



A step in the right direction for homeless young people and vulnerable women in Wales

Llamau's Services in the Vale of Glamorgan

Sam Austin, Joe Payne





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One Stop Shop

Multi
agency

16 to
25

Training

Drop
in





Prevention & Early Intervention

Family Mediation:

- Return or remain home
- Rebuild support networks with close & wider family
- Help provide tools to manage further disputes
- Help with neighbour issues
- Help mediate in flat/house shares





Homelessness Prevention

Supported Accommodation: 6 bedspaces each

- Ty'r Fro
- Ty John Rowley
- Ty Newydd

Floating Support

- Tom Holmes – 12 units*; young people
- TESS 6 – 20 units*; young people
- TESS 7 – 20 units*; criminal justice & substance misuse

*one unit = 4hrs support a week



Homelessness Prevention: Breaking the cycle

Complex Needs – Ty Dylan:

- Partnership with Children's Services, Housing and Supporting People
- 2 unit project as a pilot for 6 – 12 months
- Aim is to meet the needs of the most vulnerable and challenging young people in the Vale – young people who are excluded from existing provision or have been evicted from it.
- The first young person moved in just before Christmas



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Ty Dylan





Prevention & Early Intervention: New project Jan 2018

- Work with the most difficult to engage young people from aged 14 upwards
- Prevent the need to access statutory services through the earliest & best targeted interventions possible
- Work closely with schools and other education / training providers to enhance the PSHE curriculum on issues re homelessness, social exclusion & family conflict
- Leave a legacy of written materials for young people & parents / carers



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Llamar's Approach:

On your side

Assertive &
Persistent

Personalised

Strengths
acknowledged

Coordinated



Trauma
Informed

Co-production

Flexible &
responsive

We can fail

Strategic



Added Value

Family & Friends

Committed Staff

Holistic Support Delivery

W/T/E

Risk Management

Multi Agency Working

Comprehensive Policies & Procedures

On Call

Staff support

People we support

Community

Local knowledge

Support

Ethos & Values

Participation

Training Programme

Strong

Safety

Methodology

Participation

Training Programme

Culture



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A Psychologically Trauma Informed Approach





Key areas of support





Outcomes 2016/17:

- **202 people supported**

Key support issue	Progress made
Drug & Alcohol	70%
Emotional & Mental Health	75%
Managing Money	81%
Meaningful Use of Time	75%
Motivation & Personal Responsibility	80%
Offending Behaviour	76%
Healthy Relationships	82%



Research: ACEs

Almost 97% of young people had experienced at least 1 ACE

49% of young people in the Vale experienced 4+ ACEs

One young person had experienced 8 ACEs

In the Vale of Glamorgan 70% of Care Leavers had 4 or more ACEs



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What the experts say about our support

Llamau has helped me to grow into a better person.

Llamau has helped me gain independence and made me feel I am capable of living by myself.

Looked after us well. I know I feel safe around this place.

Helped with neighbour complaints, keeping my tenancy and feel happier in it.

I now understand how what I do can affect things, I take more responsibility.

Helped with mental health and feels like Llamau are on my side.

Helped me improve my behaviour and attitude.



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Their Potential is Llamau's Passion

