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**CARDIFF & VALE
REGIONAL
PARTNERSHIP
BOARD**

Cardiff and Vale of Glamorgan Dementia Strategy Update

*Vale of Glamorgan – Healthy Living and Social Care
Scrutiny Committee 13th June 2023*



Our vision:

By 2028 the population of Cardiff and the Vale of Glamorgan will be dementia aware and will reduce their risk of dementia.

People with dementia will have equitable and timely access to a diagnosis; they will have person-centred care delivered locally with kindness. Carers will feel supported and empowered.



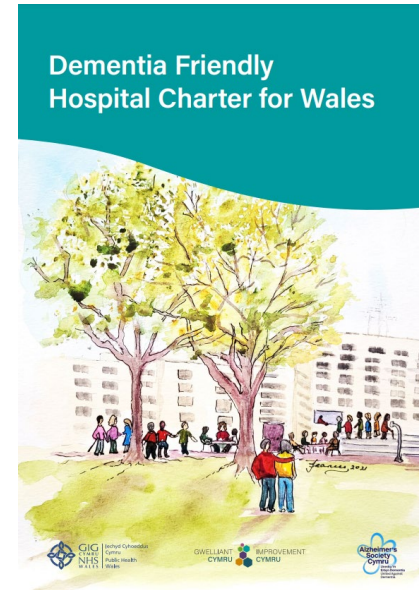
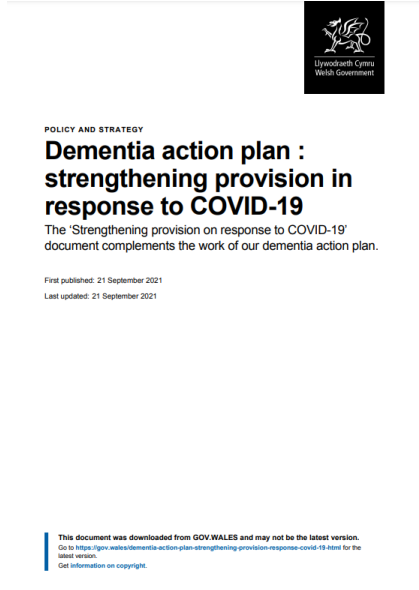
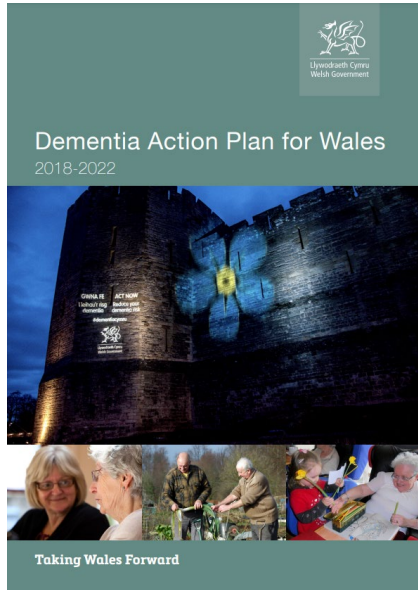
Cardiff and Vale of Glamorgan Dementia Strategy 2018-2028

Strategic objectives:

1. Dementia is everyone's business
2. The risk of dementia will be reduced and there will be a timely diagnosis
3. Access to services will be equitable
4. Services will be fully coordinated
5. Services will be delivered with kindness and compassion
6. Support will be centred on Primary Care
7. Carers will be for cared for
8. Crises will be avoided

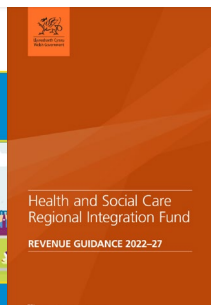
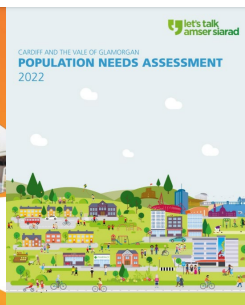


Background and strategic context



The key national strategic documents which inform and work alongside our strategy:

- **Dementia Action Plan:** national strategy published in 2018
- Companion document post COVID-19 published 2021
- **Dementia Care Pathway of Standards** published 2021
- **Dementia Friendly Hospital Charter** published 2022
- In addition, delivery is influenced by a range of national and local strategic policies, plans and reports (below)



Project delivery of the dementia programme (2022-23)



Dementia Friendly Communities working with businesses across the region to become Dementia Friendly (including training, environmental considerations, safeguarding and signposting)

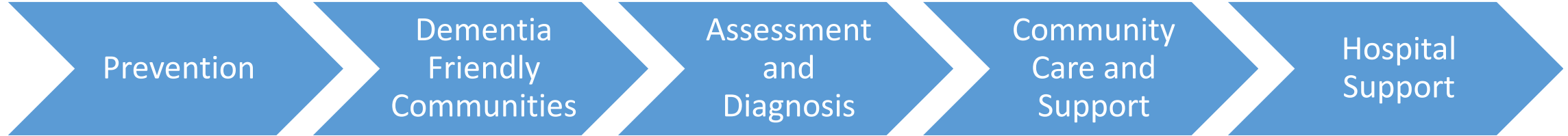
- **421** businesses working towards becoming dementia Friendly
- **103** business “PLEGGED” to the action plan to support people living with dementia and their Carers in the community

Community care and support which includes teams with specialist skills to give advice and assistance to people living with dementia and their carers

- **Memory Link Workers** received **750** new referrals and carried out **4,165** patient reviews (992 direct and 3,173 indirect reviews).
- **Social workers** assessed and work with **20** care homes.
- **Community Resource teams** including Physiotherapists, Speech and Language Therapists, Occupational Therapists undertook **3,063** appointments (873 direct face-to-face; 2,190 indirect contacts).

Hospital support for people living with dementia and their carer through delivery of the commitments in the Dementia Friendly Hospital Charter

- Dedicated in-patient **Memory Link Worker** is supporting people with expediting referrals and assisting with timely discharges.
- **Mental Health Matters**, our third sector partners, engaged in over **9000** contacts to interact and engage with people to offer stimulating activities whilst their stay in hospital.
- **John’s campaign** being rolled out in A&E and across hospital sites to have unpaid carers as equal partners.



Prevention work has begun on developing a local campaign aimed at raising awareness with communities on prevention and risk reduction based on the [Lancet Report’s 12 modifiable factors](#) which account for 40% of worldwide dementia cases.

NB this work is linked to the prevention agenda driven by the Public Service Boards and Public Health including:

- Move More, Eat Well
- Help Me Quit / Tobacco Control Plan

Assessment and diagnosis providing GP led assessment clinics to provide a diagnosis closer to home and in a more familiar environment.

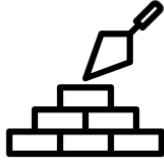
- **7** GPs across the region provide **14** clinics per month supporting approximately **400** assessments per year.
- Current waiting time is 14 weeks.

The **learning and development** team support the coordination of specialist dementia training recommended from “Dementia Good Work Framework” for staff across the region to 3 levels:

- Level 1: **223** informed level staff.
- Level 2: **449** skilled level staff.
- Level 3: **9** influencer level staff.
- The team is also leading on coproduction and meaningful engagement including under represented groups.

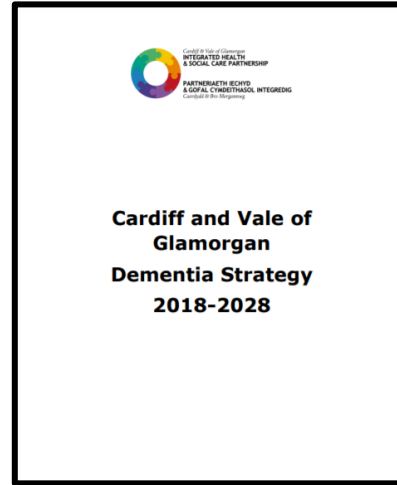


Next steps for the programme



We will continue to work on developing:

- Compassionate communities who are aware of their risk factors through a coordinated campaign of raising awareness and an increased number of 'dementia friendly' communities.
- Community-based care and support through increasing advocacy in the design of person-centred care plans and service developments.
- Clear community-based pathways for timely assessment and diagnosis.
- The Dementia Friendly Hospital Charter.
- A regional approach to dementia care learning and development.



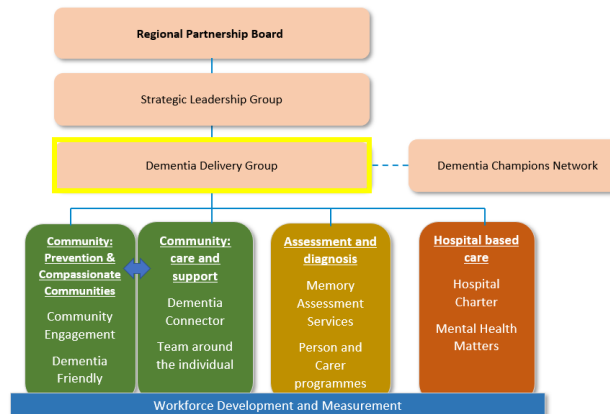
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We will build on this by:

- Improving accommodation solutions.
- Innovating research including 'technology enabled care' to support strength-based approaches in care for all ages and stages.
- Building pathways for people with learning disabilities who are at higher risk of developing dementia.
- Improving awareness and access to Advance Care Planning.
- Hospital-based Liaison Support to create a dementia friendly journey through hospital.
- Innovating flexible support for unpaid carers, including responsive respite options for different needs.

Programme Governance structure:



Outcomes for the Dementia Programme



Our vision:

By 2028 the population of Cardiff and the Vale of Glamorgan will be dementia aware and will reduce their risk of dementia.

People with dementia will have equitable and timely access to a diagnosis; they will have person-centred care delivered locally with kindness. Carers will feel supported and empowered.

People experiencing dementia will:

- ✓ Know how to actively reduce their risk factors.
- ✓ Live in local communities who are empowered to be safer places for people with dementia.
- ✓ Receive an earlier diagnosis, especially in those population groups where dementia is likely to be most prevalent.
- ✓ Have specific plans in place to reduce the need for an emergency hospital attendance / admission.
- ✓ Have plans in place to support their needs when a hospital visit is necessary.
- ✓ Receive support to develop advance care plans where appropriate.
- ✓ Receive optimised access to the right accommodation, assistive technology and support to enable independence.
- ✓ Unpaid carers will have access to a wide range of help and support.



This will mean:

- Reduced waiting times for assessment and diagnosis.
- Increased numbers of dementia friendly businesses and communities.
- Reduced attendances at A&E.
- Reduced unplanned admissions to hospital/long term care.
- Increased numbers of workforce trained through the Good Work Framework for dementia.



Mental Health Services for Older People (MHSOP)

Clinical Nurse
Specialist- Dementia

Clinical Nurse Specialist-
Family Work



Clinical Nurse
Specialist- Functional MH

Clinical Nurse
Specialist-
Psychosis

Specialist Practitioner- Inpatient
Psychological Services

Dementia Care
Advisor Inpatients



Bereavement
Support worker

- 6 Wards- 84 beds
- YOD respite bed
- 3 Integrated Community Teams
- REACT
- Care Homes Liaison
- Community Liaison
- Psychology Counselling
- Outpatients

- Young Onset Dementia Team
- Dementia Learning and Development Team (DLED)

Carer Peer
Support Worker

Natural Waking
worker

