

CHILDREN & YOUNG PEOPLE'S EMOTIONAL WELLBEING AND MENTAL HEALTH SERVICES



Our History

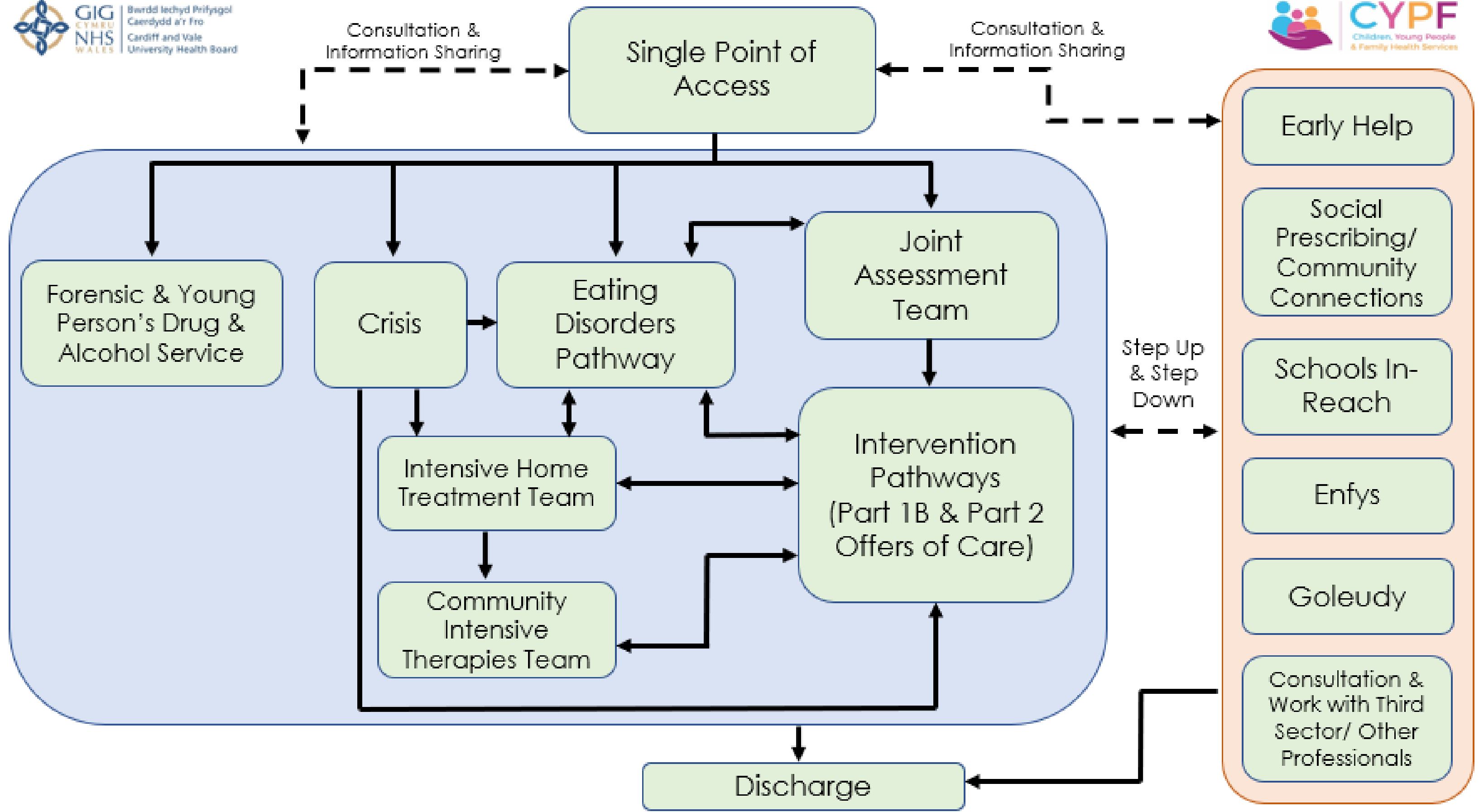


- Services previously delivered under a South Wales CAMHS Network hosted by Cwm Taf University Health Board.
- Primary Mental Health repatriated to Cardiff and Vale University Health Board in 2016.
- SCAMHS repatriated to Cardiff and Vale University Health Board in 2019

Objective

“To provide an integrated children and young people’s emotional wellbeing and mental health service, with a single point of access and no wrong door approach.”





Improvements Made



- Grown our workforce
- Single Point of Access with consultation line for professionals
- Sustainable Core Service – improved waiting times for assessment
- Digital offer
- Clear pathways of care
- Improved Crisis Pathway – increased staffing and extended hours
- Engaged and coproduced with CYP including all patient comms and a website

New Services



- Intensive Home Treatment Service
- Specialist Eating Disorder Service
- Schools In Reach Team and Specialist Emotional Wellbeing School Nurses
- Embedded Mental Health Practitioner in the Early Help Service
- Community Connections: Social Prescribing Project



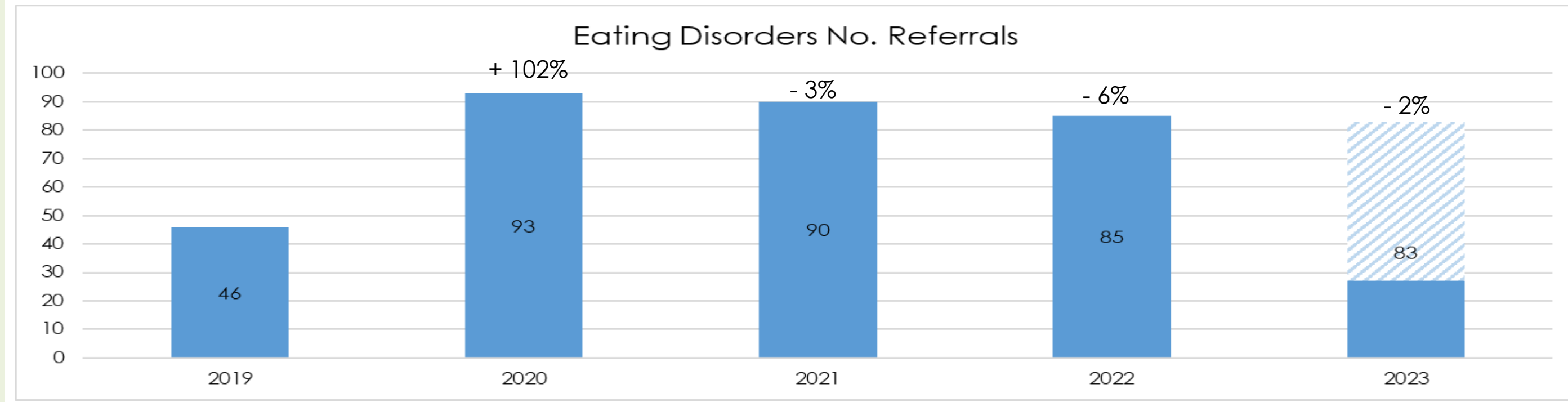
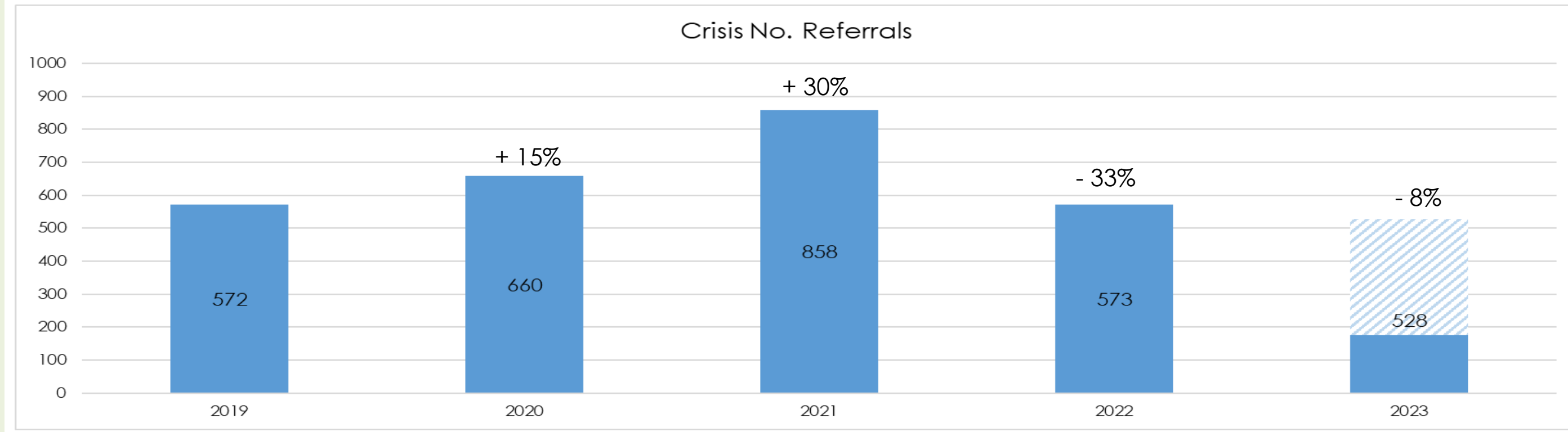
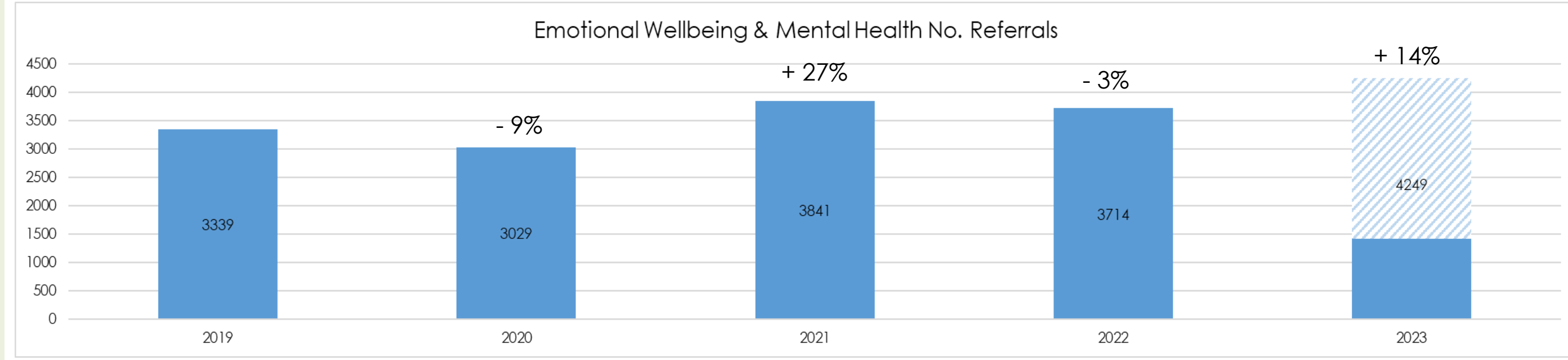
Where Next?



- Improve waiting times
- Increase our visibility in communities
- Outcomes reporting & Matrics Plant
- EmPOWER Programme
- Launch of The Hangout
- Continued exploration of alternatives to admissions

Emotional Wellbeing & Mental Health Service

Demand



Emotional Wellbeing & Mental Health Service

Performance

PART 1 Mental Health Measure

Assessments: Target 80% assessed within 28 days of referral

Current Performance

Assessments – 83%

Longest wait is 4 weeks

Average Wait is 19 days

Part 2 Mental Health Measure

90% of patients who are in receipt of secondary mental health services have a valid Care and Treatment plan (CTP) at the end of each month

Current performance - 91.5%





Single Point of Access (SPOA)

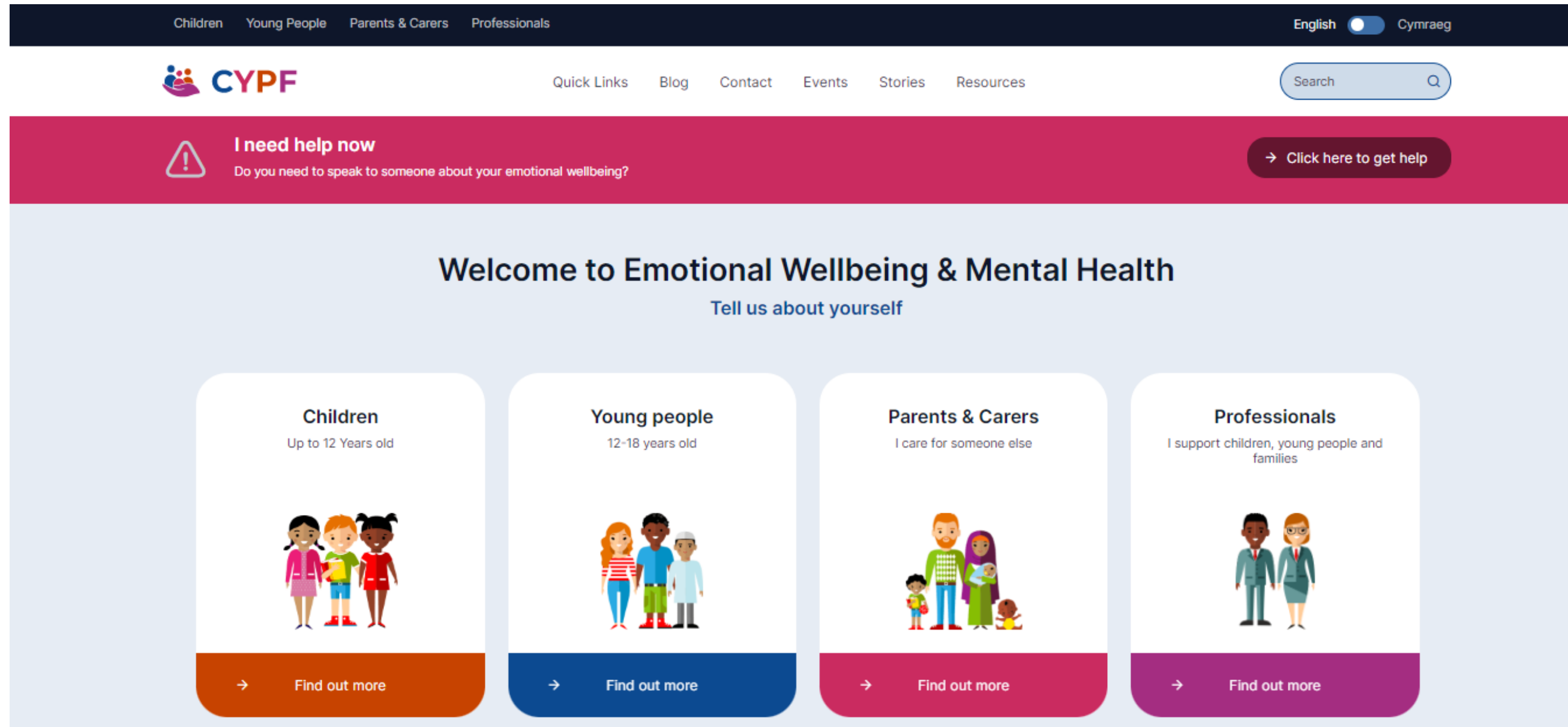


Our Single Point of Access team are always on hand to offer support.

We offer consultation to professionals between 10:00 – 14:00 Monday to Friday. You can call us on 02921 836730.

More information on making a referral can be found on our website: cavyoungwellbeing.wales

Have you visited our website?



We have lots of useful information about our services for children, young people, families and professionals on our website:

cavyoungwellbeing.wales



Questions?

